Emerging HealthySteps Evidence

Children's National Early Intervention Referrals

When compared to EI referrals without HealthySteps involvement, HealthySteps was:

2x more likely to result in successful EI referral **for children ages 9-10 months**

4x more likely to result in successful EI referral **for children ages 18-19 months**

Source: Rhodes et al., preliminary data presented at Pediatric Academic Society, 2019

HealthySteps
A Program of
ZERO TO THREE

Qualitative Look at PCP Perspective at University of Maryland

- Focus group with residents & individual interviews with faculty physicians
- 3-year-old HS program, U of MD Baltimore, Family Medicine

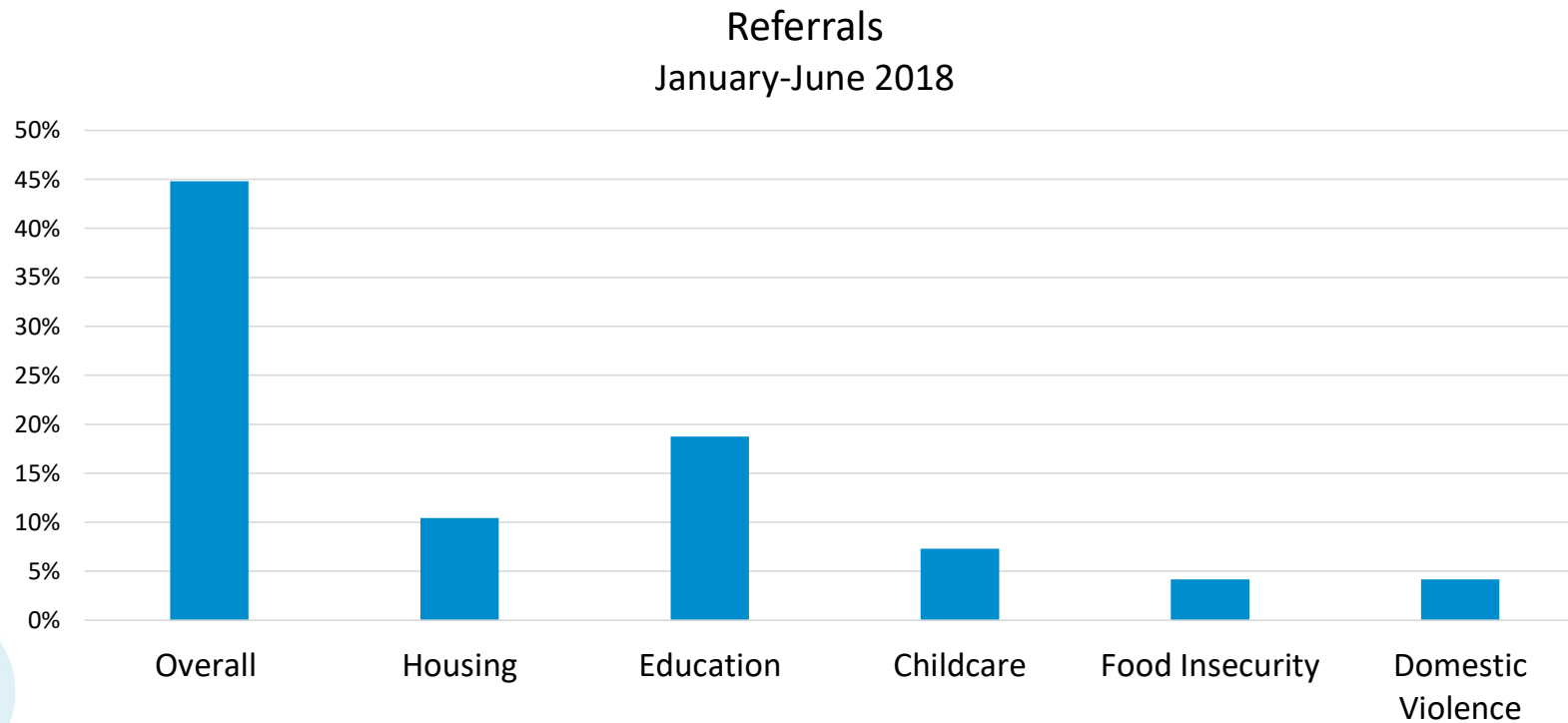*"I can't say there's ever a day in clinic when I'm not looking for my HS Specialist"*

"…there's a strong focus in the training in the biopsychosocial model …the focus often gets overshadowed by medical needs and the disease-oriented approach, but, having people like [the HS Specialist]…it helps them see people in the complex reality that the patient presents. Not just focusing on the disease but their social situations as well, and the psychological components."

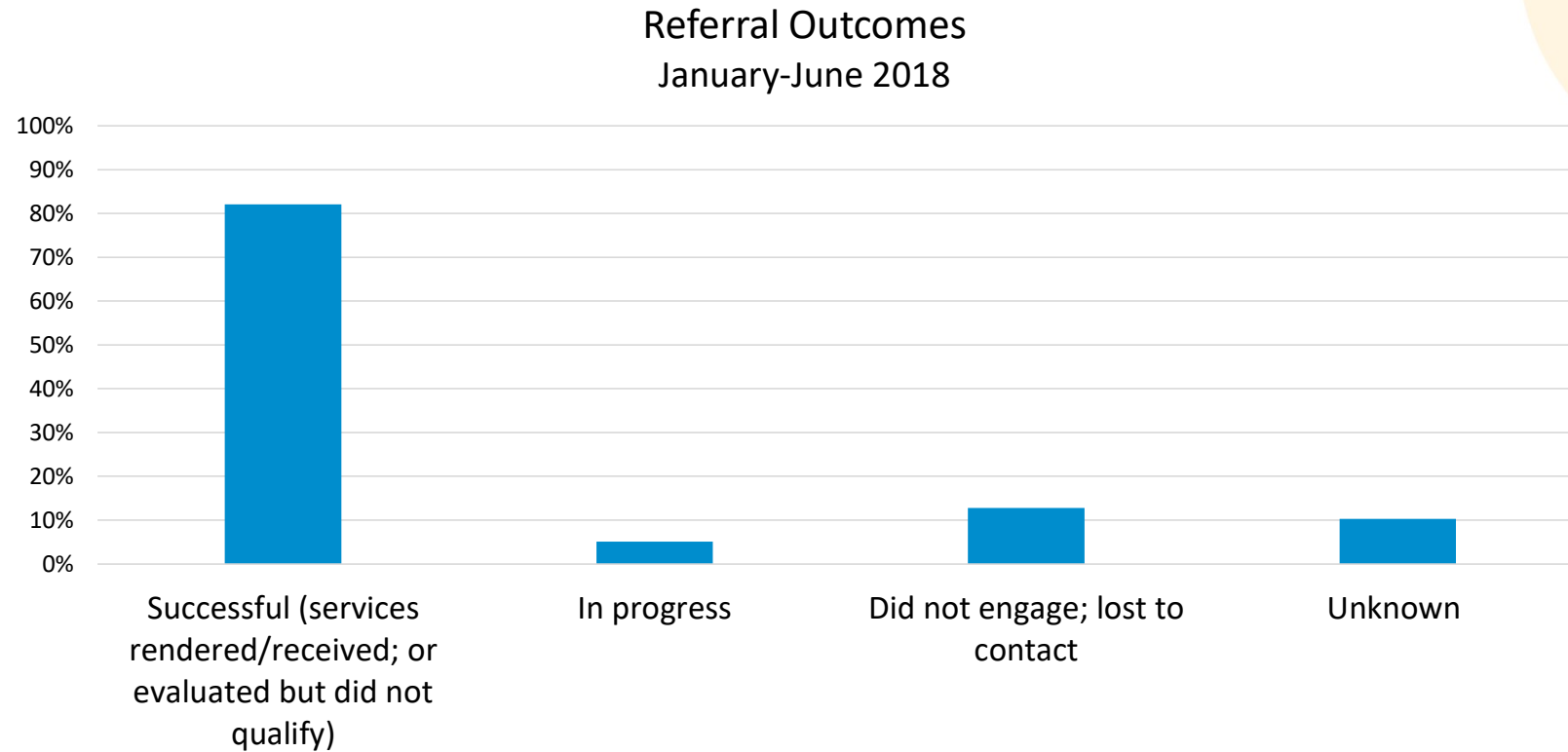*"I'd like to clone our HealthySteps Specialist."*

Source: Source: Davis, A., Vivrette, R., Carter, T., Eberhardt, C., Edwards, S., Connors, K., & Reavis, K. (under review). Impact of Integrated Care for Young Children in Low-Income Urban Settings: Lessons from the Perspective of Primary Care Clinicians.

HealthySteps at Montefiore Community Referrals

From January 2018 to June 2018, a total of 192 HealthySteps patients were seen. Of these, 86 patients received referrals. Percentage of children with referrals and by type of referral are presented below.

Referrals
January-June 2018

HealthySteps at Montefiore Referral Outcomes

Referral Outcomes
January-June 2018

Source: German, et al., preliminary data (2019)

Lifetime ED Visits (ages 9-11), Tier 3 HealthySteps Patients at Montefiore

	Treatment (n=242)	Control (n=75)
Age	9.47 yrs (SD = 1.51)	11.13 yrs (SD = 0.44)
Gender	54% Female	59% Female
Race	32% Black, 8% White, 3% Asian, 46% Other; 11% missing	43% Black, 4% White, 37% Other; 16% missing
Ethnicity	50% Hispanic; 50% Non-Hispanic	48% Hispanic; 53% Non-Hispanic
Insurance	43% Medicaid, 29% Commercial; 28% Missing	44% Medicaid, 24% Commercial; 32% Missing
ED Visits*	4.67 (SD = 5.08)	7.05 (SD = 8.16)

p = .043*

Source: German, et al., preliminary data (2019)