



# HealthySteps Schedule at a Glance

## Tuesday, October 7, 2025

7:00 AM	Registration Opens
8:30 AM – 3:30 PM Room 301	<b>HealthySteps: Promoting Early Relational Health in Primary Care Pediatrics</b> <i>Lunch will be provided.</i>
4:00 – 5:30 PM	<b>Bonus Programming: Policy Under Pressure: Advancing Early Childhood Policy in Uncertain Times &amp; Telling Stories that Drive Change for Babies</b>
5:30 – 7:00 PM	Opening Reception

## Wednesday, October 8, 2025

7:00 – 7:30 AM	Morning Stretch & Move
7:00 AM – 9:00 AM	<b>Conference Registration Open</b> <i>Coffee is available in the exhibit hall.</i>
7:45 – 8:45 AM Room 302   303	<b>Networking Breakfast: Powering Pediatrics Together</b> <i>Hosted by Hosted by Pediatrics Supporting Parents &amp; the HealthySteps National Office</i>
9:00 – 10:00 AM	<b>Opening and Policy Plenary: A Bold Welcome: Leading the Way for Young Children and Families</b>
10:00 – 10:30 AM	Break
10:30 – 11:30 AM Room 301	<b>Implementing Safe Baby Education Into Your HealthySteps Program; Preventing Infant Death</b>

## Wednesday, October 8, 2025 (cont'd)

10:30 AM – 11:30 AM Room 302   303	<b>Identifying and Treating Postpartum Depression in Mothers of Young Children</b> <i>HealthySteps in Miami Partners with the Healthy Start's Moving Beyond Depression Program to Better Serve Mothers</i>
11:30 AM – 1:00 PM	<b>Lunch + Poster Showcase</b>
1:00 – 2:00 PM Room 301	<b>Continuous Quality Improvement as a Critical Lever in Establishing HealthySteps at the Chickasaw Nation, Part 1</b>
1:00 – 2:00 PM Room 302   303	<b>Building a Healthier Future: A Three-Pronged Approach to HealthySteps Implementation, Evaluation, and Sustainability in Philadelphia</b>
2:00 – 2:30 PM	<b>Break</b>
2:30 – 3:30 PM Room 301	<b>Continuous Quality Improvement as a Critical Lever in Establishing HealthySteps at the Chickasaw Nation, Part 2</b>
2:30 – 3:30 PM Room 302   303	<b>Looking at the Parallel Process Through the Lens of HealthySteps</b>
3:30 – 4:00 PM	<b>Break</b>
4:00 – 5:00 PM	<b>Keynote Address: Put Yourself Back on the List: Reclaiming Joy, Identity, and Wellbeing in Service of Others</b>
5:00 – 6:00 PM	<b>Exhibit Hall Reception</b>
5:30 – 7:30 PM	<b>HealthySteps 30<sup>th</sup> Anniversary Celebration</b> <i>Pratt Street Ale House</i>



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## Thursday, October 9, 2025

7:00 – 7:30 AM	Morning Stretch & Move
7:00 AM – 9:00 AM	Conference Registration Open <i>Coffee is available in the exhibit hall.</i>
9:00 – 10:00 AM	Things I Wish I Had Known: Chandra Ghosh Ippen's Reflections for Her Younger Self and the Field
10:00 – 10:30 AM	Break
10:30 – 11:30 AM Room 301	HealthySteps and the FAST approach
10:30 – 11:30 AM Room 302   303	Supporting Fathers at Their Children's Primary Care Visits
11:30 AM – 1:00 PM	Lunch + Poster Showcase
1:00 – 2:00 PM Room 301	Capturing Care in Context: Family-Centered Approaches to Data Collection for HealthySteps Quality Improvement and Evaluation, Part 1
1:00 – 2:00 PM Room 302   303	HealthySteps and Value-Based Care: How Evidence-Based Care Supports the Journey to Outcomes, Value, and Sustainability, Part 1
2:00 – 2:30 PM	Break
2:30 – 3:30 PM Room 301	Capturing Care in Context: Family-Centered Approaches to Data Collection for HealthySteps Quality Improvement and Evaluation, Part 2



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## Thursday, October 9, 2025 (cont'd)

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<b>2:30 – 3:30 PM</b> Room 302   303	<b>HealthySteps and Value-Based Care: How Evidence-Based Care Supports the Journey to Outcomes, Value, and Sustainability, Part 2</b>
<b>3:30 – 4:00 PM</b>	<b>Break</b>
<b>4:00 – 5:00 PM</b>	<b>Science Plenary: The Science and Power of Hope with Dr. Chan Hellman</b>
<b>5:00 PM</b>	<b>Conference Adjourns. Safe Travels Home!</b>



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