

## About this Document

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The purpose of this document is to support HealthySteps sites (practices) that have opted into New York's Prospective Payment System (PPS) Medicaid Reimbursement methodology, in coding and billing for HealthySteps-aligned services. HealthySteps sites can bill Medicaid and Medicaid Managed Care carriers for some of the services they provide to children and families.

This document provides a list of open Current Procedural Terminology (CPT)<sup>1</sup> and Healthcare Common Procedure Coding System (HCPCS)<sup>2</sup> codes, with applicable billing, coding, and documentation guidelines.

There are a variety of requirements and restrictions that can impact your practice's ability to bill specific codes, including the provider type, location of service, frequency, and maximum billing units. This document aims to facilitate an understanding of these requirements and restrictions and help guide your practice in coding and billing for HealthySteps services.

To maximize appropriate reimbursement, we recommend always contacting health insurance carriers for verification on billing for services provided.

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<sup>1</sup> Current Procedural Terminology (CPT) is a medical code set that is used to report and bill for medical, surgical, and diagnostic services.

<sup>2</sup> The Healthcare Common Procedure Coding System (HCPCS) is a collection of codes used to report and bill for medical services, supplies, and procedures

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## What is the Prospective Payment System (PPS)?

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A Prospective Payment System (PPS) refers to the Center for Medicare and Medicaid Services (CMS) reimbursement system where a fixed payment rate is assigned to reimbursable treatments. While these rates may change over time due to factors such as inflation, they are not adjusted to accommodate individual patients. A healthcare provider will always receive the same payment amount for the specific treatment, regardless of the intensity of the service provided.

When billing under a PPS, New York State Medicaid offers billing guidance in provider manuals, personalized for each specific provider type, which deliver information on claim submission, reimbursable codes, and remittance guidelines. For more information, please see: <https://www.emedny.org/ProviderManuals/>.

### **Parent/Caregiver Services:**

HealthySteps-aligned services include services for the entire family, and NY Medicaid and Medicaid Managed Care plans provides reimbursement for services on the adult and caregiver side when the parent/caregiver is a patient at the same site where the child receives services. Although these services cannot be billed under a child's Medicaid number, reimbursement for services such as,

- Smoking cessation counseling,
- Alcohol and substance abuse interventions,
- Individual psychotherapy,
- Family psychotherapy, and
- Virtual communication,

may be available when the parent/caregiver is also a patient, where the services would be billed under the parent(s)/caregiver (s) Medicaid number.

## Applicable CMS Guidelines

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### **New York State Medicaid Reimbursable Clinicians Rendering HealthySteps-Aligned Services:**

NY State Medicaid recognizes reimbursement for HealthySteps-aligned services rendered by the following provider types, when working under their scope of practice.

- Physician
- Physician Assistant (PA)
- Nurse Practitioner (NP)
- Certified Nurse Midwife (CNM)/Licensed Nurse Midwife (LNM)- Verification with insurance carriers is required.
- Registered Nurse (RN) or Licensed Practical Nurse (LPN)-for limited circumstances only. Verification with insurance carriers is required. Federally Qualified Health Centers (FQHCs) and Rural Health Centers (RHCs) may not be eligible for reimbursement for claims submissions for RNs and LPNs)
- Certified Lactation Professionals:
  - International Board-Certified Lactation Consultant (IBCLC)
  - Certified Lactation Specialist (CLS)
  - Certified Breastfeeding Specialist (CBS)
  - Certified Lactation Educator (CLE)
  - Certified Clinical Lactationist (CCL)
  - Certified Breastfeeding Educator (CBE)
- Psychiatrist
- Licensed Clinical Psychologist (LCP)
- Licensed Clinical Social Worker (LCSW) and Licensed Master Social Worker (LMSW)-Supervised by an LCSW or Psychiatrist.
- Licensed Mental Health Counselor (LMHC)
- Licensed Marriage and Family Therapist (LMFT)

## Use of Medical Coding Modifiers Applicable to HealthySteps-Aligned Services

Medical coding modifiers, referred to as modifiers, are composed of two alpha or numeric characters, that when appended to a billing code, will provide additional information about the services rendered, without changing the meaning of the billing code.

The following modifiers are applicable to the billing of HealthySteps-aligned services:

- **Modifier 25** (Distinct Service): This modifier is used when there is a significant, separately identifiable evaluation and management (E&M) service by the same physician on the same date of service as a significant procedure.  
Modifier 25 should be used on an E&M code only when the patient's condition requires a significant, separately identifiable service above and beyond the significant procedure performed on the same date of service (e.g., unexpected screening during a well child visit).
- **Modifier 59** (Separate Procedures or Distinct Procedural Service): This modifier is used to designate instances when distinct and separate multiple services with the same CPT are provided to the patient on a single date of service (e.g., Different screenings that utilize the same CPT code).
- **Modifier HD** (pregnant/parenting women's program): This modifier is used to designate when a depression screening is rendered for the screening of postpartum depression. New York State Medicaid requires its use when billing for G8510 (Screening for depression, documented as negative), and G8421 (Screening for depression documented as positive with a required follow-up plan).

## Reporting of Units

There may be times when your practice is required to report units upon claim submission for services. Units of service can be measured by units of time, or number of services. An example of when the reporting of units for a billing code is applicable to a HealthySteps-aligned service can be seen when billing for the ASQ<sup>®</sup>-3 and the M-CHAT. Both screenings utilize CPT code 96110 for reporting. If both are rendered on the same day, a quantity of, "2," will need to be appended to the billing code upon claim submission. With this example, there will also be a modifier required to identify that the 2 screenings being billed for are distinct procedural services and when looking to the modifiers that are applicable to the billing of HealthySteps-aligned services, you will see that modifier 59 would be the correct choice.

CMS guidelines surrounding the reporting of units, include:

- Multiple lines on a single claim with the same billing code, to signify the provision of multiple units of a single procedure/service should not be submitted.
- One must enter a given CPT code, once, on an APG claim, with the number of units of service provided on that same line.

### **Limited and Expanded Services Rendered by Social Workers**

The New York State Department of Health will allow licensed clinical social workers (LCSWs) to receive reimbursement for **services provided within their scope of practice in private practice settings** for all Medicaid members, and they continue to recognize services rendered by licensed master social workers (LMSWs) when services are supervised by an LCSW, or LCP, or psychiatrist.

LCSW and LMSW **services rendered in Article 28 clinics** for patients under the age of 21, and pregnant women up to 12 months postpartum (based on the date of delivery or end of pregnancy), **continue to be limited to:**

- Mental Health Service-Psychotherapy
  - Individual and family counseling
- Smoking and tobacco use cessation
  - 3-10 minutes
  - More than 10 minutes
- Virtual Communication
  - At least 5 minutes of telephone communication initiated by the patient for a medical discussion.
- Psychiatric Diagnostic Evaluation

LCSWs may supervise up to six (6) LMSWs in either a private practice or clinical setting.

## HealthySteps-Aligned Services

### Child Developmental and Social-Emotional Screenings

Evaluating and promoting optimal child development and well-being includes screenings. Screenings, including those for social-emotional and child development, are a significant component of HealthySteps-aligned services. The table below highlights pertinent billing codes, their descriptions, reimbursable clinicians, and applicable guidelines.

<u>CPT Code</u>	<u>Description</u>	<u>ICD-10 Code</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
96110	Developmental milestone survey, speech and language delay with scoring and documentation, per standardized instrument. Examples: <b>ASQ®-3, M-CHAT-R/F, Milestones, PEDS, SWYC-milestones, POSI</b>	Z13.42- Developmental delays (Milestones)  Z13.41 -Autism screening	Physician  <u>Qualified Health Care Professionals:</u> <ul style="list-style-type: none"> <li>Physician Assistant,</li> <li>Nurse Practitioner,</li> <li>Certified Nurse Midwife</li> </ul>	When rendering services for more than one screening with the same CPT code, Modifier 59 must be appended to the billing code upon claim submission.  Medicaid will reimburse for global developmental (milestone) screenings provided by the primary care physician for up to one time per year in the first three years of a child's life.  Medicaid will reimburse for Autism screenings, provided by the primary care physician, up to two times in a child's first three years of life, beginning at 18 months of age.
96160	<u>Patient-focused</u> health risk assessment instrument with scoring and documentation, per standardized instrument. Example: <b>ACEs-pt. focused</b>	Z13.9-Report for health risk assessments		Effective 1/1/2022 for FFS Medicaid and 4/1/2022 for Medicaid Managed Care Plans, NYS Medicaid will provide separate reimbursement (in addition to the reimbursement for Evaluation and Management Office Visit Services) for general developmental screenings (Milestones), and autism screenings.
96161	<u>Caregiver-focused</u> health risk assessment instrument with scoring and documentation, per standardized instrument. Example: <b>ACEs-caregiver focused</b>	Z13.9-Report or health risk assessments (for caregiver)		Verification with insurance carriers must be made on if psychologists, LCSWs and LMSWs working under clinical supervision, can render screenings to patients to be billed under those reimbursable clinicians.
96127	Social-Emotional Brief emotional/behavioral assessments. Examples: <b>ASQ®:SE-2, ASAS, BYI-2, BASC-2, BRIEF®-2, BISTEA, CRS-R™, BPSC, PPSC, SCARED, ECSA, GAD-7, ASC-Kids, TSCC, &amp; TSCYC, ADHD Rating Scales</b>	Z13.89- Screenings for all other		

## Screening for Depression

CMS recognizes depression screenings, including postpartum depression screenings, for reimbursement, when utilizing a validated screening tool.

Postpartum maternal depression screenings may be reimbursed up to four times within the first year of the infant’s life. Screening can be done by either the mother’s and/or the infant’s health care provider, following the birth of the baby. The infant’s primary health care provider has a unique opportunity to identify postpartum maternal depression and help prevent unfavorable development and mental health outcomes. Screening should be integrated into the well-infant visit schedule.

<u>CPT Code</u>	<u>Description</u>	<u>ICD-10 Code</u>	<u>Reimbursable Clinicians</u>	<u>Applicable Guidelines</u>
G8510	Screening for depression, documented as negative. Exemples : <b>PHQ-9, EPDS, BDI, CES-D Scale, PDSS</b>	Z13.32- Maternal depression screening  Z13.31- Depression screening, other than maternal	Physician  Licensed Clinical Psychologist (LCP)  <u>Qualified Health Care Professionals:</u>  • Physician Assistant (PA)  • Nurse Practitioner (NP)  • Certified Nurse Midwife (CNM)	NYS Medicaid recognizes both “G” codes for the reimbursement of depression screenings. The diagnosis selected will identify the population the screening was rendered to. (Maternal depression, or depression screenings other than maternal).  When rendering services for a postpartum maternal depression screening, modifier “HD” must be appended to the billing code upon claim submission.
G8431	Screening for depression documented as positive: follow up plan is required. Examples: <b>PHQ-9, EPDS, BDI, CES-D Scale, PDSS</b>		Licensed Clinical Social Worker and Licensed Master Social Worker under their clinical supervision or the supervision of an LCP. - Verification at FQHCs and RHCs is required	Postpartum depression screenings can be billed either under the infant’s Medicaid number or the mother’s Medicaid number and will be reimbursed for up to four times within the first year of an infant’s life.  Verification with insurance carriers must be made on if LCSWs and LMSWs working under clinical supervision, can render screenings to patients to be billed under those reimbursable clinicians.



**Note:** Effective 4/1/2022 with FFS Medicaid, and 10/1/2022 with Medicaid Managed Care Organizations, the number of postpartum depression screenings recognized for reimbursement have increased from their previous limit of three times within the first 12 months after the end of the pregnancy, to four times within the first 12 months postpartum. Screenings can be provided by the maternal health care provider and/or by the infant’s health care provider.

### Screening for Adverse Childhood Experiences (ACEs)

ACEs are associated with increased risk of poor mental health outcomes. They are strongly related to brain development and a wide range of health problems throughout the lifetime of an individual. Currently, approximately 30% of HealthySteps sites use ACEs screeners with their families, and **effective January 1, 2024, with New York State Medicaid Fee-for-Service (FFS), and effective April 1, 2024, with Medicaid Managed Care (MMC) plans**, reimbursement will be made available for the ACEs screening when conducted in the primary care setting for children and adolescents up to 21 years of age. The table below highlights pertinent billing codes, their descriptions, reimbursable clinicians, and applicable guidelines.

<u>CPT Code</u>	<u>Description</u>	<u>ICD-10 Code</u>	<u>Reimbursable Clinicians</u>	<u>Applicable Guidelines</u>
G9919	Screening was performed and positive and provision of recommendations. Examples: <a href="#">PEARLS, ACEs Questionnaire for adults</a>	Recognized diagnoses to report with an ACEs screening was not included in the NYS Medicaid guidance but if there is an ICD-10, Z-code that represents any present social determinant(s) of health, it should be reported upon billing	Physician  Nurse Practitioner  Licensed or unlicensed providers under the supervision of a licensed provider (to be billed under that licensed provider) with training and experience using the screening tools and delivery of trauma-informed care	ACEs screening is included within the Prospective Payment System (PPS) primary care rate for Federally Qualified Health Centers (FQHCs).  Parents/caregivers should complete the ACEs screening on behalf of children under 13 years of age.  Identification of the screening tool and positive or negative result must be documented. A review of the screening must also be done with the patient and/or the parent/caregiver.  If the screening is positive for ACEs, based on the provider discretion, the provider must consider the factors that influence the risk of the child for associated negative outcomes, and develop a treatment plan in partnership with the patient or parent/caregiver. Providers can
G9920	Screening performed and negative. <a href="#">PEARLS, ACEs Questionnaire for adults</a>			

				make referrals to appropriate resources such as mental health providers or community-based organizations.
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**Health and Behavior Assessment/Re-assessment, and Interventions with or without the Family Present**

Health and behavior assessment/re-assessment, and interventions, are used to identify and address the psychological, behavioral, emotional, cognitive, and interpersonal factors important to the assessment, treatment, and/or management of **physical health problems**. The patient’s primary diagnosis must be physical in nature and the focus of the assessment and intervention is on factors complicating the medical conditions and treatments. These codes describe assessments and interventions to improve the patient’s health and wellbeing utilizing psychological and/or psychosocial assessments designed to ameliorate specific disease-related problems.

The Health and Behavior Assessment or Re-assessment code identifies and reports the assessment of psychological, behavioral, emotional, cognitive, and relevant social factors that can prevent the treatment or management of physical health problems. The assessment or re-assessment must be associated with an acute or chronic illness. Health and Behavior Intervention codes report intervention services for the factors relevant to and affecting the patient’s physical health problem(s).

The table on the following page highlights the billings codes, their descriptions, the reimbursable clinicians, and guidelines for health and behavior assessments/re-assessments, and interventions with or without the family present.

<b>Health and Behavior Assessment/ Re-assessment</b>		<b>Reimbursable Clinician(s)</b>	<b>Applicable Guidelines</b>
<b>CPT Code</b>	<b>Description</b>		
96156	Health and behavior assessment or re-assessment (e.g., health-focused clinical interview, behavioral observations, clinical decision making)	Physician  Nurse Practitioner (NP)	Services do not focus on the mental health of a patient, but rather on the biopsychosocial factors that are, or could affect the treatment of, or severity of, the patient's <b>physical condition</b> . Patient must have an established illness or symptom(s) and cannot have been diagnosed with a mental illness.
<b>Health and Behavior Intervention with and without Family Present</b>			
96167 and 96168	<p>96167-Health and behavior intervention, family <b>with</b> patient present. Face-to-face; initial 30 minutes</p> <p>96168-Health and behavior intervention, family <b>with</b> patient present. Face-to-face; each additional 15 minutes</p>	Physician Assistant (PA)  Certified Nurse Midwife (CNM)  Licensed Clinical Psychologist (LCP)	<p>96156 can be billed only once per day regardless of the amount of time required to complete the overall service.</p> <p>These services cannot be reported on the same day as preventive medical counseling or risk factor reduction codes, when rendered by the same provider. These services cannot be reported on the same day as psychiatric services.</p> <p>96168 is an add-on code for 96167, indicating that it can only be reported with 96167 if the additional time indicated in its description was rendered and documented for.</p>
96170 and 96171	<p>96170-Health and behavior intervention <b>without</b> the patient present. Face-to-face; initial 30 minutes</p> <p>96181-Health and behavior intervention <b>without</b> the patient present. Face-to-face; each additional 15 minutes</p>		<p>When services are rendered by a physician, PA, and NP, these codes may not be recognized for reimbursement. Insurance carriers may require the billing of evaluation and management office visit codes. Verification is required.</p> <p>Documentation for assessment or reassessment services should include, but is not limited to, the patient's physical illness (health focus interview), and identification of the factors that are either preventing successful treatment and/or management of the illness. Documentation should also include how these risk factors are impeding the successful management of the illness or are preventing treatment.</p> <p>96171 is an add-on code for 96170, indicating that it can only be reported with 96170 if the additional time indicated in its description, was rendered, and documented for.</p> <p>Documentation for intervention services should include, but is not limited to, the time spent rendering the service, the patient's physical diagnosis, identification of the factors and the reasons why they are impeding successful treatment and/or management of the patient's physical illness. Additionally, the name of the family member(s), their relationship to the patient, and their involvement in the patient's care must also be documented.</p>

## Care Management: General Behavioral Health Integration

Integrating mental and behavioral health in the primary care setting is an effective strategy for improving outcomes for patients with behavioral health conditions. Medicaid recognizes General Behavioral Health Integration services for the reimbursement of care management services for patients with behavioral health conditions, when at least 20 minutes of services have been rendered to the patient, per calendar month, when **billed by a supervising physician (primary care physician) for services rendered by that physician and/or other clinical staff members. Examples of clinical staff members include, but are not limited to, social workers and psychologists.** (Verification with insurance carriers on the additional clinicians recognized as eligible clinical staff, is required.)

The table below highlights the billings codes, their descriptions, and pertinent service guidelines for General Behavioral Health Integration Care Management.

<u>CPT Code</u>	<u>Description</u>	<u>ICD-10 Code</u>	<u>Reimbursable Clinicians</u>	<u>Applicable Guidelines</u>
99484	Care management services for behavioral health conditions, at least 20 minutes of clinical staff time, directed by a physician or other qualified health care professional, per calendar month	Diagnosis codes for mental/behavioral health conditions	Supervising Physician	Services must be prescribed and billed by a supervising physician.
G0511 <i>(For FQHCs and RHCs)</i>	Care management services for behavioral health conditions, at least 20 minutes of clinical staff time, directed by a physician or other qualified health care professional, per calendar month <b>(Medicaid designated this billing) code for FQHCs and RHCs reporting this service)</b>			<p>Care planning is required and must be related to behavioral /psychiatric health problem(s), including revision for patients who are not progressing or whose status has changed.</p> <p>Services include facilitating and coordinating treatment such as pharmacotherapy, psychotherapy, and/or psychiatric consultation (if required), and continuity of care with a designated member of the patient’s care team (supervising physician and clinical staff), follow-up monitoring and use of applicable rating scales.</p> <p>Documentation of the time spent with the patient rendering the service is required in each note, where the cumulation of at least 20 minutes of service per month must be accounted for.</p>

				Time spent strictly on administrative duties should not be counted towards the time threshold to bill for general behavioral health integration case management.
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## Psychiatric Diagnostic Evaluation

A psychiatric diagnostic evaluation is used to diagnose problems with behaviors, thought processes, and memory. Assessments must be provided, followed by appropriate treatment recommendations.

The below table highlights the billing code, its description, reimbursable clinicians, and guidelines for reporting psychiatric diagnostic evaluations.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinicians</u>	<u>Applicable Guidelines</u>
90791	Psychiatric diagnostic evaluation	<p>Licensed Clinical Psychologist (LPC)</p> <p>Psychiatrist</p> <p>Licensed Clinical Social Worker (LCSW) and Licensed Master Social Worker (LMSW) under the supervision of an LCSW or LCP or psychiatrist</p>	<p>Services for an evaluation assessment includes assessment of the patient's psychosocial history, current mental status, reviewing and ordering diagnostic studies followed by appropriate treatment recommendations, a description of behaviors and when they occur and how long they last, which behaviors most often happen and under what conditions, and how behaviors impact performance in school, daycare, and other activities and relationships with others (E.g., parent(s)/caregiver(s), sibling(s).</p> <p>Interviews and communication with family members or other sources are included with the reporting of 90791.</p> <p>Communication factors that complicate the diagnostic evaluation may result in the need for interactive complexity and can be reported in conjunction with the evaluation (See interactive complexity).</p> <p>Since diagnostic evaluations include continuing psychiatric evaluation, psychotherapy codes are not to be reported with diagnostic evaluations on the same date of service.</p> <p>Care managers can include psychologists and licensed clinical social workers, but psychiatric evaluations are only reimbursable when billed under those clinicians that are indicated as reimbursable.</p> <p>All services that are required and rendered must be included in the documentation.</p>

## Psychological, Neuropsychological, and Developmental Test Administrations and Evaluations

Not to be confused with screenings, psychological, neurological, and developmental testing and evaluation involves more extensive services to be rendered. Information for each of these services is highlighted below.

### Psychological Test Administration and Evaluation

Psychological testing and evaluation are measures of mental functioning including personality, emotions, and intellectual functioning. Rendering this service is at the clinician’s judgement, where the reason(s) for his/her decision to render the service should be documented in the medical record. Some signs that psychological testing and evaluation may be necessary include significant social withdrawal, difficulties with speech and concentration, and significant difficulties with social activities including school and daycare. Approved testing tools must be verified with insurance carriers.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for the reporting of psychological testing and evaluation.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
96130	Psychological testing and evaluation; first hour	Licensed Clinical Psychologist (LCP)	<p>Testing is reimbursable when a current medical or mental health evaluation has been conducted and a specific diagnostic or treatment question still exists which cannot be answered by a psychiatric diagnostic evaluation and history-taking.</p> <p>Integration of patient data, interpretation of standardized test results, clinical data, decision making and interactive feedback to patient, parent(s)/caregiver(s), including treatment plan and reporting must be rendered and documented for in the patient’s medical record.</p> <p>Because these are time-based codes, the total time rendering and interpreting the service must be documented, E.g., a start and stop time.</p>
96131	Psychological testing, evaluation, each additional hour after the first hour of service		<p>96131 is an add-on code for 96130, signifying it can only be billed with 96130, when an additional hour of service is rendered, after the first hour of service was rendered.</p>

## Neuropsychological Test Administration and Evaluation

Neuropsychological testing and evaluation measure a child’s intellectual abilities, attention, learning, memory, visual-spatial skills, visual-motor integration, language, motor coordination, neurocognitive abilities, and executive functioning skills such as organization and planning. It may also address emotional, social, and behavioral functioning.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting neuropsychological testing evaluation services.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
96132	Neuropsychological test(s) administration(s) and evaluation(s); first hour. Face-to-face services	Licensed Clinical Neuropsychologist  Licensed Clinical Psychologist (LCP) ( <b>verification with insurance carriers is required</b> )	Service and documentation requirements include its medical necessity, test with results and interpretation, clinical data and decision making, treatment planning, and interactive feedback to the patient and/or parent(s)/caregiver(s).  Because these are time-based codes, the total time rendering and interpreting the service must be documented for. E.g., a start and stop time.  Neuropsychological testing may be rendered by a licensed clinical psychologist when consistent with the scope of license and competency of the provider.
96133	Neuropsychological test administration and evaluation, each additional hour after the first hour of service		96133 is an add-on code for 96132, signifying it can only be billed with 96132, when an additional hour of service is rendered, after the first hour of service was rendered.

## Developmental Testing with Interpretation

Developmental testing is not to be confused with developmental screenings. Screenings identify who may be at risk, while testing develops more of a concrete picture. Testing involves the assessment of fine and/or gross motor/language, cognitive level, social, and memory or executive functions where the interpretation of the standardized test results and clinical data is included. Testing is reimbursable when a child has signs concerning developmental delay or loss of previously acquired developmental skills or when a developmental screening test presents red flags. Approved testing tools must be verified with insurance carriers.

The table on the following page highlights the billing codes, their descriptions, reimbursable clinician, and guidelines for reporting a developmental test administration.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
96112	Developmental test administration including assessment of fine and /or gross motor, language, cognitive level, social, and memory or executive functions by standardized developmental instruments with interpretation and report, initial hour	Licensed Clinical Psychologist (LCP)  Psychiatrist	<p>Billing code applies to testing for developmental disorders. Reporting should include objective and subjective assessment.</p> <p>Why testing was provided, which standardized test instrument was used, test results, interactive feedback with patient and/or parent(s)/caregiver(s), and any appropriate actions taken are required and must be included in your documentation.</p> <p>Because these are time-based codes, the total time rendering and interpreting the service must be documented for. E.g., a start and stop time.</p>
96113	Developmental test administration; each additional 30 minutes after the first hour of service		96113 is an add-on code for 96112, signifying it can only be billed with 96112, when an additional 30 minutes of service is rendered, after a full hour of service was rendered.

## Interactive Complexity

Interactive complexity is an add-on code specific for reporting with certain psychiatric services. It is billed to report communication difficulties during the visit. Interactive complexity can involve the use of:

- Physical aids and non-verbal communication to overcome barriers to therapeutic interaction between the clinician and a patient who has not yet developed, or
- Has lost either expressive language, communication skills to explain his/her symptoms and response to treatment, or the receptive communication skills to understand the clinician if she/he were to use ordinary adult language for communication.

Interactive complexity can be reported when **at least one** of the following communication factors is present during the visit (these communication factors are considered to additionally increase the intensity of services):



- The need to manage maladaptive communication related to high anxiety, high reactivity, repeated questions, or disagreement among participants that complicates delivery of care.
- Caregiver emotions or behaviors that interfere with implementation of the treatment plan.
- If reporting to a third party is required due to an incident in the patient’s life that may have caused psychological damage. The incident must be newly discovered-e.g., abuse, neglect.
- Use of play equipment or other physical devices to communicate with the patient to overcome barriers to therapeutic or diagnostic interaction between the physician or other qualified health care professional; and a patient who has not developed, or has lost, either the expressive language communication skills to explain his or her symptoms and respond to treatment, or a patient who lacks receptive communication skills to understand the physician or other qualified health care professional if he/she were to use typical language for communication.

**Note:** To align with federal and the Center of Medicaid/Medicare Services (CMS) required language, effective 1/2022, Current Procedural Terminology (CPT) guidelines removed the use of interpreters and translator services from the list of communication factors that support medical necessity when coding for interactive complexity but when **Licensed Clinical Social Workers, Licensed Mental Health Counselors and Licensed Marriage and Family Therapists render sign language or oral interpreter services**, CMS recognizes the reporting of HCPCS code T1013 for 15 minutes of these services when rendered to patients by these mental health professionals.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting interactive complexity.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
90785	Interactive complexity	Licensed Clinical Psychologist (LCP)  Psychiatrist  Licensed Clinical Social Worker (LCSW) and Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW or an LCP or a Psychiatrist	90785 is an add-on code, meaning it cannot be reported on its own and can be billed in conjunction with other services. The approved services that interactive complexity can be billed with are, <ul style="list-style-type: none"> <li>• Psychiatric evaluations (90791, 90792)</li> <li>• Psychotherapy services (90832, 90833, 90834, 90836, 90837, 90838, 90853) Psychotherapy with crisis and family psychotherapy are not approved as reportable services with interactive complexity.</li> </ul> <p>When reported with psychotherapy services, the additional time spent with a patient due to interactive complexity should not be calculated towards the time reported for the psychotherapy service.</p> <p>Documentation must include communication factor(s) and how they increased the intensity of the services being rendered by the additional</p>

		Licensed Mental Health Counselor (LMHC)	difficulty in either delivering the service or providing treatment to the patient.
		Licensed Marriage and Family Therapist (LMFT)	Modifier 59 is not applicable. Coding for the interactive complexity component represents the increased work intensity of the services rendered.

## Psychotherapy

Psychotherapy, also known as talk therapy, counseling, psychosocial therapy or simply, therapy, is reimbursed by Medicaid and Medicaid Managed Care Organizations when the patient, or parent/caregiver is the primary patient.

The below table highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting psychotherapy.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
90832	Psychotherapy with patient-30 minutes	Licensed Clinical Psychologist (LCP)	Psychotherapy is not to be reported on the same date of service with psychiatric diagnostic evaluations.
90834	Psychotherapy with patient-45 minutes	Psychiatrist	A signed and dated treatment plan is required and must include, but is not limited to, the patient's diagnosis, treatment goals, and number of sessions ordered by the physician, nurse practitioner, or physician's assistant. The ordering physician must sign the treatment plan, certifying medical necessity for the service(s).
90837	Psychotherapy with patient-60 minutes	Licensed Clinical Social Worker (LCSW) and Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW, or an LCP or a Psychiatrist  Licensed Mental Health Counselor (LMHC)  Licensed Marriage and Family Therapist (LMFT)	Documentation must include the patient's diagnosis, symptoms, functional status, mental status examination, treatment plan, prognosis, progress and how the patient is benefiting from the therapy in reaching his/her goals(s). Also, the time spent rendering the service (E.g., start and stop time), and a description of the techniques used to treat the patient's condition must be documented.  Reviewing of records, communicating with other providers, observing, and interpreting patterns of behavior, communication between the patient and family and family with other family members, and decision making are included in psychotherapy services and are not separately billable. Additional time spent on these services should not be calculated and incorporated into the time-based psychotherapy code being billed.

90847	Family psychotherapy with patient present-50 minutes		<p>The patient must be present for the entire or majority of the service with family/caregiver(s). Family therapy is most often used to help treat a patient’s problem that is affecting the entire family/caregiver(s). Family dynamics as they relate to the patient's mental status and/or behavioral should be the focus of the sessions.</p>
90846	Family psychotherapy without the patient present-50 minutes		<p>Attention should be given to the impact the patient's condition has on the family, with therapy aimed at improving interactions between the patient and family member(s)/caregiver(s).</p> <p>Also included in the code: Reviewing records, communicating with other providers, observing, interpreting patterns of behavior, communication between the patient and family, and decision making.</p> <p>Family therapy can only be billed under a child, when rendered due to his/her diagnosis.</p> <p>Because these are time-based codes, the total time rendering the service must be documented for. E.g., a start and stop time.</p> <p>Documentation and treatment plan guidelines for psychotherapy are also pertinent for family psychotherapy.</p> <p>Practices/sites should verify with insurance carriers if reimbursement will be recognized for services rendered by an LMHC and an LMFT. Certain practice types may not include these professionals in their insurance carrier reimbursement agreements.</p> <p>Family psychotherapy without the patient present requires the same elements of care and documentation with the addition of the provider’s requirement to document why the patient was not present for the psychotherapy session.</p>

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
90839	Psychotherapy for crisis; first 60 minutes	<p>Psychiatrist</p> <p>Licensed Clinical Psychologist (LCP)</p> <p>Licensed Clinical Social Worker (LCSW)</p> <p>Licensed Master of Social Work (LMSW) under the clinical supervision of an LCSW, or LCP, or Psychiatrist</p>	<p>Psychotherapy for crisis cannot be reported with any other mental health service, on the same day.</p> <p>Documentation must contain an indication that the psychotherapy was provided for an urgent assessment and history of a crisis state.</p> <p>Required services include a mental status examination, disposition, and that the patient presented in a high level of distress with a complex or life-threatening problem that required immediate attention.</p>
90840	Psychotherapy for crisis; each additional 30 minutes, after the first 60 minutes of service is rendered	<p>Licensed Mental Health Counselor (LMHC)</p> <p>Licensed Marriage and Family Therapist (LMFT)</p>	<p>Documentation and treatment plan guidelines for Psychotherapy are pertinent in Psychotherapy for Crisis.</p> <p>Because these are time-based codes, the total time rendering the service must be documented for. E.g., a start and stop time.</p> <p>Practices/sites should verify with insurance carriers if reimbursement will be recognized for services rendered by an LMHC and an LMFT. Certain practice types may not include these professionals in their insurance carrier reimbursement agreements.</p>
<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
90849	Multiple family group psychotherapy ( <b>A group consisting of two or more different families</b> )	<p>Psychiatrist</p> <p>Licensed Clinical Psychologist (LCP)</p>	<p>Practices/sites should verify with insurance carriers if reimbursement will be recognized for services rendered by an LMHC and an LMFT. Certain practice types may not include these professionals in their insurance carrier reimbursement agreements.</p>
90853	Group psychotherapy ( <b>Other than multiple family group-A group of at least 2 or more patients without family members</b> )	<p>Licensed Clinical Social Worker (LCSW)</p> <p>Licensed Master of Social Work (LMSW) under the clinical supervision of an LCSW, or LCP or Psychiatrist</p> <p>Licensed Mental Health Counselor (LMHC)</p> <p>Licensed Marriage and Family Therapist (LMFT)</p>	<p>For those Federally Qualified Health Centers (FQHCs) and FQHC look-a-likes, and Rural Health Centers (RHCs) under the PPS billing methodology: Group psychotherapy services are not usually covered by FFS Medicaid in FQHC, FQHC look-a-likes, and RHCs, but some sites have witnessed reimbursement. <b>Verification with insurance carriers is required for reimbursement opportunities, and applicable service guidelines.</b></p> <p>Practices/sites should verify with insurance carriers if reimbursement will be recognized for services rendered by an LMHC and an LMFT. Certain practice types may not include these professionals in their insurance carrier reimbursement agreements.</p>

### **Important Notes:**

The reporting of individual versus family psychotherapy is at the clinical discretion of the provider, but insurance carrier guidelines must be verified, as some carriers may have an age minimum guideline in place for reporting individual psychotherapy. Please review the guidelines indicated in the family psychotherapy section to assist with your decision in reporting.

Although there are sources indicating the ability to **report psychotherapy services when more than 50% of the time allotted in their billing code descriptions** was spent rendering the service, insurance carriers can require the entire time in the billing codes description to be rendered, or if they have determined a minimum time requirement for reimbursement of services. Verification with insurance carriers is required. **If insurance carriers do allow the billing for psychotherapy services with minimum time requirements**, please look to the following source for direction:

<https://www.apaservices.org/practice/reimbursement/health-codes/psychotherapy>

## Prevention Based Psychotherapy

Two-generational and preventative approaches are critical when supporting and caring for the health and well-being of children and their caregivers. To support these approaches, effective 3/1/2023 New York State Medicaid Fee-For-Service (FFS) and effective April 1, 2023, NYS Medicaid Managed Care Plans, recognize individual, multi-family group, group, and family psychotherapy for reimbursement, when rendered to patients under the age of 21 and/or the parent/caregiver of the patient, to prevent childhood behavioral health issues and/or illness, in the absence of a mental health diagnosis.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and information on where to obtain guidelines for reporting preventive-based psychotherapy.

<u>CPT Code</u>	<u>Description</u>	<u>Required ICD-10 Diagnosis Code</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
90832	Psychotherapy with patient-30 minutes	Z65.9-Problem related to unspecified psychosocial circumstances	Licensed Clinical Psychologist (LCP)	<p>Medicaid FFS billing and claims questions should be directed to the eMedNY Call Center at (800) 343-9000.</p> <p>Medicaid FFS coverage and policy questions should be directed to the Office of Health Insurance Programs (OHIP) Division of Program Development and Management (DPDM) by telephone at (518) 473-2160, or by email at <a href="mailto:FFSMedicaidPolicy@health.ny.gov">FFSMedicaidPolicy@health.ny.gov</a>.</p> <p>Medicaid Managed Care (MMC) Plans enrollment, reimbursement, billing and/or documentation requirement questions should be directed to the specific MMC plan of the patient/enrollee. Providers can refer to the eMedNY New York State Medicaid Program Information for All Providers-Managed Care Information Document at <a href="https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information%20for%20All%20Providers%20Managed%20Care%20Information.pdf">https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information for All Providers Managed Care Information.pdf</a> for contact information per MMC plan.</p> <p>All other questions and concerns may be directed to the OHIP Maternal and Child Health Bureau (MCHB) at <a href="mailto:maternalandchild.healthpolicy@health.ny.gov">maternalandchild.healthpolicy@health.ny.gov</a>.</p>
90834	Psychotherapy with patient-45 minutes		Psychiatrist	
90837	Psychotherapy with patient-60 minutes		Licensed Clinical Social Worker (LCSW)	
90847	Family Psychotherapy with patient present-50 minutes		Licensed Master Social Worker (LMSW) under the clinical supervision of a LCSW, or an LCP or a Psychiatrist	
			Licensed Mental Health Counselor (LMHC)	
			Licensed Marriage and Family Therapist (LMFT)	
			Licensed Clinical	

90846	Family psychotherapy without the patient present 50 minutes	Z65.9-Problem related to unspecified psychosocial circumstances	<p>Psychologist (LCP)</p> <p>Psychiatrist</p> <p>Licensed Clinical Social Worker (LCSW)</p> <p>Licensed Master Social Worker (LMSW) under the clinical supervision of a LCSW, or an LCP or a Psychiatrist</p> <p>Licensed Mental Health Counselor (LMHC)</p> <p>Licensed Marriage and Family Therapist (LMFT)</p>	<p>For 90847, the patient must be present for the entire or majority of service with family/caregiver(s).</p> <p>For 90846, the patient does not need to be present for the service with family/caregiver(s).</p> <p>Medicaid FFS billing and claims questions should be directed to the eMedNY Call Center at (800) 343-9000.</p> <p>Medicaid FFS coverage and policy questions should be directed to the Office of Health Insurance Programs (OHIP) Division of Program Development and Management (DPDM) by telephone at (518) 473-2160, or by email at <a href="mailto:FFSMedicaidPolicy@health.ny.gov">FFSMedicaidPolicy@health.ny.gov</a>.</p> <p>Medicaid Managed Care (MMC) Plans enrollment, reimbursement, billing and/or documentation requirement questions should be directed to the specific MMC plan of the patient/enrollee. Providers can refer to the eMedNY New York State Medicaid Program Information for All Providers-Managed Care Information Document at <a href="https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information%20for%20All%20Providers%20Managed%20Care%20Information.pdf">https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information for All Providers Managed Care Information.pdf</a> for contact information per MMC plan.</p> <p>All other questions and concerns may be directed to the OHIP Maternal and Child Health Bureau (MCHB) at <a href="mailto:maternalandchild.healthpolicy@health.ny.gov">maternalandchild.healthpolicy@health.ny.gov</a>.</p>
<b>CPT Code</b>	<b>Description</b>		<b>Reimbursable Clinician(s)</b>	<b>Applicable Guidelines</b>
90849	Multiple family group psychotherapy (A group consisting of two or more different families)	Z65.9-Problems related to psychosocial circumstances	<p>Psychiatrist</p> <p>Licensed Clinical Psychologist (LCP)</p> <p>Licensed Clinical Social Worker (LCSW)</p> <p>Licensed Master Social Worker (LMSW) under clinical supervision of an LCSW, or</p>	<p>Medicaid FFS billing and claims questions should be directed to the eMedNY Call Center at (800) 343-9000.</p> <p>Medicaid FFS coverage and policy questions should be directed to the Office of Health Insurance Programs (OHIP) Division of Program Development and Management (DPDM) by telephone at (518) 473-2160, or by email at <a href="mailto:FFSMedicaidPolicy@health.ny.gov">FFSMedicaidPolicy@health.ny.gov</a>.</p> <p>Medicaid Managed Care (MMC) Plans enrollment, reimbursement, billing and/or documentation requirement questions should be directed to the specific MMC plan of the patient/enrollee. Providers can refer to the eMedNY New York State Medicaid Program Information for All Providers-Managed Care Information Document at <a href="https://www.emedny.org/ProviderManuals/AllProvid">https://www.emedny.org/ProviderManuals/AllProvid</a></p>

			<p>LCP, or Psychiatrist</p> <p>Licensed Mental Health Counselor (LMHC)</p> <p>Licensed Marriage and Family Therapist (LMFT)</p>	<p><a href="#">ers/PDFS/Information for All Providers Managed Care Information.pdf</a> for contact information per MMC plan.</p> <p>All other questions and concerns may be directed to the OHIP Maternal and Child Health Bureau (MCHB) at <a href="mailto:maternalandchild.healthpolicy@health.ny.gov">maternalandchild.healthpolicy@health.ny.gov</a>.</p> <p>For those Federally Qualified Health Centers (FQHCs) and FQHC look-a-likes, and Rural Health Centers (RHCs) under the PPS billing methodology: Group psychotherapy services are not usually covered by FFS Medicaid in FQHC, FQHC look-a-likes, and RHCs, but some sites have witnessed reimbursement. <b>Verification with insurance carriers is required for reimbursement opportunities, and applicable service guidelines.</b></p>
90853	Group psychotherapy (Other than multiple family group- (A group of at least 2 or more patients without family members)			<p>Medicaid FFS billing and claims questions should be directed to the eMedNY Call Center at (800) 343-9000.</p> <p>Medicaid FFS coverage and policy questions should be directed to the Office of Health Insurance Programs (OHIP) Division of Program Development and Management (DPDM) by telephone at (518) 473-2160, or by email at <a href="mailto:FFSMedicaidPolicy@health.ny.gov">FFSMedicaidPolicy@health.ny.gov</a>.</p> <p>Medicaid Managed Care (MMC) Plans enrollment, reimbursement, billing and/or documentation requirement questions should be directed to the specific MMC plan of the patient/enrollee. Providers can refer to the eMedNY New York State Medicaid Program Information for All Providers-Managed Care Information Document at <a href="https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information for All Providers Managed Care Information.pdf">https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information for All Providers Managed Care Information.pdf</a> for contact information per MMC plan.</p> <p>All other questions and concerns may be directed to the OHIP Maternal and Child Health Bureau (MCHB) at <a href="mailto:maternalandchild.healthpolicy@health.ny.gov">maternalandchild.healthpolicy@health.ny.gov</a></p>



## Health and Behavior Assessment, Re-Assessment, and Individual Intervention

Health and behavior assessments/re-assessments and interventions are used to identify and address the psychological, behavioral, emotional, cognitive, and interpersonal factors important to the assessment, treatment, or management of **physical health problems**. The patient’s primary diagnosis must be physical in nature, and the focus of the assessment and intervention is on factors complicating the physical health’s medical condition(s) and treatment(s). These codes describe assessments and interventions to improve the patient’s health and well-being, utilizing psychological and/or psycho-social assessments designated to ameliorate specific disease-related problems.

Services can be rendered to both the patient and the parent(s)/caregiver(s) but those services whose description includes “Individual” are services that can be rendered to the parent(s)/caregiver(s) when they too are patient(s) at the practice, where the billing occurs under their insurance carrier ID number and services are documented in their medical record.

The **Health and Behavior Assessment or Re-assessment** code is used to report the identification and assessment or re-assessment of psychological, behavioral, emotional, cognitive, and interpersonal (social) factors that can prevent, treat, or manage a patient’s physical health problem(s). The assessment or re-assessment must be associated with an existing acute or chronic illness, the prevention of a physical illness or disability, and the maintenance of health.

**Health and Behavior Intervention** services are to modify the psychological, behavioral, emotional, cognitive, and social factors relevant to and affecting the patient’s physical health problems, not with the focus not on mental health issues, but rather on how such factors may be contributing to the treatment of their established illness(s). If the patient has a mental health diagnosis, this code would not be appropriate to report. The patient’s primary diagnosis must be physical in nature and the goals of the interventions should be to improve the patient’s health and wellbeing utilizing psychological and/or psychosocial procedures designed to ameliorate specific disease-related problems.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting health and behavior assessments/re-assessments, and intervention services.

<b>Health and Behavior Assessment/ Re-assessment</b>		<b>Reimbursable Clinician(s)</b>	<b>Applicable Guidelines</b>
<b>CPT Code</b>	<b>Description</b>		
96156	Health and behavior assessment or re-assessment (e.g., health-focused clinical interview, behavioral observations, clinical decision making)	Physician  Nurse Practitioner (NP)  Physician Assistant (PA)  Certified Nurse Midwife	Services do not focus on the mental health of a patient, but rather on the biopsychosocial factors that are, or could affect the treatment of, or severity of, the patient's <b>physical condition</b> . Patient must have an established illness or symptom(s) and cannot have been diagnosed with a mental illness. Assessments identify the factors that are directly affecting the patient’s physiological function, disease status, health, and general well-being. Patient must have an established illness and cannot have been diagnosed with a mental health illness.

		(CNM) <b>(Verification with insurance carriers is required)</b>  Licensed Clinical Psychologist (LCP)	Documentation for assessment or re-assessment services should include, but is not limited to, the patient’s physical illness(s) (health focused interview), identification of the factors that are either preventing successful treatment and/or management of the illness and how these risk factors are impeding on the successful management of the illness(s).  96156 can be billed only once per day regardless of the amount of time required to complete the overall service.  These services cannot be reported on the same day as preventive medical counseling or risk factor reduction codes, when rendered by the same provider. These services cannot be reported on the same day as psychiatric services.
<b>Health and Behavior Intervention</b>			
96158 and 96159	<p><u>96158</u>-Health and behavior intervention, individual. Face-to Face; initial 30 minutes</p> <p><u>96159</u>-Health and behavior intervention, individual. Face-to Face; each additional 15 minutes</p>		<p>Intervention services are for the modification of the psychological, behavioral, emotional, cognitive, and social factors that have been identified as directly affecting the patient’s physiological function, disease status, health, and general well-being. Patient must have an established illness and cannot have been diagnosed with a mental health illness.</p> <p>96159 is an add-on code for 96158, indicating that it can only be reported with 96158 if the additional time indicated in its description was rendered.</p> <p>Because 96158 and 96159 are time-based codes, therefore, the total time rendering the service must be documented for. E.g., a start and stop time.</p> <p>When services are rendered by a physician, PA, and NP, these codes may not be recognized for reimbursement. Insurance carriers may require the billing of evaluation and management office visit codes. Verification is required.</p>

### Screening, Brief Intervention, and Referral to Treatment (SBIRT) Services

SBIRT services is an evidence-based approach to identifying patients who use alcohol and other drugs.

Medicaid reimbursement will be available for screening for alcohol and substance abuse when the parent/caregiver is also a patient of the practice.

The table on the following page highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting SBIRT services.

<u>HCPCS Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
H0049 or G0442	Alcohol and substance abuse screening (Screening ONLY)- Completed screening tool with scoring	Physician  Nurse Practitioner (NP)  Licensed Clinical Psychologist (LCP)	OASAS approved training/certification required.  <u>For the screening only (H0049)</u> : If patient does not have an established diagnosis related to alcohol or substance abuse, append ICD-10 code Z02.83 (Screening for blood-alcohol and blood-drug test) <u>For intervention services (H0050)</u> : All diagnoses related to alcohol/substance abuse will support medical necessity for the service.
H0050	Alcohol and substance abuse brief intervention, per 15 minutes (Group services may not be provided)	Certified Nurse Midwife (CNM)  Code H0049 or G0442 also includes Licensed Clinical Social Worker (LCSW) and Licensed Master Social Worker under their supervision or the clinical supervision of an LCP.	Because an intervention (H0050) is a time-based code, the total time rendering the service must be documented for. E.g., a start and stop time.  Commonly used pre-screening tools are AUDIT-C, NIDA Quick Screen, Four Ps, DAST1. Commonly used full screening tools are, AUDIT, ASSIST, DAST10, and T-ACE, TWEAK for pregnant patients.  Each unit reported for H0050 is equivalent to 15 minutes of time spent rendering the service to the patient. Depending on time spent rendering the service, billing for more than 1 unit may be required.  H0049 and H0050 are the billing codes recognized by Medicaid and Medicaid Managed Care carriers, billing codes 99408 (Alcohol and/or substance abuse structured screening and brief intervention services; 15-30 minutes) and 99409 (Alcohol and/or substance abuse structured screening and brief intervention services; greater than 30 minutes, should be reported when billing commercial insurance carriers.

OASAS Training Requirements:

- 4 hours of OASAS approved training/certification  
<https://webapps.oasas.ny.gov/training/searchresults.cfm?sbirt=4>
- 12 hours of OASAS approved training/certification  
<https://webapps.oasas.ny.gov/training/searchresults.cfm?sbirt=12>

For information on the OASAS Certification process: <https://webapps.oasas.ny.gov/training/index.cfm>

For billing questions: [SBIRTNY@oasas.ny.gov](mailto:SBIRTNY@oasas.ny.gov)

## Smoking Cessation

Effective April 1, 2021, Medicaid expanded the list of practitioners who can be reimbursed for providing smoking cessation counseling services, including those practices that bill under the APG Medicaid billing methodology. The below table highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting smoking cessation services.

CPT Code	Description	Reimbursable Clinician(s)	Applicable Guidelines
99406	Smoking and tobacco use cessation counseling visit; intermediate, <b>greater than 3</b> minutes, up to 10 minutes	Physician  Physician Assistant (PA)  Nurse Practitioner (NP)	Group sessions (2-8 patients) are available for reimbursement for sessions greater than 10 minutes. Billing requires a modifier HQ appended to CPT code 99407. <b>(For those FQHCs, FQHC look-a-likes, and RHCs billing under the PPS methodology: Clinics may not be eligible to bill for group services-verification with insurance carrier(s) is required.)</b>
99407	Smoking and tobacco use cessation counseling visit; Intensive, <b>greater than 10</b> minutes	Licensed Certified Midwife (CNM) during medical visits  Licensed Clinical Psychologist (LCP)  Licensed Clinical Social Worker (LCSW)  Licensed Master Social Worker (LMSW) under clinical supervision of an LCSW or an LCP  Registered Nurse (RN)  Licensed Practical Nurse (LPN)	Documentation of time rendering services is required, as well as the content of the counseling.  When 3 minutes or less is spent counseling patients, the service is not separately reimbursable.  Medicaid coverage includes all medications to treat smoking cessation listed on the eMedNY Medicaid Pharmacy List of Reimbursable Drugs.  Billing for services provided by Registered Nurses and Licensed Practical Nurses at FQHCs and RHCs must be verified with insurance carriers-services may need to be billed under the ordering physician.  Medicaid covers unlimited cessation counseling but verification with Medicaid Managed Care carriers must be made on if they will also reimburse for unlimited smoking cessation counseling visits.  All smoking related diagnoses will support medical necessity for the services.  Services and documentation requirements for smoking cessation are: <ul style="list-style-type: none"> <li>• The patient's tobacco use</li> <li>• Interventions of assessing readiness for change and barriers to change.</li> <li>• Advising a change in behavior</li> <li>• Assisting by providing specific suggested actions</li> <li>• Motivational counseling</li> <li>• Arranging for services and follow-up</li> <li>• Time spent rendering smoking cessation services.</li> </ul>

## Lactation Services

New York State Medicaid provides reimbursement for evidence-based breastfeeding education and lactation counseling consistent with the United States Preventive Task Force (USPSTF) recommendation with specific guidelines for reimbursement eligibility.

The below table highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting lactation services.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
S9445	Patient education, not otherwise classified, non-physician provider, <b>individual</b> , per session	Physician Physician Assistant Nurse Practitioner Nurse Midwife Registered Nurse International Board-Certified Lactation Consultant” credentialed by the International Board of Lactation Consultant Examiners (IBCLE)	Breastfeeding education and lactation counseling services must be ordered by a physician, NP, MW, or PA and billed directly to the NYS Medicaid program by a physician, NP, or MW with the proper certification. If a properly certified PA or RN renders services, the ordering physician can bill FFS Medicaid for the service. The PPS rate for individual lactation counseling can be billed.  The descriptions listed for HCPCS codes S9445 and S9446 are the national description for the billing codes, but Medicaid recognizes <b>S9445</b> for an initial lactation counseling session where the <b>minimum</b> duration of the session is 45 minutes. Follow-up session(s) should be a minimum of 30 minutes each and occur within the 12-month period immediately following delivery. Medicaid recognizes <b>S9446</b> for group sessions that consist of 2 patients and a maximum of 8, where the minimum duration of the group session is 60 minutes. One prenatal and one postpartum class (total of 2), per patient, per pregnancy is covered. <b>(For those FQHCs, FQHC look-a-likes, and RHCs billing under the PPS methodology: Clinics may not be eligible to bill for group services-verification with insurance carrier(s) is required.)</b>
S9446	Patient education not otherwise classified, non-physician provider, <b>group</b> , per session	Certified Lactation Specialist (CLS) Certified Breastfeeding Specialist (CBS) Certified Lactation Educator (CLE) Certified Clinical Lactationist (CCL) Certified Breastfeeding Educator (CBE)	Because minimum time frames have been placed on both S9445 and S9446, documentation of the time spent rendering the services to the patient is required in addition to the services provided during each session.  Diagnosis code Z39.1 (Encounter for care and examination of lactating mother) should be included when reporting for any other diagnosis pertinent to the patient’s visit, where the mother must be the patient. (Services cannot be billed under the infant.)  Verification with insurance carriers is required on the covered limitation of services.

## Virtual Communication Services/Telephone Assessment and Management

### Virtual Communication Services

Most Federally Qualified Health Centers (FQHCs) and Rural Health Centers (RHCs) bill under the Ambulatory Patient Group (APG) Medicaid billing reimbursement methodology, but there are a number of these clinic types that have opted to remain under the Prospective Payment System (PPS). Whether you bill under the APG or PPS Medicaid reimbursement methodology, the Center for Medicare, and Medicaid Services (CMS) will reimburse for virtual communication services when rendered at FQHCs, FQHC look-a-likes, and RHCs.

Although both telehealth and virtual communication services use technology to communicate, these are two separate and distinct services. Virtual communication services are technology-based and remote evaluation services for a brief discussion with a practitioner to determine if a visit is necessary.

Virtual communication can be billed if the following requirements are met:

- The medical discussion or remote evaluation is for a condition not related to a clinical visit/service provided within the previous 7 days **and**
- The medical discussion or remote evaluation does not lead to a clinical visit within the next 24 hours or at the soonest available appointment.

The below table highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for the reporting of virtual communication at FQHCs and RHCs.

<u>HCPCS Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
G0071	Communication technology-based services for five (5) minutes or more of virtual communication between a Federally Qualified Health Center (FQHC) or a Rural Health Center (RHC) practitioner and patient, or five	Physician, physician Assistant (PA), Nurse Practitioner (NP), Certified Nurse Midwife (CNM)  Licensed Clinical Psychologist (LCP)  Psychiatrists	Virtual communication is not a substitute for a visit, but instead a brief discussion with an FQHC/RHC practitioner to determine if a visit for an established patient is necessary. It cannot be billed for a new patient. The patient must have had a billable visit within the previous year.  Patient consent should be obtained before services are furnished and billed for.  Virtual communication must be initiated by the patient, not the practitioner, where the clinician may respond to the patient's concern(s) by either telephone, audio/video, secure text messaging, e-mail, and use of a patient portal.  Services must be rendered and billed under the patient, only.  Verification must be made with insurance carriers on if the service is

(5) minutes or more of evaluation of recorded video and/or images by an FQHC or RHC practitioner, occurring in lieu of an office visit	Licensed Clinical Social Worker (LCSW)	billable if the parent(s) or guardian(s) of the patient initiate the communication.
	Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW or LCP or Psychiatrist	<p>Documentation requirements consist of the following:</p> <ul style="list-style-type: none"> <li>• Primary reason(s)/condition(s) for the communication</li> <li>• Information about stored images (if applicable)</li> <li>• Any details of the interaction (discussions such as medications, recommendations, and/or referrals)</li> <li>• Total time of interaction (5 minutes or longer)</li> <li>• Any updates made to existing treatment plans</li> <li>• Action plan as a result of the communication</li> </ul> <p>Billing for non-Medicaid patients may require the reporting of HCPCS codes G2010 and G2012, instead of G0071. Verification at the site level must be made.</p>
		Verification with insurance carriers is required if licensed mental health counselors and licensed marriage and family therapists can render the service.

### Telephone Assessment and Management

CMS will reimburse for telephone assessment and management services at NON-FQHCs and NON-RHCs.

Telephone assessment and management services are established patient-initiated non-face-to-face real-time telephone conversation services provided by a non-physician qualified health care professional to a patient or to the parent, or guardian of the patient, if the patient is a minor.

Telephone assessment and management services can be billed if the following requirements are met:

- The medical discussion is for a condition not related to a clinical visit/service provided within the previous 7 days **and**
- The medical discussion does not lead to a clinical visit within the next 24 hours or at the soonest available appointment.

The table on the following page highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for the reporting of telephone assessment and management services.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
98966	Telephone assessment and management service provided by a qualified nonphysician health care professional to an established patient, parent, or guardian not originating from a related assessment and management service provided within the previous 7 days, nor leading to an assessment and management service or procedure within the next 24 hours or soonest available appointment-5-10 minutes of medical discussion	<p>Nurse Practitioner (NP)</p> <p>Certified Nurse Midwife (CNM)</p> <p>Licensed Clinical Social Worker (LCSW)</p> <p>Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW or LCP or Psychiatrist <b>(Verification with insurance carriers required)</b></p> <p>Licensed Mental Health Counselor (LMHC) and Licensed Marriage and Family Therapist (LMFT) <b>(Verification with insurance carriers required)</b></p>	<p>Service codes were built for relatively brief and directed services that typically involve assessing an established patient's condition and/or complaint, obtaining a patient history, and making a medical decision.</p> <p>If the discussion results in a billable visit, the telephone service codes should not be billed.</p> <p>Telephone assessment and management services must be initiated by the established patient but if the patient is a minor, the service may be initiated by the patient's parent/guardian/caregiver.</p> <p>Do not bill telephone service codes if the initial inquiry from the established patient comes within seven days of a previous treatment or service that both relate to the same problem.</p> <p>Do not bill telephone service codes if the conversation results in the decision to see the patient within 24 hours or at the next available appointment.</p>
98967	Telephone assessment and management service provided by a qualified nonphysician health care professional to an established patient, parent, or guardian not originating from a related assessment and management service provided within the previous 7 days, nor leading to an assessment and management service or procedure within the next 24 hours or soonest available appointment-11-20 minutes of medical discussion	<p>Licensed Clinical Psychologists (LCP)</p> <p>Psychiatrists</p>	<p>Do not bill telephone service codes for communication that lasts less than 5 minutes.</p> <p>If a call lasts longer than 30 minutes, some insurance carriers may recognize the billing for more than one telephone service code on one claim. For example, if a 45- minute call is rendered, then both 98968 (for the billing of 30 minutes), and 98967 (for the billing of 11 minutes or more) will be recognized for the reporting of over 30 minutes of service. Insurance carrier verification must be made at the site level.</p> <p>Patient consent should be obtained before services are furnished and documentation</p>



98968	Telephone assessment and management service provided by a qualified nonphysician health care professional to an established patient, parent, or guardian not originating from a related assessment and management service provided within the previous 7 days, nor leading to an assessment and management service or procedure within the next 24 hours or soonest available appointment-21-30 minutes of medical discussion		requirements consist of the following: <ul style="list-style-type: none"> <li>• The reason/condition/symptom for the telephone assessment and management service</li> <li>• Any details of the telephone conversation (discussions such as medications, recommendations, and/or referrals)</li> <li>• Total time of the telephone service (5 minutes or longer)</li> <li>• Any updates made to existing treatment plans and actions/medical decision making as a result of the phone call.</li> </ul>
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Although the services for telephone and assessment management and virtual communication seem to be the same and do share likenesses, there are also very specific differences that must be paid attention to.

The below table highlights the differences between the two services:

<u>Service:</u>	<u>Virtual Communication</u>	<u>Telephone Assessment and Management Services</u>
<u>Differences</u>	Billable at FQHCs and RHCs, ONLY	Billable at <b>NON-FQHCs</b> and <b>NON-RHCs</b> , ONLY
	Services can only be rendered to the patient	Services can be rendered to the patient, and or the parent or guardian of the patient
	There is only one billing code used to represent the service regardless of the time spent communicating with the patient	There are 3 billing codes used to represent different intervals of time spent on the phone with the patient or parent or guardian of the patient
	Services encompass patient-provider communication via telephone, audio/video, secure text messaging, e-mail, and use of a patient portal	Services encompass patient-provider communication via telephone only
	Can be reported by a physician	Can only be reported by non-physician, qualified health care professionals
<u>Similarities</u>	Both services must be rendered for more than five (5) minutes to be eligible for reimbursement	
	The interaction must be initiated by the patient for virtual communication and by the patient/parent/guardian for telephone assessment and management services	
	The interaction cannot be related or originating from a related visit or communication provided within the previous 7 days nor leading to a visit or procedure within the next 24 hours or soonest available appointment	
	The billing for services is done under the patient	

## Community Health Worker Services

The Community Health Worker (CHW) functions as a liaison between healthcare systems, social services, and community-based organizations to improve overall access to services and resources and to facilitate improved health outcomes, overall health literacy, and preventing the development of adverse health conditions, injury, illness, or the progression of either.

York State Medicaid reimburses for CHW services for the following populations:

- Pregnant patients during their pregnancy and up to 12 months postpartum
- Children under the age of 21
- Adults with chronic conditions
- Justice-involved individuals
- Those with unmet health-related social care needs
- Individuals experiencing community violence

CHW services are reimbursable by Medicaid fee-for-service (FFS), NYS Managed Care Organizations (MCOs), Human Immunodeficiency Virus-Special Needs Plans (HIV SNPs), and Health and Recovery Plans (HARPs). **Note:** NYS Medicaid members who receive care coordination services through the health home program, a health home care organization, a certified community behavioral health clinic, and assertive community treatment, are not eligible for CHW service coverage.

Under NYS Medicaid guidelines, CHW services must involve **direct, face-to-face interaction with the patient, and they are as follows:**

- **Health Advocacy**
  - Advocating for a patient's individual and healthcare service needs.
  - Connect patients with community-based resources and programming.
  - Advocacy efforts of the CHW are to promote empowerment and self-confidence of patients to ensure respectful and equitable care and support to prevent health conditions, illness, problem or injury or the progression of illness. CHWs bridge cultural, communication, and language gaps between the health care system and the patients accessing care and services.
- **Health Education**
  - Provide education to:
    - optimize health and address barriers to accessing health care, health education and/or community resources that incorporate the needs, goals, and life experience of the patient.
    - prevent a health condition, illness, problem or injury, or the progression of an illness with evidence-based standards.
    - support informed decision-making, agency, problem-solving, active collaboration, and self-efficacy related to health and social care needs.

- Optimize the patient’s experience in the healthcare system.
- **Health Navigation**
  - CHW services may include assistance to the patient for health navigation in the following areas:
    - Community-based and healthcare-related referrals and follow-up referral services.
    - Completion of screening tools that do not require a licensed provider to complete.
    - Identifying health and social care needs and follow-up to connect to services including, but not limited to transportation, employment, job training, food insecurity, childcare, and housing (the CHW may not provide these services directly).
    - Resource coordination directed to the individual (not case management).
    - Help with enrollment or maintaining enrollment in government programs or other assistance programs (can assist and educate but cannot directly select services/benefits).
    - Accompaniment to in-person and virtual healthcare visits and to get established with community resources that will improve or maintain the patient’s health.

**CHW services do not include the following:**

- Clinical case management/care management services that require a license, including comprehensive Medicaid case management services.
- The provision of companion services/socialization, respite care, transportation, direct patient care, personal care services/homemaker services (e.g., chore services including shopping, cleaning, and cooking, assistance with activities of daily living, errands), or delivery of medication, medical equipment, or medical supplies.
- Services that duplicate another covered Medicaid service or that are otherwise billed to Medicaid/Medicaid managed care.
- Services outside the level of training the CHW has attained.
- Advocacy for issues not directly related to the patient’s health or social care needs.
- Bill for language interpretation services.
- Time and activities that do not include direct engagement with the patient.

The table on the following pages highlights the billing codes, their descriptions, reimbursable supervising clinicians, and additional guidelines for the reporting of CHW services.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
98960	Self-management education and training face-to-face using a standardized curriculum for an individual NYS Medicaid member-each 30 minutes.	Physician  Nurse Practitioner  Midwife  Licensed Clinical Psychologist	CHW services are reimbursable for the following populations: <ul style="list-style-type: none"> <li>• Pregnant patients during their pregnancy, and up to 12 months postpartum, regardless of the results of the pregnancy</li> <li>• All children under the age of 21</li> <li>• Adults with chronic conditions</li> <li>• Individuals with justice system involvement within the past 12 months</li> <li>• Those with unmet health-related social care needs in the domains of housing, nutrition, transportation, or interpersonal safety, which have been identified through screening using the <a href="#">Centers for Medicare &amp; Medicaid Services (CMS) Accountable Health Communities Health-Related Social Needs Screening Tool</a></li> </ul>
98961	Self-management education and training face-to-face using a standardized curriculum for two-four (2-4) NYS Medicaid members-each 30 minutes.	Licensed Clinical Social Worker  Licensed Mental Health Counselor  Licensed Marriage and Family Therapist	<ul style="list-style-type: none"> <li>• Individuals exposed to community violence or have a personal history of injury sustained because of an act of community violence, or who are at an elevated risk of violent injury or retaliation resulting from another act of community violence.</li> </ul> <p>CHWs are not eligible to enroll with NYS Medicaid. Their services are to be billed by an approved Medicaid-enrolled, licensed billable supervising clinician acting within their scope of practice under state law. Those recognized are listed under the "Reimbursable Supervising Clinicians" column, in this table.</p>
98962	Self-management education and training face-to-face using a standardized curriculum for five-eight (5-8) NYS Medicaid members-each 30 minutes.		<p>All clinic types are eligible to bill for CHW services, including Federally Qualified Health Centers (FQHCs) but only if the FQHC has elected to be reimbursed under the APG Medicaid reimbursement methodology. Insurance carrier verification will be required for those FQHCs that bill under the PPS reimbursement methodology. Additionally, FQHCs can only bill if the community health worker service is provided in conjunction with a threshold visit with a licensed health care provider.</p> <p>A CHW is a public health worker that reflects the community served through lived experience that may include but is not limited to:</p> <ul style="list-style-type: none"> <li>• Pregnancy and birth</li> <li>• Housing status</li> <li>• Mental health conditions</li> <li>• Substance use or other chronic conditions</li> <li>• Share race, ethnicity, language, and/or sexual orientation or community of residence.</li> </ul> <p>CHW's providing the direct service must have obtained the following:</p> <ul style="list-style-type: none"> <li>• A 20-hour minimum training that includes the CDC-endorsed CHW Core Consensus Competencies (C3) which can be seen at: <a href="https://www.c3project.org/roles-competencies">https://www.c3project.org/roles-competencies</a> <b>OR</b> 1400 hours of experience working as a CHW in formal paid or volunteer roles within the past three years.</li> <li>• Basic HIPAA training.</li> </ul>

		<p>NYS Medicaid will reimburse for up to 12 units total (30 minutes=1 unit) per patient, per year of CHW services for adult populations. They will reimburse up to 24 units (30 minutes =1 unit) for the pediatric population (under 21 years of age).</p> <p>Although each unit of service indicates to be for 30 minutes of service, NYS Medicaid will reimburse for each 30-minute self-management code (98960, 98961, 98962), for CHW services, when at least 16 minutes of service is rendered, with a maximum of 37 minutes.</p> <p>When billing for all CHW services, <b>except</b> for community violence prevention services, both billing modifiers U1 and U3 must appear consecutively, and in this order, on the CHW service CPT code (98960, 98961, 98962) claim line. When billing for community violence prevention services the order of the billing modifiers changes, whereas U3 and U1 must appear consecutively, and in that order.</p> <p>For Managed Care Organization members, providers must contact the managed care plan of the patient, for billing instructions. The managed care plan contact information can be found at:  <a href="https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information%20for%20All-Providers%20Managed%20Care-Information.pdf">NYhttps://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information for All-Providers Managed Care-Information.pdf</a>.</p> <p>FFS coverage and policy questions should be directed to:  <a href="mailto:MaternalandChild.HealthPolicy@health.ny.gov">MaternalandChild.HealthPolicy@health.ny.gov</a>.</p> <p>Documentation requirements include the services listed and provided under either of the approved CHW services (health advocacy, education, navigation) rendered, and the clinicians recommendation for CHW services, and the duration of the time the CHW service was provided.</p> <p>Clinicians' recommendation for CHW services can be made by physician or other licensed practitioner of the healing arts acting within his or her scope of practice under state law. Licensed practitioners of the healing arts are licensed psychiatrists, licensed clinical social workers, nurse practitioners, physicians, physician assistants or licensed psychologists.</p> <p>Medicaid guidelines advise of the following diagnosis types that support medical necessity for CHW services:</p> <ul style="list-style-type: none"> <li>• For patients 21 years of age and older, providers must include a diagnosis on the claim that identified either the chronic condition, social care need, or qualifying risk criteria of the NYS Medicaid member using the appropriate diagnosis code and/or the ICD-10 Z code.</li> <li>• For pregnant or postpartum patients, the appropriate pregnancy diagnosis or postpartum diagnosis should be reported.</li> <li>• For patients under the age of 21, a diagnosis is not required to support medical necessity for CHW services, but if there is a Z-code relevant to the patient, it should be reported.</li> </ul>
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