

# Baby and Toddler Experts Are Here for You

Get answers to your questions about your young child.



For all families with babies and toddlers.

## HealthySteps is for Parents Too!

When you are well, your baby is well. Ask us for information and resources for your well-being and health.

### Meet Our HealthySteps Specialist(s)

[HS SPECIALIST NAME, DEGREES]  
[Add languages spoken if applicable]

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[Add languages spoken if applicable]

### [Have a question in between your appointments?]

Optional: Add information for your child development support line here]

Contact Us  
[Practice Name]  
[Practice Telephone]  
[Practice Email]  
[Practice Website]

[Practice Address 1]  
[Practice Address 2]  
[Practice Address 3]



healthysteps.org



You can give your baby a strong start in life. We're here to help.

Ask about our **FREE** HealthySteps program today!



**You are your baby's first and most important teacher.**

**Science shows that ages 0-3 are the most important for health and well-being for a lifetime.**

You can nurture your young child, so they grow up ready to learn.

**Questions about your baby or toddler's development? Ask your doctor about HealthySteps.**

## What Parents Say About HealthySteps

*"It was really helpful...she talked with me about what was frustrating, what was scary, what was going on." – M.*

*"It's amazing what HealthySteps does. If I didn't have her in my corner, then I definitely don't think that I would be where I am today." – C.*

*"HealthySteps provides reassurance that I can do this." – S.*

