



**A** **B** Assuring  
Better  
**C** **D** Child Health &  
Development

*Early Pathways. Lifelong Benefits.*



# HealthySteps® Colorado Billing Guide Webinar March 22, 2022

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# Learning Objectives

- Participants will understand how to maximize Medicaid billing for HealthySteps services
- Participants will understand available billing codes at each tier that can be used to increase revenue and support sustainability
- Participants will understand how ABCD can support practices to understand these options in the context of their work



# HealthySteps Sustainability





# Important Considerations for Practices

- Some codes are billed to Health Care Policy and Financing (HCPF – State Medicaid) while others are billed to the Regional Accountable Entity (RAE).
  - Important to know what your RAE contract covers
- HealthySteps Specialists must be licensed and credentialed by Medicaid (with a National Provider Identifier – NPI, number)\*.
- Codes can change periodically – it is important to stay up-to-date with current Medicaid billing policies
- There are many codes available, we are going to cover the most common during our discussion today

\*In some cases non-licensed behavioral health providers can bill if they are supervised by a licensed provider who will sign off on documentation



# Tier 1

## Core Components:

Child-level screenings (Development, Social-emotional, Autism)

Family-level screenings (maternal mental health, family needs)

Child development Support line



# Billing for screening

*All practices should be billing for screening!*

Billing is submitted to HCPF (not your RAE)

Primary Care Provider should bill (not HS Specialist)

Must use an approved tool  
(ASQ-3, ASQ:SE-2, SWYC, MCHAT-R)





# Screening Codes

## Child-Level Screening

- Developmental Screening – **96110EP**
- Social-Emotional Screening – **96110EP** (or **96110** if billed on the same day as Developmental screening)
- Autism Screening - **96127**

## Family-Level Screening

- Maternal Depression Screening:
  - Negative screen: **G8510**
  - Positive screen (follow up required): **G8431**
- Family Needs/SDOH: not currently billable



# Tier 2

## Core Components:

Early Learning resources

Positive Parenting resources

Care Coordination

Development/Behavior Consults





# Billing for Tier 2 services

Many of these codes will also apply to Tier 3

HealthySteps Specialist must be licensed and credentialed (have an NPI number)\*

Applies mostly to Development/Behavior consults

\*In some cases non-licensed behavioral health providers can bill if they are supervised by a licensed provider who will sign off on documentation



# Tier 3

## Core Components:

Team-based well-child visits



# Billing for Tier 3 services

Short-term behavioral health codes should be used, when appropriate (e.g. considering length and content)

HealthySteps Specialist must be licensed and credentialed (have an NPI number)\*

Enrollment in Tier 3 (first visit) often warrants the use of 90791

\*In some cases non-licensed behavioral health providers can bill if they are supervised by a licensed provider who will sign off on documentation



# Short-Term Behavioral Health Codes

- For use with brief consultations or team-based well-child visits
- No need for a behavioral health diagnosis
- Can use 6 times per Medicaid Member each fiscal year (July 1 – June 30)
- Possible diagnoses (not exhaustive):
  - Family Circumstance (Z63.8)
  - Behavior concern (R46.89)
  - Psychosocial distress/stressors (Z65.8)
  - Feeding difficulties (R63.30)
  - Newborn affected by maternal postpartum depression (P00.89)
  - Sleep disturbance (G47.9)
  - Developmental concern (R62.50)



# Short-Term Behavioral Health Codes

- 90791: Diagnostic evaluation
- 90832: Psychotherapy, 16 – 37 minutes\*
- 90834: Psychotherapy, 38 – 52 minutes\*
- 90837: Psychotherapy, 53+ minutes\*
- 90846: Family Therapy w/o patient, at least 26 minutes
- 90847: Family therapy with patient, at least 26 minutes

\*Less common with HealthySteps visits



# When NOT to use a STBH code

- When the visit is supportive in nature only (e.g. anticipatory guidance, brief check-in)
- When no intervention or therapeutic consultation is provided (e.g. a HS visit that is ONLY focused on typical development)
- When the visit does not meet the time requirements



# H-Codes

- Primarily Tier 3
- RAE Contract dependent
- Used for prevention/health promotion – especially when a STBH code is not appropriate





# H Codes

- H0023: Outreach
- H0025: Prevention/Wellness
- H0002: Behavioral Health Screening
- H0004: Behavioral Health Counseling



# Case Examples



## 2 1/2-year old

- Samuel – coming to clinic for weight check (previous weight was down)
- Presents with very picky eating, disrupted sleep, and frequent tantrums
- Warm handoff to HS Specialist to help address these concerns
- Visit is 45 minutes – providing psychoeducation about child development, support with eating, sleep, and positive parenting
- Plan to follow-up in 1 month – consider referral to developmental pediatrics



90847



# 13-day old

- Tamara - coming to clinic for her 2-week well child visit
- EPDS – 16 (no risk), positive SDOH/Family needs screener
- Provider does a warm handoff to HS Specialist and requests that the family be enrolled in Tier 3
- HS Specialist meets with the mother (35 minutes)
- Assess maternal mood and provide supports to MOC, strategies for self-care, psychoeducation about baby blues and PRD, enroll in HS
- Referral to community mental health and postpartum international



**G8431**

**90791**



# 15 month old

- Serenity – coming to clinic for routine well-child visit
- Receives ASQ:SE-2 and Family Needs Screening
- Enrolled in Tier 3 HealthySteps
- Check in with family during well-child visit (20 minutes)
- Discuss language development, positive parenting strategies for managing typical behaviors, helping child adjust to the upcoming arrival of a sibling
- Provide HS handouts and anticipatory guidance
- All screeners are negative





**96110**

**H0025**



# 3-year old

- Leo – coming to clinic for his 3 year old well child visit
- Receives ASQ-3
- Tier 3 HealthySteps graduation visit (30 minutes)
- Provide final HS materials to family
- Discuss considerations for preschool, adjustment to MOC's return to work, provide recommendations about how to help child get to sleep earlier



96110

90847



# Ongoing considerations

- Need a strategy for tracking billing/revenue
- How will your practice allocate funds? (e.g. will revenue support sustainability)
- Who will be responsible for reviewing Medicaid's manuals periodically (minimum of every 6 months) to check for changes?
- Review documentation requirements to ensure adequate documentation for these codes



# Poll #3

**Our expectation is that every  
HealthySteps Practice is billing  
Medicaid.**

