# New York State: HealthySteps APG Billing and Coding Guide



The HealthySteps National Office Policy & Finance Team

# About this Document

The purpose of this document is to support HealthySteps sites (practices) that have opted into New York's Ambulatory Patient Group (APG) Medicaid reimbursement methodology, in coding and billing for HealthySteps-aligned services. HealthySteps sites can bill Medicaid and Medicaid Managed Care carriers for some of the services they provide to children and families.

This document provides a list of open Current Procedural Terminology (CPT)<sup>1</sup> and Healthcare Common Procedure Coding System (HCPCS)<sup>2</sup> codes, with specific applicable APG, billing, coding, and documentation guidelines.

There are a variety of requirements and restrictions that can impact your practice's ability to bill specific codes, including the provider type, location of service, frequency, and maximum billing units. This document aims to facilitate an understanding of these requirements and restrictions and help guide your practice in coding and billing for HealthySteps services.

To maximize appropriate reimbursement, we recommend always contacting health insurance carriers for verification on billing for services provided.

Disclaimer: This document is not intended to give billing advice or guidance to any specific provider or HealthySteps site and does not consider the fact that payors, providers, and sites may have their own policies and procedures that may affect or prohibit implementation of these recommendations. Additionally, billing guidance is updated often. If there are any updates you recommend, please reach out to HSPolicyandFinance@zerotothree.org. ©

<sup>&</sup>lt;sup>1</sup> Current Procedural Terminology (CPT) is a medical code set that is used to report and bill for medical, surgical, and diagnostic services.

<sup>&</sup>lt;sup>2</sup> The Healthcare Common Procedure Coding System (HCPCS) is a collection of codes used to report and bill for medical services, supplies, and procedures.

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# What are Ambulatory Patient Groups (APGs)?

The APG payment methodology is a reimbursement classification that classifies procedures and medical visits that share similar characteristics and reimburses according to the prediction of a facility's cost of outpatient care.

APGs are designed to predict the average pattern of resource use for a group of patients in each APG. The APG payment methodology pays different amounts for ambulatory care services based on the resources required for each patient visit.

The New York State, Department of Health (DOH), offers a policy and billing guidance APG provider manual, <a href="https://www.health.ny.gov/health-care/medicaid/rates/manual/docs/apg-provider-manual\_december.pdf">https://www.health.ny.gov/health-care/medicaid/rates/manual/docs/apg-provider-manual\_december.pdf</a> for information on billing under this methodology. While the HealthySteps National Office APG Billing and Coding Guide is specific to HealthySteps-aligned services, the APG Provider Manual will serve as a valuable resource for broader questions.

#### **Parent/Caregiver Services:**

HealthySteps-aligned services include services for the entire family, and the APG Medicaid billing methodology provides reimbursement for services on the adult and caregiver side when the parent/caregiver is a patient at the same site where the child receives services. Although these services cannot be billed under a child's Medicaid number, reimbursement for services such as,

- Smoking cessation counseling,
- Alcohol and substance abuse interventions,
- Individual psychotherapy,
- Family psychotherapy, and
- Virtual communication,

may be available when the parent/caregiver is also a patient, where the services would be billed under the parent(s)/caregiver(s) Medicaid number.

# Applicable APG Guidelines

#### New York State Medicaid Reimbursable Clinicians Rendering HealthySteps-Aligned Services:

The APG billing methodology recognizes reimbursement for services rendered by certain provider types, when working under their scope of practice. Below is a list of reimbursable providers that can render HealthySteps-aligned services.

- Physician
- Physician Assistant (PA)
- Nurse Practitioner (NP)
- Certified Nurse Midwives (CNM)/Licensed Nurse Midwife (LNM)- verification with insurance carriers is required.
- Registered Nurse (RN) or Licensed Practical Nurse (LPN)-for limited circumstances only.
   Verification with insurance carriers is required. Federally Qualified Health Centers (FQHCs) and Rural Health Centers (RHCs) may not be eligible for reimbursement for claims submissions for RNs and LPNs)
- Certified Lactation Professionals:
  - International Board-Certified Lactation Consultant (IBCLC)
  - Certified Lactation Specialist (CLS)
  - Certified Breastfeeding Specialist (CBS)
  - Certified Lactation Educator (CLE)
  - Certified Clinical Lactationist (CCL)
  - Certified Breastfeeding Educator (CBE)
- Psychiatrist
- Licensed Clinical Psychologist
- Licensed Clinical Social Worker (LCSW)
- Licensed Master Social Worker (LMSW)-Supervised by an LCSW or a Licensed Clinical Psychologist, or Psychiatrist.
- Licensed Mental Health Counselor (LMHC)

Licensed Marriage and Family Therapist (LMFT)

#### Patient Encounters with a Registered Nurse (RN) or Licensed Practical Nurse (LPN)

Patient encounters with only a RN or an LPN generally are not reimbursable under Medicaid except under limited circumstances. Federally Qualified Health Centers (FQHCs) and Rural Health Centers (RHCs) may not be eligible for Medicaid reimbursement for RN and LPN services, even if under those limited circumstances, therefore Insurance carrier verification must be made at the site level.

Because RNs and LPNs may provide service only within their respective scopes of practice as defined by the State Education Department laws, rules, and regulations. Providers may want to obtain the specific information about practitioners' scope of practice at: <a href="http://www.op.nysed.gov/prof/nurse/">http://www.op.nysed.gov/prof/nurse/</a>, prior to billing for services.

The limited circumstances recognized by Medicaid for the reimbursement of RN and LPN services are:

- An RN or LPN administers an immunization within their scope of practice under a patient specific or non-patient specific standing order and the patient does not see a physician, physician assistant, nurse practitioner or licensed midwife during the same visit.
- An RN or LPN performs a urine pregnancy test upon a patient specific order of a licensed physician, physician assistant, nurse practitioner, or nurse midwife and the patient does not see a physician, physician assistant, nurse practitioner or nurse midwife during the same visit.
- An RN or LPN administers Depo-Provera within their scope of practice under a patient specific order and the patient does not see a physician, physician assistant, a nurse practitioner, or a licensed midwife during the same visit.
- An RN or LPN performs allergy injections upon a patient specific order of a licensed physician, physician assistant, nurse practitioner, or nurse midwife and the patient does not see a physician during the same visit.
- An RN administers chemotherapy or other infusion drugs under a physician's order in a clinic setting.

#### **Use of Medical Coding Modifiers Applicable to HealthySteps-Aligned Services**

Medical coding modifiers, referred to as modifiers, are composed of two alpha or numeric characters, that when appended to a billing code, will provide additional information about the services rendered, without changing the meaning of the billing code.

The following modifiers are applicable to the billing of HealthySteps-aligned services:

• <u>Modifier 25</u> (Distinct service): This modifier is used when there is a significant, separately identifiable evaluation and management (E&M) service by the same physician on the same date of service as a significant procedure.

Modifier 25 should be used on an E&M code only when the patient's condition requires a significant, separately identifiable service above and beyond the significant procedure performed on the same date of service (e.g., unexpected screening during a well child visit).

- <u>Modifier 59</u> (Separate procedures or Distinct procedural service): This modifier is used to designate instances when distinct and separate multiple services with the same CPT are provided to the patient on a single date of service (e.g., Different screenings that utilize the same CPT code).
- Modifier HD (Pregnant/parenting women's program): This modifier is used to
  designate when a depression screening is rendered for the screening of postpartum
  depression. New York State Medicaid requires its use when billing for G8510
  (Screening for depression, documented as negative), and G8421 (Screening for
  depression documented as positive with a required follow-up plan).
- Modifier XE (Separate encounter, a service that is distinct because it occurred
  during a separate encounter.): This modifier is used to describe 2 separate patient
  encounters that occurred on the same date of service, by the same provider. It is
  reported when a patient has two distinct visits with the same provider, on the same
  day, with a clear break in care between the encounters.
- Modifier XP (Separate practitioner, a service that is distinct because it was
  performed by a different practitioner): This modifier is reported when two different
  providers render services on the same day for the same patient, as it indicates that
  the service was performed by a "separate practitioner' and is distinct from the
  other service provided on the same date; essentially signifying that the services
  were not bundled together even though they occurred on the same day.

#### **Reporting of Units**

There may be times when your practice is required to report units upon claim submission for services. Units of service can be measured by units of time, or number of services. An example of when the reporting of units for a billing code is applicable to a HealthySteps-aligned service can be seen when billing for the ASQ®-3 and the M-CHAT. Both screenings utilize CPT code 96110 for reporting. If both are rendered on the same day, a quantity of, "2," will need to be appended to the billing code upon claim submission. With this example, there will also be a modifier required to identify that the 2 screenings being billed for are distinct procedural services and when looking to the modifiers that are applicable to the billing of HealthySteps-aligned services, you will see that modifier 59 would be the correct choice.

The applicable APG guidelines surrounding the reporting of units, include:

- Multiple lines on a single claim with the same billing code, to signify the provision of multiple units of a single procedure/service is not allowed on an APG claim.
- One must enter a given CPT code, once, on an APG claim, with the number of units of service provided on that same line.

#### **Limitations Placed on Services Rendered by Social Workers**

The New York State Department of Health allows for the rendering of mental health counseling provided to certain populations by LCSWs and LMSWs when supervised by either a LCSW, licensed clinical psychologist, or psychiatrist (LCSWs may supervise up to six (6) LMSWs in either a private practice or clinic setting). Social Workers that are practicing in Article 28 clinics-FQHCs, RHCs, and Diagnostic Treatment Centers (DTCs) that have opted into the APG Medicaid billing methodology will be recognized for the below services and population:

#### <u>Services</u>

- Mental Health Service-Psychotherapy
  - Individual Counseling
  - Family Counseling
- Smoking and Tobacco Use Cessation
  - o 3-10 minutes
  - More than 10 minutes
- Virtual Communication at FQHCs and RHCs
  - At least 5 minutes of telephone communication initiated by the patient for a medical discussion.

#### Population Approved for Services

 Effective post September 2024, NYS Medicaid and Medicaid Managed Care Organizations, in accordance with changes to <u>Public Health Law (PHL) §2807</u>, mental health counseling provided by a Licensed Clinical Social Worker (LCSW) or licensed Master Social Worker (LMSW) is approved to be expanded from Children and adolescents under the age of 21, to include <u>ALL</u> ages and patient populations.

LCSWs may supervise up to six (6) LMSWs in either a private practice or clinical setting.

<u>Note:</u> Postpartum time limitation was expanded from 60 days to 12 months, and reimbursable diagnoses expanded from those related to depression, to when medically necessary. These changes became effective on 1/1/2022 with Fee-for-Service (FFS) Medicaid, and 4/1/2022 with Medicaid Managed Care Plans (MCOs).

# **Child Developmental and Social-Emotional Screenings**

Evaluating and promoting optimal child development and well-being includes screenings. Screenings, including those for social-emotional and child development, are a significant component of HealthySteps-aligned services. The table below highlights pertinent billing codes, their descriptions, reimbursable clinicians, and applicable guidelines.

CPT Code	<u>Description</u>	ICD-10 Code	Reimbursable Clinician(s)	Applicable Guidelines
96110	Developmental milestone survey, speech and language delay with scoring	Z13.42- Developmental delays	Physician Licensed Clinical	When rendering services for more than one screening with the same CPT code, Modifier 59 must be
	and documentation, per standardized instrument.  Examples: ASQ®-3, M-	(Milestones)  Z13.41 -Autism	Psychologist (LCP) - Verification with insurance carrier(s)	appended to the billing code upon claim submission.
	CHAT-R/F, Milestones, PEDS, SWYC-milestones, POSI	screening	is required  Qualified Health	Medicaid will reimburse for global developmental (milestone) screenings provided by the
96160	Patient-focused health risk assessment instrument with scoring and documentation, per standardized instrument. Example: ACEspt. focused	Z13.9-Report for health risk assessments	Care Professional:  Physician Assistant Nurse Practitioner	primary care physician for up to one time per year in the first three years of a child's life.  Medicaid will reimburse for Autism screenings, provided by
96161	Caregiver-focused health risk assessment instrument with scoring and documentation, per standardized instrument. Example: ACEs-caregiver	Z13.9-Report or health risk assessments (for caregiver)	<ul> <li>Certified         Nurse         Midwife     </li> </ul>	the primary care physician, up to two times in a child's first three years of life, beginning at 18 months of age.  Effective 1/1/2022 for FFS
96127	Focused  Social-Emotional Brief emotional/behavioral assessments. Examples: ASQ®:SE-2, ASAS, BYI-2, BASC-2, BRIEF®-2, BISTEA, CRS-R™, BPSC, PPSC, SCARED, ECSA, GAD-7, ASC- Kids, TSCC, & TSCYC, ADHD Rating Scales	Z13.89- Screenings for all other		Medicaid and 4/1/2022 for Medicaid Managed Care Plans, NYS Medicaid will provide separate reimbursement (in addition to the reimbursement for Evaluation and Management Office Visit Services) for general developmental screenings (Milestones), and autism screenings.

#### **Screening for Depression**

The Center for Medicare and Medicaid Services (CMS) recognizes depression screenings, including postpartum depressions screenings, for reimbursement, when utilizing a validated screening tool. Postpartum maternal depression screenings may be reimbursed up to four times within the first year of the infant's life. Screening can be done by either the mother's and/or the infant's health care provider, following the birth of the baby. The infant's primary health care provider has a unique opportunity to identify postpartum maternal depression and help prevent unfavorable development and mental health outcomes. Screening should be integrated into the well-infant visit schedule.

CPT Code	<u>Description</u>	ICD-10 Code	Reimbursable Clinicians	Applicable Guidelines
G8510	Screening for depression, documented as negative. E.G., PHQ-9, EPDS, BDI, CES-D Scale, PDSS  Screening for depression documented as positive: follow up plan is required. Examples: PHQ-9, EPDS, BDI, CES-D Scale, PDSS	Z13.32- Maternal depression screening  Z13.31- Depression screening, other than maternal	Physician  Licensed Clinical Psychologist (LCP)  Qualified Health Care Professional:  Nurse Practitioner  Physician Assistant  Certified Nurse Midwife- verification with insurance carriers is required.	NYS Medicaid recognizes both "G" codes for the reimbursement of depression screenings. The diagnosis selected will identify the population the screening was rendered to. (Maternal depression, or depression screenings other than maternal).  When rendering services for a postpartum maternal depression screening, modifier "HD" must be appended to the billing code upon claim submission.  Postpartum depression screenings can be billed either under the infant's Medicaid number or the mother's Medicaid number and will be reimbursed for up to four times within the first year of an infant's life.

**Note:** Effective 4/1/2022 with Fee-for-Service (FFS) Medicaid, and 10/1/2022 with Medicaid Managed Care Organizations (MCOs), the number of postpartum depression screenings recognized for reimbursement have increased from their previous limit of three times within the first 12 months after the end of the pregnancy, to four times within the first 12 months postpartum. Screenings can be provided by the maternal health care provider and/or by the infant's health care provider.

## **Screening for Adverse Childhood Experiences (ACEs)**

ACEs are associated with increased risk of poor mental health outcomes. They are strongly related to brain development and a wide range of health problems throughout the lifetime of an individual. Currently, approximately 30% of HealthySteps sites use ACEs screeners with their families, and effective January 1, 2024, with New York State Medicaid Fee-for-Service (FFS), and effective April 1, 2024, with Medicaid Managed Care (MMC) plans, reimbursement will be made available for the ACEs screening when conducted in the primary care setting for children and adolescents up to 21 years of age with an expansion effective 1/1/2025 that includes the coverage of an ACEs screening, once in their lifetime for adult patients ages 21-65 years of age. The table below highlights pertinent billing codes, their descriptions, reimbursable clinicians, and applicable guidelines.

#### Health and Behavior Assessment/Re-assessment, and Interventions with the Family Present

Health and behavior assessment/re-assessment, and interventions, are used to identify and address the psychological, behavioral, emotional, cognitive, and interpersonal factors important to the assessment, treatment, and/or management of **physical health problems**. The patient's primary diagnosis must be physical in nature and the focus of the assessment and intervention is on factors complicating the medical conditions and treatments. These codes describe assessments and interventions to improve the patient's health and wellbeing utilizing psychological and/or psychosocial assessments designed to ameliorate specific disease-related problems.

The <u>Health and Behavior Assessment or Re-assessment</u> code identifies and reports the assessment of psychological, behavioral, emotional, cognitive, and relevant social factors that can prevent the treatment or management of physical health problems. The assessment or re-assessment must be associated with an acute or chronic illness. <u>Health and Behavior Intervention</u> codes report intervention services for the factors relevant to and affecting the patient's physical health problem(s).

The table below highlights the billings codes, their descriptions, the reimbursable clinicians, and guidelines for health and behavior assessments/re-assessments, and interventions with the family present.

Health a	nd Behavior Assessment/ Re- assessment	Reimbursable	
<u>CPT</u> <u>Code</u>	<u>Description</u>	Clinician(s)	Applicable Guidelines
96156	Health and behavior assessment or re-assessment (e.g., health-focused clinical interview, behavioral observations, clinical decision making)	Physician Nurse Practitioner	Services do not focus on the mental health of a patient, but rather on the biopsychosocial factors that are, or could affect the treatment of, or severity of, the patient's <b>physical condition.</b> Patient must have an established illness or symptom(s) and cannot have been diagnosed with a mental illness.
<b>Health a</b> 96167	nd Behavior Intervention with Family Present 96167-Health and behavior	Physician Assistant	96156 can be billed only once per day regardless of the amount of time required to complete the overall service.
and +96168	intervention, family with patient present. Face-to face; initial 30 minutes  96168-Healh and behavior intervention, family with patient present. Face-to face; each additional 15 minutes	Certified Nurse Midwife- verification with insurance carrier is required.  Licensed	These services cannot be reported on the same day as preventive medical counseling or risk factor reduction codes, when rendered by the same provider. These services cannot be reported on the same day as psychiatric services.  96168 is an add-on code for 96167, indicating that it can only be reported with 96167 if the additional time indicated in its description was rendered.  Services rendered by physicians, physician assistants, nurse practitioners and when verified, also certified nurse midwives, level of service Evaluation and Management
		Clinical Psychologist	codes must be reported in lieu of the health and behavior assessments/re-assessments and intervention service codes.

Documentation for assessment or reassessment services should include, but is not limited to, the patient's physical illness (health focus interview), and identification of the factors that are either preventing successful treatment and/or management of the illness. Documentation should also include how these risk factors are impeding the successful management of the illness or are either preventing treatment.
Documentation for intervention services with the family present should include, but is not limited to, the time spent rendering the service, the patient's physical diagnosis, identification of the factors and the reasons why they are impeding successful treatment and/or management of the patient's physical illness. Additionally, the name of the family member(s), their relationship to the patient, and their involvement in the patient's care must also be documented.

## **Care Management: General Behavioral Health Integration**

Integrating mental and behavioral health in the primary care setting is an effective strategy for improving outcomes for patients with behavioral health conditions. Medicaid recognizes General Behavioral Health Integration services for the reimbursement of care management services for patients with behavioral health conditions, when at last 20 minutes of services have been rendered to the patient, per calendar month, when billed by a supervising physician (primary care physician) for services rendered by that physician and/or other clinical staff members. Examples of clinical staff members include, but are not limited to, social workers and psychologists. (Verification with insurance carriers on the additional clinicians recognized as eligible clinical staff, is required.)

The table below highlights the billings codes, their descriptions, and pertinent service guidelines for General Behavioral Health Integration Care Management.

CPT Code	<u>Description</u>	ICD-10 Code	Reimbursable Clinicians	Applicable Guidelines
99484	Care management services for behavioral health conditions, at	Diagnosis codes for	Supervising Physician	Services must be prescribed and billed by a supervising physician.
	least 20 minutes of clinical staff	behavioral		, , ,
	time, directed by a physician or	health		Care planning must be provided
	other qualified health care	conditions		[related to
	professional, per calendar			behavioral/psychiatric health
	month			problem(s)], including revision for patients who are not
G0511	Care management services for			progressing or whose status has
<u>(For</u>	behavioral health conditions, at			changed.
<u>FQHCs</u>	least 20 minutes of clinical staff			onangea.
and RHCs)	time, directed by a physician or			

other qualified health care	Services include facilitating and
professional, per calendar	coordinating treatment such as
month (Medicaid designated	pharmacotherapy,
this billing code for FQHCs and	psychotherapy, and/or
RHCs reporting this service)	psychiatric consultation (if
	required), and continuity of care
	with a designated member of
	the patient's care team
	(supervising physician and clinical staff), follow-up
	monitoring and use of
	applicable rating scales.
	applicable rating scales.
	Documentation of the time
	spent with the patient renderin
	the service is required in each
	note, where the cumulation of
	at least 20 minutes of service
	per month must be accounted
	for.
	Time spent strictly on
	administrative duties should no be counted towards the time
	threshold to bill for general
	behavioral health integration
	case management.
	cuse management.

# **Psychiatric Diagnostic Evaluation**

A psychiatric diagnostic evaluation is used to diagnose problems with behaviors, thought processes, and memory. Assessments must be provided, followed by appropriate treatment recommendations.

The below table highlights the billing code, its description, reimbursable clinicians, and guidelines for reporting psychiatric diagnostic evaluations.

<u>CPT Code</u>	<u>Description</u>	Reimbursable Clinicians	Applicable Guidelines
90791	Psychiatric diagnostic evaluation	Licensed Clinical Psychologist (LCP)	Services for an evaluation assessment includes assessment of the patient's psychosocial history, current mental status,
		Psychiatrist	psychosocial history, current mental status, reviewing and ordering diagnostic studies followed by appropriate treatment recommendations, a description of behaviors and when they occur and how long they last, which behaviors most often happen and under what conditions, how the behaviors impact performance in school, daycare, and other activities and relationships with others (E.g., parent(s)/caregiver(s), sibling(s).  Interviews and communication with family members or other sources are included with the reporting of 90791.  Communication factors that complicate the diagnostic evaluation may result in the need for interactive complexity and can be reported in conjunction with evaluation (See Interactive Complexity).  Since diagnostic evaluations include continuing psychiatric evaluation, psychotherapy codes are not to be reported with psychiatric diagnostic evaluations on the same date of service.  All services that are required and rendered must be included in the documentation.

#### Psychological, Neurological, and Developmental Test Administrations and Evaluations

Not to be confused with screenings, psychological, neurological, and developmental testing and evaluation involves more extensive services to be rendered. Information for each of these services is highlighted below.

#### Psychological Test Administration and Evaluation

Psychological testing and evaluation are measures of mental functioning including personality, emotions, and intellectual functioning. Rendering this service is at the clinician's judgement, where the reason(s) for his/her decision to render the service should be documented in the medical record. Some signs that psychological testing and evaluation may be necessary include significant social withdrawal, difficulties with speech and concentration, and significant difficulties with social activities including school and daycare. Approved testing tools must be verified with insurance carriers.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for the reporting of psychological testing and evaluation.

CPT Code	<u>Description</u>	Reimbursable Clinician(s)	Applicable Guidelines
96130	Psychological testing and evaluation; first hour	Licensed Clinical Psychologist (LCP)	Testing is reimbursable when a current medical or mental health evaluation has been conducted and a specific diagnostic or treatment question still exists which cannot be answered by a psychiatric diagnostic evaluation and history-taking.  Integration of patient data, interpretation of standardized test results, clinical data, decision making and interactive feedback to patient, parent(s)/caregiver(s), including treatment plan and reporting mut be rendered and documented for in the patient's medical record.  Because these are time-based codes, the total time rendering and interpreting the service must be documented, E.g., a start and stop time.
96131	Psychological testing, evaluation, each additional hour after the first hour of service		96131 is an add-on code for 96130, signifying it can only be billed with 96130, when an additional hour of service is rendered, after the first hour of service was rendered.

## Neuropsychological Test Administration and Evaluation

Neuropsychological testing and evaluation measure a child's intellectual abilities, attention, learning, memory, visual-spatial skills, visual-motor integration, language, motor coordination, neurocognitive abilities, and executive functioning skills such as organization and planning. It may also address emotional, social, and behavioral functioning.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting neuropsychological testing evaluation services.

CPT Code	<u>Description</u>	Reimbursable Clinician(s)	Applicable Guidelines
96132	Neuropsychological test(s)	Licensed Clinical	Service and documentation
	administration(s) and evaluation(s); first	Neuropsychologist	requirements include its medical
	hour, Face-to-Face services		necessity, test with results and
		Licensed Clinical	interpretation, clinical data and
	,	Psychologist (LCP)-	decision making, treatment
		verification with	planning, and interactive feedback
		insurance carriers is	to the patient and/or
		required	parent(s)/caregiver(s).
			Because these are time-based codes, the total time rendering and interpreting the service must be documented for. E.g., a start and stop time.  Neuropsychological testing may be rendered by a licensed clinical psychologist when consistent with the scope of license and
			competency of the provider.
96133	Neuropsychological test administration and		96133 is an add-on code for
	evaluation, each additional hour after the		96132, signifying it can only be
	first hour of service		billed with 96132, when an
			additional hour of service is
			rendered, after the first hour of
			service was rendered.

#### Developmental Testing with Interpretation

Developmental testing is not to be confused with developmental screenings. Screenings identify who may be at risk, while testing develops more of a concrete picture. Testing involves the assessment of fine and/or gross motor/language, cognitive level, social, and memory or executive functions where the interpretation of the standardized test results and clinical data is included. Testing is reimbursable when a child has signs concerning developmental delay or loss of previously acquired developmental skills or when a developmental screening test presents red flags. Approved testing tools must be verified with insurance carriers.

The below table highlights the billing codes, their descriptions, reimbursable clinician, and guidelines for reporting a developmental test administration.

CPT Code	<u>Description</u>	Reimbursable Clinician(s)	Applicable Guidelines
96112	Developmental test administration includes assessment of fine and /or gross motor, language, cognitive level, social, and memory or executive functions by standardized developmental instruments with interpretation and report, initial hour.	Licensed Clinical Psychologist (LCP) Psychiatrist	Billing code applies to testing for developmental disorders. Reporting should include objective and subjective assessment.  Why testing was provided, which standardized test instrument was used, test results, interactive feedback with patient and/or parent(s)/caregiver(s), and any appropriate actions taken are required and must be included in your documentation.
96113	Developmental test administration; each additional 30 minutes after the first hour of service.		Because these are time-based codes, the total time rendering and interpreting the service must be documented for. E.g., a start and stop time.  96113 is an add-on code for 96112, signifying it can only be billed with 96112, when an additional 30 minutes of service is rendered, after a full hour of service was rendered.

## **Interactive Complexity**

Interactive complexity is an add-on code specific for reporting with certain psychiatric services. It is billed to report communication difficulties during the visit. Interactive complexity can involve the use of:

- Physical aids and non-verbal communication to overcome barriers to therapeutic interaction between the clinician and a patient who has not yet developed, or
- Has lost either expressive language, communication skills to explain his/her symptoms and response to treatment, or the receptive communication skills to understand the clinician if she/he were to use ordinary adult language for communication.

Interactive complexity can be reported when <u>at least one</u> of the following communication factors is present during the visit (these communication factors are considered to additionally increase the intensity of services):

- The need to manage maladaptive communication related to high anxiety, high reactivity, repeated questions, or disagreement among participants that complicates delivery of care.
- Caregiver emotions or behaviors that interfere with implementation of the treatment plan.
- If reporting to a third party is required due to an incident in the patient's life that may have caused psychological damage. The incident must be newly discovered-e.g., abuse, neglect.
- Use of play equipment or other physical devices to communicate with the patient to overcome barriers to therapeutic or diagnostic interaction between the physician or other qualified health care professional; and a patient who has not developed, or has lost, either the expressive language communication skills to explain his or her symptoms and respond to treatment, or a patient who lacks receptive communication skills to understand the physician or other qualified health care professional if he/she were to use typical language for communication.

<u>Note:</u> To align with federal and the Center of Medicaid/Medicare Services (CMS) required language, effective 1/2022, Current Procedural Terminology (CPT) guidelines removed the use of interpreters and translator services from the list of communication factors that support medical necessity when coding for interactive complexity but <u>when Licensed Mental Health Counselors and Licensed Marriage and Family Therapists render sign language or oral interpreter services</u>, CMS recognizes the reporting of HCPCS code T1013 for 15 minutes of these services when rendered to patients by these mental health professionals.

The table on the following page highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting interactive complexity.

CPT Code	<u>Description</u>	Reimbursable Clinician(s)	Applicable Guidelines
90785	Interactive	Licensed Clinical	90785 is an add-on code, meaning it cannot be reported
30700	complexity	Psychologist (LCP)	on its own and can be billed in conjunction with other
	, ,	Psychiatrist	services. The approved services that interactive complexity can be billed with are,
		Licensed Mental Health	Psychiatric evaluations (90791, 90792)
		Counselor (LMHC)	<ul> <li>Psychotherapy services (90832, 90833, 90834, 90836,90837, 90838, 90853) Psychotherapy with</li> </ul>
		Licensed Marriage and	crisis and family psychotherapy are not
		Family Therapist (LMFT)	approved as reportable services with interactive complexity.
		Licensed Clinical Social	. ,
		Worker (LCSW)	When reported with psychotherapy services, the
			additional time spent with a patient due to interactive
		Licensed Master Social Worker (LMSW) under	complexity should not be calculated towards the time reported for the psychotherapy service.
		the clinical supervision	
		of a LCSW, or LCP or a Psychiatrist	Documentation must include communication factor(s) and how they increased the intensity of the services
			being rendered by the additional difficulty in either delivering the service or providing treatment to the patient.
			Modifier 59 is not applicable. Coding for the interactive complexity component represents the increased work intensity of the services rendered
			intensity of the services rendered.

# **Psychotherapy**

Psychotherapy, also known as talk therapy, counseling, psychosocial therapy or simply, therapy, is reimbursed by Medicaid and Medicaid Managed Care Organizations when the patient, or parent/caregiver is the primary patient.

For social work billing: Effective post 9/2024, services can be rendered to not only patients up until the age of 21 and to pregnant and/or up to 12 months postpartum patients but <u>can now be rendered</u> <u>to include all ages and patient populations</u>

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting psychotherapy.

Psychotherapy with patient-45 minutes  90837 Psychotherapy with patient-60 minutes  Psychologist (LCP)  Psychotherapy with patient-45 minutes  A signed and dated treatment plan is required and must include, but is not limited to, the patient's diagnosis, treatment goals, and numb of sessions ordered by the physician, nurse practitioner, or physician must sign the treatment plan certifying medical necessity for the service(s).  Documentation must include the patient's diagnosis, symptoms, functional status, menta status examination, treatment plan, prognosis, progress and how the patient is benefiting fror the therapy in reaching his/her goals(s). Also, the therapy in reaching his/her goals(s). Also, the therapy in reaching his/her goals(s). Also, the patient's diagnosis, communicating with other the clinical supervision of an LCSW, or an LCP or a Psychiatrist  Licensed Master Social Worker (LCSW)  Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW, or an LCP or a Psychiatrist  Licensed Mental Health Counselor (LMHC) and Licensed Marriage and Family  Therapist (LMFT) effective 3/1/2023 with New York State Fee-for-Service Medicaid and  Reviewing of records, communicating with other family of behavior, communication between the patient and family and family with other family	CPT Code	<u>Description</u>	Reimbursable Clinician(s)	Applicable Guidelines
Psychotherapy with patient-45 minutes  Psychotherapy with patient-60 minutes  Licensed Master Social Worker (LCSW)  Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW, or an LCP or a Psychiatrist  Licensed Mental Health Counselor (LMHC) and Licensed Marriage and Family Therapist (LMFT) effective 3/1/2023 with New York State Fee-for-Service Medicaid and mast include, but is not limited to, the patient's diagnosis, treatment goals, and numb of sessions ordered by the physician, nurse practitioner, or physician's assistant. The ordering physician must sign the treatment plan certifying medical necessity for the service(s).  Documentation must include the patient's diagnosis, symptoms, functional status, menta status examination, treatment plan, prognosis, progress and how the patient is benefiting from the therapy in reaching his/her goals(s). Also, to time spent rendering the service (E.g., start and stop time), and a description of the techniques used to treat the patient's condition must be documented.  Reviewing of records, communicating with othe providers, observing, and interpreting patterns of behavior, communication between the patient and family and family with other family	90832			
patient-60 minutes  (LCSW)  Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW, or an LCP or a Psychiatrist  Licensed Mental Health Counselor (LMHC) and Licensed Marriage and Family Therapist (LMFT) effective 3/1/2023 with New York State Fee-for-Service Medicaid and with services of sessions ordered by the physician, nurse practitioner, or physician's assistant. The ordering physician must sign the treatment pla certifying medical necessity for the service(s).  Documentation must include the patient's diagnosis, symptoms, functional status, menta status examination, treatment plan, prognosis, progress and how the patient is benefiting from the therapy in reaching his/her goals(s). Also, to time spent rendering the service (E.g., start and stop time), and a description of the techniques used to treat the patient's condition must be documented.  Reviewing of records, communicating with other providers, observing, and interpreting patterns of behavior, communication between the patient and family and family with other family		patient-45 minutes	Licensed Clinical	A signed and dated treatment plan is required and must include, but is not limited to, the
for Medicaid psychotherapy services and are not separately Managed Care Plans billable. Additional time spent on these services	90837		Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW, or an LCP or a Psychiatrist  Licensed Mental Health Counselor (LMHC) and Licensed Marriage and Family Therapist (LMFT) effective 3/1/2023 with New York State Fee-for-Service Medicaid and effective 4/1/2023 for Medicaid	of sessions ordered by the physician, nurse practitioner, or physician's assistant. The ordering physician must sign the treatment plan, certifying medical necessity for the service(s).  Documentation must include the patient's diagnosis, symptoms, functional status, mental status examination, treatment plan, prognosis, progress and how the patient is benefiting from the therapy in reaching his/her goals(s). Also, the time spent rendering the service (E.g., start and stop time), and a description of the techniques used to treat the patient's condition must be documented.  Reviewing of records, communicating with other providers, observing, and interpreting patterns of behavior, communication between the patient

90847	Family psychotherapy with patient present-50 minutes		The patient must be present for the entire or majority of the service with family/caregiver(s). Therapy is most often used to help treat a
	illilates		patient's problem that is affecting the entire
			family/caregiver(s). Family dynamics as they
			relate to the patient's mental status and/or
			behavioral should be the focus of the sessions.
			Attention should be given to the impact the
			patient's condition has on the family, with
			therapy aimed at improving interactions
			between the patient and family
			member(s)/caregiver(s).
			Also included in the code: Reviewing records,
			communicating with other providers, observing,
			interpreting patterns of behavior,
			communication between the patient and family,
			and decision making.
			Family therapy can only be billed under a child,
			when rendered due to his/her diagnosis.
			Because these are time-based codes, the total
			time rendering the service must be documented
			for. E.g., a start and stop time.
			Ton Eigh a start and stop time.
			Documentation and treatment plan guidelines
			for psychotherapy are also pertinent for family
			psychotherapy.
CPT Code	Description	<u>Reimbursable</u>	Applicable Guidelines
00020	Day ah ath are my far arisis.	Clinician(s)	Davide ath argument for arisis as much be usus and with
90839	Psychotherapy for crisis; first 60 minutes	Psychiatrist	Psychotherapy for crisis cannot be reported with any other mental health service, on the same
	inst oo ininates	Licensed Clinical	day.
		Psychologist	day.
		1 3 7 511 51 561 51	Documentation must contain an indication that
		Licensed Clinical	the psychotherapy was provided for an urgent
		Social Worker	assessment and history of a crisis state.
		(LCSW)	
			Required services include a mental status
		Licensed Master	examination, disposition, and that the patient
		Social Worker	was presented in a high level of distress with a
		(LMSW) under the	complex or life-threatening problem that
		clinical supervision	required immediate attention.

90840	Psychotherapy for crisis; each additional 30 minutes, after the first 60 minutes of service is rendered	of an LCSW, or LCP, or Psychiatrist  Licensed Mental Health Counselor (LMHC) and Licensed Marriage and Family Therapist (LMFT) effective 3/1/2023 with New York State Fee-for-Service Medicaid and effective 4/1/2023 for Medicaid Managed Care Plans	Documentation and treatment plan guidelines for Psychotherapy are pertinent in Psychotherapy for Crisis.  Because these are time-based codes, the total time rendering the service must be documented for. E.g., a start and stop time.
CPT Code	<u>Description</u>	Reimbursable Clinician(s)	Applicable Guidelines
90849	Multiple family group psychotherapy (A group consisting of two or more different families)	Psychiatrist  Licensed Clinical Psychologist (LCP)  Licensed Clinical	Multiple family group psychotherapy services are not usually covered under the APG billing methodology, but some sites have witnessed reimbursement. Verification with insurance carries is required for reimbursement opportunities and applicable service guidelines.
90853	Group psychotherapy (Other than multiple family group) (A group of at least 2 or more patients without family members)	Social Worker (LCSW)  Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW, or an LCP, or Psychiatrist  Licensed Mental Health Counselor (LMHC) and Licensed Marriage and Family Therapist (LMFT) effective 3/1/2023 with New York State Fee-for-Service Medicaid and effective 4/1/2023 for Medicaid Managed Care Plans	Group psychotherapy services are not usually covered by FFS Medicaid in FQHC, FQHC look-a-likes, and Rural health Clinics, but some sites have witnessed reimbursement. Verification with insurance carriers is required for reimbursement opportunities, and applicable service guidelines.

#### **Important Notes:**

The reporting of individual versus family psychotherapy is at the clinical discretion of the provider, but insurance carrier guidelines must be verified, as some carriers may have an age minimum guideline in place for reporting individual psychotherapy. Please review the guidelines indicated in the family psychotherapy section to assist with your decision in reporting.

Although there are sources indicating the ability to <u>report psychotherapy services when more than</u> 50% of the time allotted in their billing code descriptions was spent rendering the service, insurance carriers can require the entire time in the billing codes description to be rendered, or if they have determined a minimum time requirement for reimbursement of services. Verification with insurance carriers is required. <u>If insurance carriers do allow the billing for psychotherapy services with minimum time requirements,</u> please look to the following source for direction:

https://www.apaservices.org/practice/reimbursement/health-codes/psychotherapy

#### **Prevention Based Psychotherapy**

Two-generational and preventative approaches are critical when supporting and caring for the health and well-being of children and their caregivers. To support these approaches, effective 3/1/2023 New York State Medicaid Fee-For-Service (FFS) and effective April 1, 2023, NYS Medicaid Managed Care Plans, recognize individual, multi-family group, group, and family psychotherapy for reimbursement, when rendered to patients under the age of 21 <a href="mailto:and/or">and/or</a> the parent/caregiver of the patient, to prevent childhood behavioral health issues and/or illness, in the absence of a mental health diagnosis.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and information on where to obtain guidelines for reporting preventive-based psychotherapy.

<u>CPT Code</u>	<u>Description</u>	Required ICD- 10 Diagnosis Code	Reimbursable Clinician(s)	Applicable Guidelines
90832	Psychotherapy with patient-30 minutes  Psychotherapy	Z65.9-Problem related to unspecified psychosocial circumstances	Licensed Clinical Psychologist  Psychiatrist  Licensed Clinical Social Worker	Medicaid FFS billing and claims questions should be directed to the eMedNY Call Center at (800) 343-9000.  Medicaid FFS coverage and policy questions should be directed to the Office of Health Insurance Programs (OHIP) Division of
90034	with patient-45 minutes		(LCSW)  Licensed Master's  Social Worker	Program Development and Management (DPDM) by telephone at (518) 473-2160, or by email at <a href="mailto:FFSMedicaidPolicy@health.ny.gov">FFSMedicaidPolicy@health.ny.gov</a> .
90837	Psychotherapy with patient-60 minutes		(LMSW) under the clinical supervision of a LCSW, or a Licensed Clinical Psychologist or a Psychiatrist  Licensed Mental Health Counselor (LMHC)  Licensed Marriage and Family Therapist (LMFT)	Medicaid Managed Care (MMC) Plans enrollment, reimbursement, billing and/or documentation requirement questions should be directed to the specific MMC plan of the patient/enrollee. Providers can refer to the eMedNY New York State Medicaid Program Information for All Providers-Managed Care Information Document at <a href="https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information for All Providers">https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information for All Providers Managed Care Information.pdf</a> for contact information per MMC plan.  All other questions and concerns may be directed to the OHIP Maternal and Child Health Bureau (MCHB) at <a href="mailto:maternalandchild.healthpolicy@health.ny.gov">maternalandchild.healthpolicy@health.ny.gov</a>

90847	Family psychotherapy with patient present-50 minutes	Z65.9-Problem related to unspecified psychosocial circumstances		For 90847, the patient must be present for the entire or majority of service with family/caregiver(s).  For 90846, the patient does not need to be present for the service with family/caregiver(s).
90846	Family psychotherapy without the patient present			For social work billing: Services can be rendered to patients up until the age of 21 and to pregnant and/or up to 12 months postpartum patients.
	50 minutes			Medicaid FFS billing and claims questions should be directed to the eMedNY Call Center at (800) 343-9000.
				Medicaid FFS coverage and policy questions should be directed to the Office of Health Insurance Programs (OHIP) Division of Program Development and Management (DPDM) by telephone at (518) 473-2160, or by email at <a href="FFSMedicaidPolicy@health.ny.gov">FFSMedicaidPolicy@health.ny.gov</a> .
				Medicaid Managed Care (MMC) Plans enrollment, reimbursement, billing and/or documentation requirement questions should be directed to the specific MMC plan of the patient/enrollee. Providers can refer to the eMedNY New York State Medicaid Program Information for All Providers-Managed Care Information Document at
				https://www.emedny.org/ProviderManuals/Al IProviders/PDFS/Information for All Provider s Managed Care Information.pdf for contact information per MMC plan.
				All other questions and concerns may be directed to the OHIP Maternal and Child Health Bureau (MCHB) at maternalandchild.healthpolicy@health.ny.gov
CPT Code	<u>Description</u>	Required ICD- 10 Diagnosis Code	Reimbursable Clinician(s)	Applicable Guidelines
90849	Multiple family group psychotherapy (A group consisting of two	Z65.9-Problems related to psychosocial circumstances	Psychiatrist Licensed Clinical Psychologist	Multiple family group psychotherapy services are not usually covered under the APG billing methodology, but some sites have witnessed reimbursement. Verification with insurance carries is required for reimbursement
	or more different families)			opportunities and applicable service guidelines.

	_		<u>lelasik kw@@hen</u>
			illing and claims questions ted to the eMedNY Call Center
		(LCSW) at (800) 343-90	
			overage and policy questions
			ted to the Office of Health
			rams (OHIP) Division of
		· · · · · · · · · · · · · · · · · · ·	opment and Management
			phone at (518) 473-2160, or by dicaidPolicy@health.ny.gov.
			aged Care (MMC) Plans
			mbursement, billing and/or
			requirement questions should the specific MMC plan of the
			e. Providers can refer to the
		and Family eMedNY New Y	ork State Medicaid Program
		· · · · · · ·	All Providers-Managed Care
		effective 3/1/2023 Information Do	
			medny.org/ProviderManuals/Al
			S/Information for All Provider
		Service Medicaid s Managed Ca and effective information pe	re_Information.pdf for contact
		4/1/2023 for	·
		=	ons and concerns may be
			OHIP Maternal and Child
		Health Bureau	
		maternalandch	ild.healthpolicy@health.ny.gov
90853	Group	Group psychot	nerapy services are not usually
	psychotherapy		Medicaid in FQHC, FQHC look-
	(Other than	a-likes, and Rui	al health Clinics, but some sites
	multiple family		reimbursement. Verification
	group-A group		carriers is required for
	of at least 2 or		opportunities, and applicable
	more patients without family	service guidelir	es.
	members)		illing and claims questions ted to the eMedNY Call Center
		at (800) 343-90	
		· · · · · · · · · · · · · · · · · · ·	overage and policy questions
			ted to the Office of Health
			rams (OHIP) Division of
		_	opment and Management
			phone at (518) 473-2160, or by
		email at <u>FFSMe</u>	dicaidPolicy@health.ny.gov.
			aged Care (MMC) Plans
		·	mbursement, billing and/or
			requirement questions should
		be directed to	the specific MMC plan of the

patient/enrollee. Providers can refer to the
eMedNY New York State Medicaid Program
Information for All Providers-Managed Care
Information Document at
https://www.emedny.org/ProviderManuals/Al
<u>IProviders/PDFS/Information for All Provider</u>
s Managed Care Information.pdf for contact
information per MMC plan.
All other questions and concerns may be
directed to the OHIP Maternal and Child
Health Bureau (MCHB) at
maternalandchild.healthpolicy@health.ny.gov

Service and documentation requirements for prevention-based psychotherapy are the same as those required when rendering psychotherapy when a diagnosis is present.

#### Health and Behavior Assessment, Re-Assessment, and Individual Intervention

Health and behavior assessments/re-assessments and interventions are used to identify and address the psychological, behavioral, emotional, cognitive, and interpersonal factors important to the assessment, treatment, or management of **physical health problems**. The patient's primary diagnosis must be physical in nature, and the focus of the assessment and intervention is on factors complicating the physical health's medical condition(s) and treatment(s). These codes describe assessments and interventions to improve the patient's health and well-being, utilizing psychological and/or psycho-social assessments designated to ameliorate specific disease-related problems.

Services can be rendered to both the patient and the parent(s)/caregiver(s) but those services whose description includes "Individual" are services that can be rendered to the parent(s)/caregiver(s) when they too are patient(s) at the practice, where the billing occurs under their insurance carrier ID number and services are documented in their medical record.

The <u>Health and Behavior Assessment or Re-assessment</u> code is used to report the identification and assessment or re-assessment of psychological, behavioral, emotional, cognitive, and interpersonal (social) factors that can prevent, treat, or manage a patient's <u>physical health problem(s)</u>. The assessment or re-assessment must be associated with an existing acute or chronic illness, the prevention of a physical illness or disability, and the maintenance of health.

<u>Health and Behavior Intervention</u> services are to modify the psychological, behavioral, emotional, cognitive, and social factors relevant to and affecting the patient's physical health problems, not with the focus not on mental health issues, but rather on how such factors may be contributing to the treatment of their established illness(s). If the patient has a mental health diagnosis, this code would not be appropriate to report. <u>The patient's primary diagnosis must be physical in nature</u> and the goals of the interventions should be to improve the patient's health and wellbeing utilizing psychological and/or psychosocial procedures designed to ameliorate specific disease-related problems.

The table on the following pages highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting health and behavior assessments/re-assessments, and intervention services.

Health and Behavior Assessment/ Re- assessment		<u>Reimbursable</u>	Applicable Guidelines
CPT Code	Description	<u>Clinician(s)</u>	Applicable Guidelines
96156	Health and behavior assessment or reassessment (e.g., healthfocused clinical interview, behavioral observations, clinical decision making).	Physician Nurse Practitioner	Services do not focus on the mental health of a patient, but rather on the biopsychosocial factors that are, or could affect the treatment of, or severity of, the patient's <b>physical condition</b> . Patient must have an established illness or symptom(s) and cannot have been diagnosed with a mental illness. Assessments
<u>Health</u> a	and Behavior Intervention	Dhysisian	identify the factors that are directly affecting the
96158 and 96159	96158-Health and behavior intervention, individual. Face-to Face; initial 30 minutes.  96159-Healh and behavior intervention, individual. Face-to Face; each additional 15 minutes	Physician Assistant  Certified Nurse Midwife (Verification with insurance carriers is required)  Licensed Clinical Psychologist	patient's physiological function, disease status, health, and general well-being. Patient must have an established illness and cannot have been diagnosed with a mental health illness.  Documentation for assessment or re-assessment services should include, but is not limited to, the patient's physical illness(s) (health focused interview), identification of the factors that are either preventing successful treatment and/or management of the illness and how these risk factors are impeding on the successful management of the illness(s).  96156 can be billed only once per day regardless of the amount of time required to complete the overall service. These services cannot be reported on the same day as preventive medical counseling or risk factor reduction codes, when rendered by the same provider. These services cannot be reported on the same day as psychiatric services.  Intervention services are for the modification of the psychological, behavioral, emotional, cognitive, and social factors that have been identified as directly affecting the patient's physiological function, disease status, health, and general well-being. Patient must have an established illness and cannot have been diagnosed with a mental health illness.  96159 is an add-on code for 96158, indicating that it can only be reported with 96158 if the additional time indicated in its description was rendered. Because 96158 and 96159 are time-based codes, therefore, the total time rendering the service must be documented for. E.g., a start and stop time.  Services rendered by physicians, physician assistants, nurse practitioners and when verified, also certified nurse midwives, level of service Evaluation and Management codes must be reported in lieu of the health and behavior assessments/re-assessments and intervention service codes.

# Screening, Brief Intervention, and Referral to Treatment (SBIRT) Services

SBIRT services is an evidence-based approach to identifying patients who use alcohol and other drugs.

Medicaid reimbursement will be available for screening for alcohol and substance abuse when the parent/caregiver is also a patient at the practice/site.

The below table highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting SBIRT services.

HCPCS		Reimbursable	
Code	<u>Description</u>	Clinician(s)	Applicable Guidelines
H0049	Alcohol and substance abuse	Physician	OASAS approved training/certification required.
	screening (Screening ONLY)- completed screening tool with scoring	Nurse Practitioner Licensed Clinical Psychologist (LCP)	For the screening only (H0049): If patient does not have an established diagnosis related to alcohol or substance abuse, append ICD-10 code Z02.83 (Screening for blood-alcohol and blood-drug test) For intervention services (H0050): All diagnoses related to alcohol/substance abuse will support
H0050	Alcohol and substance abuse	Licensed Mental Health Counselor	medical necessity for the service.
	brief intervention, per 15 minutes (Group services may not be provided)	(LMHC) (Verification with insurance carrier required)	Because an intervention (H0050) is a time-based code, the total time rendering the service must be documented for. E.g., a start and stop time.
		Licensed Marriage and Family Therapist (LMFT)	Commonly used pre-screening tools are AUDIT-C, NIDA Quick Screen, Four Ps, DAST1. Commonly used full screening tools are AUDIT, ASSIST, DAST10, and T-ACE, TWEAK for pregnant patients.
		(Verification with insurance carrier required)	Each unit reported for H0050 is equivalent to 15 minutes of time spent rendering the service to the patient. Depending on time spent rendering the service, billing for more than 1
G0442	Substance use and abuse screening  (Verification with insurance carriers should be made on which screening code is preferred-G0442 or H0049)	Code H0049 and G0442 also includes Licensed Clinical Social Workers and Licensed Master Social Workers under their clinical supervision or the clinical supervision of an	unit may be required. H0049 and H0050 are the billing codes recognized by Medicaid and Medicaid Managed Care carriers, billing codes 99408 (Alcohol and/or substance abuse structured screening and brief intervention services; 15-30 minutes) and 99409 (Alcohol and/or substance abuse structured screening and brief intervention services; greater than 30 minutes, should be reported when billing commercial insurance carriers.
		LCP	

#### OASAS Training Requirements:

- 4 hours of OASAS approved training/certification https://webapps.oasas.ny.gov/training/searchresults.cfm?sbirt=4
- 12 hours of OASAS approved training/certification https://webapps.oasas.ny.gov/training/searchresults.cfm?sbirt=12

For information on the OASAS Certification process: <a href="https://webapps.oasas.ny.gov/training/index.cfm">https://webapps.oasas.ny.gov/training/index.cfm</a>
For billing questions: <a href="mailto:SBIRTNY@oasas.ny.gov">SBIRTNY@oasas.ny.gov</a>

## **Smoking Cessation**

Effective April 1, 2021, Medicaid expanded the list of practitioners who can be reimbursed for providing smoking cessation counseling services, including those practices that bill under the APG Medicaid billing methodology.

The below table highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting smoking cessation services.

CPT Code	<u>Description</u>	Reimbursable Clinician(s)	Applicable Guidelines
99406	Smoking and	Physician	Group sessions (2-8 patients) are available for
	tobacco use		reimbursement for sessions greater than 10 minutes.
	cessation	Physician Assistant	Billing requires a modifier HQ appended to CPT code
	counseling visit;		99407. (FQHCs, RHCs, and article 28 clinics may not
	intermediate,	Nurse Practitioner	be eligible to bill for group services-verification with
	Greater than_3		insurance carrier(s) is required.
	minutes, up to 10	Licensed Midwives	
	minutes.	during medical visits	Documentation of time rendering services is required,
99407	Smoking and	Licensed Clinical	as well as the content of the counseling.
	tobacco use	Psychologist (LCP)	
	cessation		When 3 minutes or less is spent counseling the
	counseling Visit;	Licensed Clinical	patient, the service is not separately reimbursable.
	intensive. <b>Greater</b>	Social Workers	
	than 10 minutes.	(LCSW)	Medicaid coverage includes all medications to treat
			smoking cessation listed on the eMedNY Medicaid
		Licensed Master Social Worker	Pharmacy List of Reimbursable Drugs.
		(LMSW) under the	Billing for services provided by Registered Nurses and
		clinical supervision	Licensed Practical Nurses at FQHCs and RHCs must be
		of an LCSW or LCP	verified with insurance carriers-services may need to
		Registered Nurse (RN)	be billed under the ordering physician.
		Licensed Practical Nurse (LPN)	Medicaid covers unlimited cessation counseling but verification with Medicaid Managed Care carriers must be made on if they will also reimburse for unlimited smoking cessation counseling visits.

	All smoking related diagnoses will support medical necessity for the services.  Services and documentation requirements for smoking cessation services are:  • The patient's tobacco use • Interventions of assessing readiness for change and barriers to change. • Advising of a change in behavior • Assisting by providing specific suggested actions • Motivational counseling • Arranging for services and follow-up • Time spent rendering smoking cessation services.  Medicaid expanded coverage for smoking cessation counseling to include LCSW's and LMSW's that bill using APG's when affiliated with a smoking cessation counseling program at their clinic.
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#### **Lactation Services**

New York State Medicaid provides reimbursement for evidence-based breastfeeding education and lactation counseling consistent with the United States Preventive Task Force (USPSTF) recommendation with specific guidelines for reimbursement eligibility.

The table on the following page highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting lactation services.

CPT Code	<u>Description</u>	<u>Reimbursable</u> <u>Clinician(s)</u>	Applicable Guidelines
S9445	Patient	Physician	Registered nurses (RNs) and physician assistants (PAs)
	education, not		cannot independently report lactation services. The
	otherwise	Physician Assistant	ordering physician can submit a claim to NYS Medicaid for
	classified, non-		lactation counseling when an RN and PA that has obtained
	physician	Nurse Practitioner	anyone of the recognized lactation certifications, renders
	provider,		the service.
	<b>individual</b> , per	Nurse Midwife	
	session.		Although a properly certified PA, NP, NM, and RN can
		Registered Nurse	render lactation services in addition to a properly certified physician, only those services rendered by a physician are
S9446	Patient	International Board-	eligible to receive separate NYS Medicaid reimbursement
	education, not	Certified Lactation	for the services. The reimbursement for PAs, NPs, NWs, and
	otherwise	Consultant"	RNs is included in the All Patients Refined Diagnosis Related
	classified, non-	credentialed by the	Group (APR DRG) or the APG payment to the facility.
	physician	International Board of	
	provider,		

<b>group</b> , per	Lactation Consultant	FQHCs and RHCs who have opted into the APG Medicaid
session.	Examiners (IBCLE)	billing methodology, can also bill for lactation counseling
		services.
	Certified Lactation	
	Specialist (CLS)	The description for HCPCS codes S9445 and S9446 is the
		national description for the billing codes, but Medicaid
	Certified Breastfeeding	recognizes <b><u>\$9445</u></b> for an initial lactation counseling session
	Specialist (CBS)	where the <b>minimum</b> duration of the session is 45 minutes.
		Follow-up session(s) should be a minimum of 30 minutes
	Certified Lactation	each and occur within the 12-month period immediately
	Educator (CLE)	following delivery. Medicaid recognizes <u>\$9446</u> for group
	Certified Clinical	sessions that consist of 2 patients and a maximum of 8, where the minimum duration of the group session is 60
	Lactationist (CCL)	minutes. One prenatal and one postpartum class (total of
	Lactationist (CCL)	2), per patient, per pregnancy is covered. (FQHCs and RHCs
	Certified Breastfeeding	must verify is group services are reimbursable)
	Educator (CBE)	must remy to group services are remisured.
		Because minimum time frames have been placed on both
		S9445 and S9446, documentation of the time spent
		rendering the services to the patient is required.
		Diagnosis code Z39.1 (Encounter for care and examination
		of lactating mother) should be included when reporting for
		any other diagnosis pertinent to the patient's visit, where
		the mother must be the patient. (Services cannot be billed
		under the infant.)

#### **Virtual Communication Services**

Most Federally Qualified Health Centers (FQHCs) and Rural Health Centers (RHCs) bill under the Ambulatory Patient Group (APG) Medicaid billing reimbursement methodology, but there are a number of these clinic types that have opted to remain under the Prospective Payment System (PPS). Whether you bill under the APG or PPS Medicaid reimbursement methodology, the Center for Medicare, and Medicaid Services (CMS) will reimburse for virtual communication services when rendered at FQHCs, FQHC look-a-likes, and RHCs.

Although both telehealth and virtual communication services use technology to communicate, these are two separate and distinct services. Virtual communication services are technology-based and remote evaluation services for a brief discussion with a practitioner to determine if a visit is necessary.

Virtual communication can be billed if the following requirements are met:

- The medical discussion or remote evaluation is for a condition not related to a clinical visit/service provided within the previous 7 days **and**
- The medical discussion or remote evaluation does not lead to a clinical visit within the next 24 hours or at the soonest available appointment.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for the reporting of virtual communication at FQHCs, FQHC look-a-likes, and RHCs.

HCPCS Code	Description	Reimbursable Clinician(s)	Applicable Guidelines
G0071	Communication	Physician	Virtual communication is not a substitute for a visit, but instead a
	technology-		brief discussion with an FQHC/RHC practitioner to determine if a
	based services	Physician	visit for an established patient is necessary. It cannot be billed for a
	for five (5)	Assistant (PA)	new patient. The patient must have had a billable visit within the
	minutes or more		previous year.
	of virtual	Nurse	
	communication	Practitioner	Patient consent should be obtained before services are furnished
	between a	(NP)	and billed for.
	Federally		
	Qualified Health	Certified Nurse	Virtual communication must be initiated by the patient, not the
	Center (FQHC) or	Midwife (CNM)	practitioner, where the clinician may respond to the patient's
	a Rural Health		concern(s) by either telephone, audio/video, secure text messaging,
	Center (RHC)	Licensed	e-mail, and use of a patient portal.
	practitioner and	Clinical	
	patient, or five	Psychologist	Services must be rendered and billed under the patient, only.
	(5) minutes or	(LCP)	Verification must be made with insurance carriers on if the service
	more of		

evaluation of recorded video and/or images by	Psychiatrists Licensed	is billable if the parent(s) or guardian(s) of the patient initiate the communication.
an FQHC or RHC practitioner, occurring in lieu of an office visit	Clinical Social Workers (LCSW's)  LCSWs are listed as providers that can render and bill for these services but due to the restrictions placed on LCSW reimbursement when billing under the APG reimbursement methodology, verification must be made with insurance carrier(s)] Licensed Clinical Social Worker (LCSW)	<ul> <li>Primary reason(s)/condition(s) for the communication</li> <li>Information about stored images (if applicable)</li> <li>Any details of the interaction (discussion such as medications, recommendations, and/or referrals)</li> <li>Total time of interaction (5 minutes or longer)</li> <li>Any updates made to existing treatment plans</li> <li>Action plan as a result of the communication</li> <li>This service code is ONLY billable at FQHCs, FQHC look-a-likes, and RHCs.</li> </ul>
		Verification with insurance carriers is required if licensed mental health counselors and licensed marriage and family therapists can render the service.

#### **eVisits**

eVisits are a type of virtual check-in involving patient-initiated communications with a provider through a text-based and Health Insurance Portability and Accountability ACT (HIPAA) compliant digital platform, such as a patient portal. <a href="eVisits are intended to remotely assess non-urgent conditions and prevent unnecessary in-person visits">eVisits reimburse providers for the problem-focused communication and medical decision-making they do outside of normal visits.</a>

Like virtual communication, eVisits encompass patient or patient caregiver-initiated communication with a provider, for an established patient, but unlike virtual communication, eVisits are recognized for reimbursement at other clinic types, and not just FQHCs, FQHC look-a-likes, and RHCs.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for the reporting of eVisits.

<u>CPT</u> <u>Code</u>	<u>Description</u>	Reimbursable Clinician(s)	Applicable Guidelines
98970	Qualified non-physician healthcare professional online assessment and management, for an established patient, for up to seven days, cumulative time during the seven days; 5-10 minutes.	Licensed Clinical Psychologist  Licensed Clinical Social Worker's (LCSWs), Licensed Marriage and Family Therapists (LMFTs), Licensed Mental Clinical Counselor (LMCCs) are	eVisits MUST BE patient-initiated communication with the provider and must be via a text-based and HIPAA compliant digital platform, such as a patient portal.  eVisits can only be provided to established patients though the presenting problem may be new.  Communication of test results, scheduling appointments, medication refills, and any
98971	Qualified non-physician health	recognized as providers eligible to render and bill for these services under NYS Medicaid, but because the APG reimbursement methodology has	other communications outside the scope of and evaluation and management, are not considered eVisits.  Verbal or written consent must be obtained from the patient/patient caregiver, where documentation of the consent must be in the patient's medical record.
	care professional online assessment and management, for an established patient, for up to seven days, cumulative time during the seven days; 11-20 minutes.	restrictions placed on the LCSW, LMFT, and LPCC services recognized for reimbursement, verification is required with insurance carriers.  Verification required with insurance carriers on if a Licensed Master	Billing for eVisits is based on cumulative time spent with a single patient within a seven-day period. For example, if five to ten minutes are spent with a single patient for an eVisit over a seven-day period, CPT code 98970 may be billed. For an encounter to qualify as an eVisit, the patient must not have been seen for the same clinical issue within the previous seven days.

98972	Qualified non-physician health care professional online assessment and management, for an established patient, for up to seven days, cumulative time during the seven days; 21 minutes or more.	Social Worker (LMSW) under the clinical supervision of an LCSW can also render the service.	eVisit codes may be billed <u>once</u> per 7-day period (When billing, the date of service must be the last date of communication between the patient and provider within that 7-day period.)  Because eVisit codes are time-based where the service time is cumulative in up to a seven-day period, documentation of the time spent rendering the service is required, in each note. The seven-day period starts upon the review of the initial patient communication by the provider.
			The provider must begin their review within 3 business days of the patient inquiry.  The service time must include the review of pertinent medical records, interaction with clinical staff about the presenting problem and subsequent communication which are not included in a separately reported service.
			In addition to the total time spent rendering the service to the patient, documentation requirements for eVisits include the patient-initiated inquiry and the presenting problem of the patient, as well as the clinical assessment and recommendations of the provider.
			According to the emedNY list of procedure codes and fee schedule for licensed clinical social workers, eVisit codes should only be used to report e-consults. Verification with insurance carriers of what this means to the services rendered must be made at the site level.

#### **Community Health Worker Services**

The Community Health Worker (CHW) functions as a liaison between healthcare systems, social services, and community-based organizations to improve overall access to services and resources and to facilitate improved health outcomes, overall health literacy, and preventing the development of adverse health conditions, injury, illness, or the progression of either.

New York State Medicaid reimburses for CHW services for the following populations:

- Pregnant patients during their pregnancy and up to 12 months postpartum
- Children under the age of 21
- Adults with chronic conditions
- Justice-involved individuals
- Those with unmet health-related social care needs
- Individuals experiencing community violence

CHW services are reimbursable by Medicaid fee-for-service (FFS), NYS Managed Care Organizations (MCOs), Human Immunodeficiency Virus-Special Needs Plans (HIV SNPs), and Health and Recovery Plans (HARPs). Note: NYS Medicaid members who receive care coordination services through the health home program, a health home care organization, a certified community behavioral health clinic, and assertive community treatment, are not eligible for CHW service coverage.

#### Under NYS Medicaid guidelines, CHW services are as follows:

#### Health Advocacy

- Advocating for a patient's individual and healthcare service needs.
- Connect patients with community-based resources and programming.
- Advocacy efforts of the CHW are to promote empowerment and self-confidence of patients to ensure respectful and equitable care and support to prevent health conditions, illness, problem or injury or the progression of illness. CHWs bridge cultural, communication, and language gaps between the health care system and the patients accessing care and services.

#### Health Education

- Provide education to:
  - optimize health and address barriers to accessing health care, health education and/or community resources that incorporate the needs, goals, and life experience of the patient.
  - prevent a health condition, illness, problem or injury, or the progression of an illness with evidence-based standards.
  - support informed decision-making, agency, problem-solving, active collaboration, and self-efficacy related to health and social care needs.
  - Optimize the patient's experience in the healthcare system.

#### • **Health Navigation**

- CHW services may include assistance to the patient for health navigation in the following areas:
  - Community-based and healthcare-related referrals and follow-up referral services.
  - Completion of screening tools that do not require a licensed provider to complete.
  - Identifying health and social care needs and follow-up to connect to services including, but not limited to transportation, employment, job training, food insecurity, childcare, and housing (the CHW may not provide these services directly).
  - Resource coordination directed to the individual (not case management).
  - Help with enrollment or maintaining enrollment in government programs or other assistance programs (can assist and educate but cannot directly select services/benefits).
  - Accompaniment to in-person and virtual healthcare visits and to get established with community resources that will improve or maintain the patient's health.

#### CHW services do not include the following:

- Clinical case management/care management services that require a license, including comprehensive Medicaid case management services.
- The provision of companion services/socialization, respite care, transportation, direct patient care, personal care services/homemaker services (e.g., chore services including shopping, cleaning, and cooking, assistance with activities of daily living, errands), or delivery of medication, medical equipment, or medical supplies.
- Services that duplicate another covered Medicaid service or that are otherwise billed to Medicaid/Medicaid managed care.
- Services outside the level of training the CHW has attained.
- Advocacy for issues not directly related to the patient's health or social care needs.
- Bill for language interpretation services
- Time and activities that do not include direct engagement with the patient.

The table on the following table highlights the billing codes, their descriptions, reimbursable supervising clinicians, and additional guidelines for the reporting of CHW services.

CPT Code	Description	<u>Reimbursable</u>	Applicable Guidelines
		<u>Clinician(s)</u>	
98960	Self- management education and training face-to- face using a standardized curriculum for an individual NYS Medicaid member- each 30 minutes Self- management education and training face-to- face using a standardized curriculum for two-four (2-4) NYS Medicaid members- each	Clinician(s) Physician  Nurse Practitioner  Midwife  Licensed Clinical Psychologist  Licensed Clinical Social Worker  Licensed Mental Health Counselor  Licensed Marriage and Family Therapist	CHW services are reimbursable for the following populations:  Pregnant patients during their pregnancy, and up to 12 months postpartum, regardless of the results of the pregnancy  All children under the age of 21  Adults with chronic conditions  Individuals with justice system involvement within the past 12 months  Those with unmet health-related social care needs in the domains of housing, nutrition, transportation, or interpersonal safety, which have been identified through screening using the Centers for Medicare & Medicaid Services (CMS) Accountable Health Communities Health-Related Social Needs Screening Tool  Individuals exposed to community violence or have a personal history of injury sustained because of an act of community violence, or who are at an elevated risk of violent injury or retaliation resulting from another act of community violence.
	30 minutes		CHWs are not eligible to enroll with NYS Medicaid. Their services are to be billed by an approved Medicaid-enrolled,
98962	Self-management education and training face-to-face using a standardized curriculum for five-eight (5-8) NYS Medicaid members- each 30 minutes.		licensed billable supervising clinician acting within their scope of practice under state law. Those recognized are listed under the "Reimbursable Supervising Clinicians column, in this table.  All clinic types are eligible to bill for CHW services, including Federally Qualified Health Centers (FQHCs) if the FQHC has elected to be reimbursed under the APG Medicaid reimbursement methodology. Additionally, FQHCs that have opted into the APG reimbursement methodology can only bill if the community health worker service is provided in conjunction with a threshold visit with a licensed health care provider.  A CHW is a public health worker that reflects the community served through lived experience that may include but is not limited to:  • Pregnancy and birth  • Housing status  • Mental health conditions  • Substance use or other chronic conditions  • Share race, ethnicity, language, and/or sexual orientation or community of residence.
			CHW's providing the direct service must have obtained the following:  • A 20-hour minimum training that includes the CDC-endorsed CHW Core Consensus Competencies (C3)

which can be seen at:

https://www.c3project.org/roles-competencies OR 1400 hours of experience working as a CHW in formal paid or volunteer roles within the past three years.

Basic HIPAA training.

CHW services must involve direct face-to-face interaction with the patient.

NYS Medicaid will reimburse for up to 12 units total (30 minutes=1 unit) per patient, per year of CHW services for adult populations. They will reimburse up to 24 units (30 minutes =1 unit) for the pediatric population (under 21 years of age).

Although each unit of service indicates to be for 30 minutes of service, NYS Medicaid will reimburse for each 30-minute self-management code (98960, 98961, 98962), for CHW services, when at least 16 minutes of service is rendered, with a maximum of 37 minutes.

When billing for all CHW services, **except** for community violence prevention services, both billing modifiers U1 and U3 must appear consecutively, and in this order, on the CHW service CPT code (98960, 98961, 98962) claim line. When billing for community violence prevention services the order of the billing modifiers changes, whereas U3 and U1 must appear consecutively, and in that order.

For Managed Care Organization members, providers must contact the managed care plan of the patient, for billing instructions. The managed care plan contact information can be found at:

NYhttps://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information\_for\_All-Providers\_Managed\_Care-Information.pdf.

FFS coverage and policy questions should be directed to: MaternalandChild.HealthPolicy@health.ny.gov.

Documentation requirements include the services listed and provided under either of the approved CHW services (health advocacy, education, navigation) rendered, and the clinicians recommendation for CHW services, and the duration of the time the CHW service was provided.

Clinicians' recommendation for CHW services can be made by physician or other licensed practitioner of the healing arts acting within his or her scope of practice under state law. Licensed practitioners of the healing arts are licensed psychiatrists, licensed clinical social workers, nurse

	<ul> <li>practitioners, physicians, physician assistants or licensed psychologists practicing within the scope of their state license.</li> <li>Medicaid guidelines advise of the following diagnosis types that support medical necessity for CHW services:         <ul> <li>For patients 21 years of age and older, providers must include a diagnosis on the claim that identified either the chronic condition, social care need, or qualifying risk criteria of the NYS Medicaid member using the appropriate diagnosis code and/or the ICD-10 Z code.</li> <li>For pregnant or postpartum patients, the appropriate pregnancy diagnosis or postpartum diagnosis should be reported.</li> <li>For patients under the age of 21, a diagnosis is not required to support medical necessity for CHW services, but if there is a Z-code relevant to the patient, it should be reported.</li> </ul> </li> </ul>
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