

# New York State: HealthySteps APG Billing and Coding Guide



The HealthySteps National Office Policy & Finance Team

## About this Document

The purpose of this document is to support HealthySteps sites (practices) that have opted into New York's Ambulatory Patient Group (APG) Medicaid reimbursement methodology, in coding and billing for HealthySteps-aligned services. HealthySteps sites can bill Medicaid and Medicaid Managed Care carriers for some of the services they provide to children and families.

This document provides a list of open Current Procedural Terminology (CPT)<sup>1</sup> and Healthcare Common Procedure Coding System (HCPCS)<sup>2</sup> codes, with specific applicable APG, billing, coding, and documentation guidelines.

There are a variety of requirements and restrictions that can impact your practice's ability to bill specific codes, including the provider type, location of service, frequency, and maximum billing units. This document aims to facilitate an understanding of these requirements and restrictions and help guide your practice in coding and billing for HealthySteps services.

To maximize appropriate reimbursement, we recommend always contacting health insurance carriers for verification on billing for services provided.

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<sup>1</sup> Current Procedural Terminology (CPT) is a medical code set that is used to report and bill for medical, surgical, and diagnostic services.

<sup>2</sup> The Healthcare Common Procedure Coding System (HCPCS) is a collection of codes used to report and bill for medical services, supplies, and procedures.

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## What are Ambulatory Patient Groups (APGs)?

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The APG payment methodology is a reimbursement classification that classifies procedures and medical visits that share similar characteristics and reimburses according to the prediction of a facility's cost of outpatient care.

APGs are designed to predict the average pattern of resource use for a group of patients in each APG. The APG payment methodology pays different amounts for ambulatory care services based on the resources required for each patient visit.

The New York State, Department of Health (DOH), offers a policy and billing guidance APG provider manual, [https://www.health.ny.gov/health\\_care/medicaid/rates/manual/docs/apg\\_provider\\_manual\\_dece\\_mber.pdf](https://www.health.ny.gov/health_care/medicaid/rates/manual/docs/apg_provider_manual_dece_mber.pdf) for information on billing under this methodology. While the HealthySteps National Office APG Billing and Coding Guide is specific to HealthySteps-aligned services, the APG Provider Manual will serve as a valuable resource for broader questions.

### **Parent/Caregiver Services:**

HealthySteps-aligned services include services for the entire family, and the APG Medicaid billing methodology provides reimbursement for services on the adult and caregiver side when the parent/caregiver is a patient at the same site where the child receives services. Although these services cannot be billed under a child's Medicaid number, reimbursement for services such as,

- Smoking cessation counseling,
- Alcohol and substance abuse interventions,
- Individual psychotherapy,
- Family psychotherapy, and
- Virtual communication,

may be available when the parent/caregiver is also a patient, where the services would be billed under the parent(s)/caregiver(s) Medicaid number.

## Applicable APG Guidelines

### **New York State Medicaid Reimbursable Clinicians Rendering HealthySteps-Aligned Services:**

The APG billing methodology recognizes reimbursement for services rendered by certain provider types, when working under their scope of practice. Below is a list of reimbursable providers that can render HealthySteps-aligned services.

- Physician
- Physician Assistant (PA)
- Nurse Practitioner (NP)
- Certified Nurse Midwives (CNM)/Licensed Nurse Midwife (LNM)- verification with insurance carriers is required.
- Registered Nurse (RN) or Licensed Practical Nurse (LPN)-for limited circumstances only. Verification with insurance carriers is required. Federally Qualified Health Centers (FQHCs) and Rural Health Centers (RHCs) may not be eligible for reimbursement for claims submissions for RNs and LPNs)
- Certified Lactation Professionals:
  - International Board-Certified Lactation Consultant (IBCLC)
  - Certified Lactation Specialist (CLS)
  - Certified Breastfeeding Specialist (CBS)
  - Certified Lactation Educator (CLE)
  - Certified Clinical Lactationist (CCL)
  - Certified Breastfeeding Educator (CBE)
- Psychiatrist
- Licensed Clinical Psychologist
- Licensed Clinical Social Worker (LCSW)
- Licensed Master Social Worker (LMSW)-Supervised by an LCSW or a Licensed Clinical Psychologist,  
Or Psychiatrist
- Licensed Mental Health Counselor (LMHC)
- Licensed Marriage and Family Therapist (LMFT)

## Patient Encounters with a Registered Nurse (RN) or Licensed Practical Nurse (LPN)

Patient encounters with only an RN or an LPN generally are not reimbursable under Medicaid except under limited circumstances. Federally Qualified Health Centers (FQHCs) and Rural Health Centers (RHCs) may not be eligible for Medicaid reimbursement for RN and LPN services, even if under those limited circumstances, therefore insurance carrier verification must be made at the site level.

Because RNs and LPNs may provide service only within their respective scopes of practice as defined by the State Education Department laws, rules, and regulations. Providers may want to obtain the specific information about practitioners' scope of practice at: <http://www.op.nysed.gov/prof/nurse/>, prior to billing for services.

The limited circumstances recognized by Medicaid for the reimbursement of RN and LPN services are:

- An RN or LPN administers an immunization within their scope of practice under a patient specific or non-patient specific standing order, and the patient does not see a physician, physician assistant, nurse practitioner or licensed midwife during the same visit.
- An RN or LPN performs a urine pregnancy test upon a patient specific order of a licensed physician, physician assistant, nurse practitioner, or nurse midwife and the patient does not see a physician, physician assistant, nurse practitioner or nurse midwife during the same visit.
- An RN or LPN administers Depo-Provera within their scope of practice under a patient specific order and the patient does not see a physician, physician assistant, a nurse practitioner, or a licensed midwife during the same visit.
- An RN or LPN performs allergy injections upon a patient specific order of a licensed physician, physician assistant, nurse practitioner, or nurse midwife and the patient does not see a physician during the same visit.
- An RN administers chemotherapy or other infusion drugs under a physician's order in a clinic setting.

## Use of Medical Coding Modifiers Applicable to HealthySteps-Aligned Services

Medical coding modifiers, referred to as modifiers, are composed of two alpha or numeric characters, that when appended to a billing code, will provide additional information about the services rendered, without changing the meaning of the billing code.

The following modifiers are applicable to the billing of HealthySteps-aligned services:

- **Modifier 25** (Distinct service): This modifier is used when there is a significant, separately identifiable evaluation and management (E&M) service by the same physician on the same date of service as a significant procedure. Modifier 25 should be used on an E&M code only when the patient's condition requires a significant, separately identifiable service above and beyond the significant procedure performed on the same date of service (e.g., unexpected screening during a well child visit).

- **Modifier 59** (Separate procedures or Distinct procedural service): This modifier is used to designate instances when distinct and separate multiple services with the same CPT are provided to the patient on a single date of service (e.g., Different screenings that utilize the same CPT code).
- **Modifier HD** (Pregnant/parenting women's program): This modifier is used to designate when a depression screening is rendered for the screening of postpartum depression. New York State Medicaid requires its use when billing for G8510 (Screening for depression, documented as negative), and G8421 (Screening for depression documented as positive with a required follow-up plan).
- **Modifier XE** (Separate encounter, a service that is distinct because it occurred during a separate encounter.): This modifier is used to describe 2 separate patient encounters that occurred on the same date of service, by the same provider. It is reported when a patient has two distinct visits with the same provider, on the same day, with a clear break in care between the encounters.
- **Modifier XP** (Separate practitioner, a service that is distinct because it was performed by a different practitioner): This modifier is reported when two different providers render services on the same day for the same patient, as it indicates that the service was performed by a “separate practitioner” and is distinct from the other service provided on the same date; essentially signifying that the services were not bundled together even though they occurred on the same day.

### Reporting of Units

There may be times when your practice is required to report units upon claim submission for services. Units of service can be measured by units of time, or number of services. An example of when the reporting of units for a billing code is applicable to a HealthySteps-aligned service can be seen when billing for the ASQ®-3 and the M-CHAT. Both screenings utilize CPT code 96110 for reporting. If both are rendered on the same day, a quantity of, “2,” will need to be appended to the billing code upon claim submission. With this example, there will also be a modifier required to identify that the 2 screenings being billed for are distinct procedural services and when looking to the modifiers that are applicable to the billing of HealthySteps-aligned services, you will see that modifier 59 would be the correct choice.

The applicable APG guidelines surrounding the reporting of units include:

- Multiple lines on a single claim with the same billing code, to signify the provision of multiple units of a single procedure/service is not allowed on an APG claim.
- One must enter a given CPT code, once, on an APG claim, with the number of units of service provided on that same line.

## **Limitations Placed on Services Rendered by Social Workers**

The New York State Department of Health allows for the rendering of mental health counseling provided to certain populations by LCSWs and LMSWs when supervised by either a LCSW, licensed clinical psychologist, or psychiatrist (LCSWs may supervise up to six (6) LMSWs in either a private practice or clinic setting). Social Workers that are practicing in Article 28 clinics-FQHCs, RHCs, and Diagnostic Treatment Centers (DTCs) that have opted into the APG Medicaid billing methodology will be recognized for the below services and population:

### **Services**

- Mental Health Service-Psychotherapy
  - Individual Counseling
  - Family Counseling
- Smoking and Tobacco Use Cessation
  - 3-10 minutes
  - More than 10 minutes
- Virtual Communication at FQHCs and RHCs
  - At least 5 minutes of telephone communication that is initiated by the patient for a medical discussion.

### **Population Approved for Services**

- Effective post September 2024, NYS Medicaid and Medicaid Managed Care Organizations , in accordance with changes to [Public Health Law \(PHL\) §2807](#), mental health counseling provided by a Licensed Clinical Social Worker (LCSW) or licensed Master Social Worker (LMSW) is approved to be expanded from Children and adolescents under the age of 21, **to include ALL ages and patient populations.**

**Note:** Postpartum time limitation was expanded from 60 days to 12 months, and reimbursable diagnoses expanded from those related to depression, to when medically necessary. These changes became effective on 1/1/2022 with Fee-for-Service (FFS) Medicaid, and 4/1/2022 with Medicaid Managed Care Plans (MCOS).

### **LCSW/ Psychologist/Psychiatrist Supervision of an LMSW**

LCSWs may supervise up to six (6) LMSWs in either a private practice or clinical setting.

LCSW's supervise LMSW's by providing at least 2 hours, per month, of in-person or secure virtual individual/group supervision, discussing diagnoses, treatment plans, and reviewing the LMSW's work, with the LCSW bearing legal responsibility for the client's care and maintain records. This supervision ensures the LMSW gains skills in psychotherapy under direct oversight, as the LMSW cannot practice clinical social work independently and requires a qualified LCSW, psychologist, or psychiatrist

# HealthySteps-Aligned Services

## Child Developmental and Social-Emotional Screenings

Evaluating and promoting optimal child development and well-being includes screenings. Screening, including those for social-emotional and child development, are a significant component of HealthySteps-aligned services. The table below highlights pertinent billing codes, their descriptions, reimbursable clinicians, and applicable guidelines.

<u>CPT Code</u>	<u>Description</u>	<u>ICD-10 Code</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
96110	Developmental milestone survey, speech and language delay with scoring and documentation, per standardized instrument. Examples: <a href="#">ASQ-3</a> , <a href="#">M-CHAT-R/F</a> , <a href="#">Milestones</a> , <a href="#">PEDS</a> , <a href="#">SWYC-milestones</a> , <a href="#">POSI</a>	Z13.42-Developmental delays (Milestones) Z13.41 -Autism screening	Physician  Licensed Clinical Psychologist (LCP) - Verification with insurance carrier(s) is required	When rendering services for more than one screening with the same CPT code, Modifier 59 must be appended to the billing code upon claim submission.  Medicaid will reimburse for global developmental (milestone) screenings provided by the primary care physician for up to one time per year in the first three years of a child's life.
96160	<u>Patient-focused</u> health risk assessment instrument with scoring and documentation, per standardized instrument. Example: <a href="#">ACEs-pt. focused</a>	Z13.9-Report for health risk assessments	Qualified Health Care Professional: <ul style="list-style-type: none"><li>• Physician Assistant</li><li>• Nurse Practitioner</li><li>• Certified Nurse Midwife</li></ul>	Medicaid will reimburse for Autism screenings, provided by the primary care physician, up to two times in a child's first three years of life, beginning at 18 months of age.
96161	<u>Caregiver-focused</u> health risk assessment instrument with scoring and documentation, per standardized instrument. Example: <a href="#">ACEs-caregiver focused</a>	Z13.9-Report or health risk assessments (for caregiver)		Effective 1/1/2022 for FFS Medicaid and 4/1/2022 for Medicaid Managed Care Plans, NYS Medicaid will provide separate reimbursement (in addition to the reimbursement for Evaluation and Management Office Visit Services) for general developmental screenings (Milestones), and autism screenings.
96127	Social-Emotional Brief emotional/behavioral assessments. Examples: <a href="#">ASQ®:SE-2</a> , <a href="#">ASAS</a> , <a href="#">BYI-2</a> , <a href="#">BASC-2</a> , <a href="#">BRIEF®-2</a> , <a href="#">BISTEA</a> , <a href="#">CRS-R™</a> , <a href="#">BPSC</a> , <a href="#">PPSC</a> , <a href="#">SCARED</a> , <a href="#">ECSA</a> , <a href="#">GAD-7</a> , <a href="#">ASC-Kids</a> , <a href="#">TSCC</a> , & <a href="#">TSCYC</a> , <a href="#">ADHD Rating Scales</a>	Z13.89-Screenings for all other		

## Screening for Depression

The Center for Medicare and Medicaid Services (CMS) recognizes depression screenings, including postpartum depression screenings, for reimbursement, when utilizing a validated screening tool. Postpartum maternal depression screenings may be reimbursed up to four times within the first year of the infant's life. Screening can be done by either the mother's and/or the infant's health care provider, following the birth of the baby. The infant's primary health care provider has a unique opportunity to identify postpartum maternal depression and help prevent unfavorable development and mental health outcomes. Screening should be integrated into the well-infant visit schedule.

<u>CPT Code</u>	<u>Description</u>	<u>ICD-10 Code</u>	<u>Reimbursable Clinicians</u>	<u>Applicable Guidelines</u>
G8510	Screening for depression, documented as negative. E.G., <b>PHQ-9, EPDS, BDI, CES-D Scale, PDSS</b>	Z13.32- Maternal depression screening  Z13.31- Depression screening, other than maternal	Physician  Licensed Clinical Psychologist (LCP)  Qualified Health Care Professional: <ul style="list-style-type: none"><li>• Nurse Practitioner</li><li>• Physician Assistant</li><li>• Certified Nurse Midwife-verification with insurance carriers is required.</li></ul>	NYS Medicaid recognizes both "G" codes for the reimbursement of depression screenings. The diagnosis selected will identify the population the screening was rendered to. (Maternal depression, or depression screenings other than maternal).  When rendering services for a postpartum maternal depression screening, modifier "HD" must be appended to the billing code upon claim submission.  Postpartum depression screenings can be billed either under the infant's Medicaid number or the mother's Medicaid number and will be reimbursed for up to four times within the first year of an infant's life.
G8431	Screening for depression documented as positive: follow up plan is required. Examples: <b>PHQ-9, EPDS, BDI, CES-D Scale, PDSS</b>			

**Note:** Effective 4/1/2022 with Fee-for-Service (FFS) Medicaid, and 10/1/2022 with Medicaid Managed Care Organizations (MCOs), the number of postpartum depression screenings recognized for reimbursement have increased from their previous limit of three times within the first 12 months after the end of the pregnancy, to four times within the first 12 months postpartum.

Screenings can be provided by the maternal health care provider and/or by the infant's health care provider.

## Screening for Adverse Childhood Experiences (ACEs)

ACEs are associated with increased risk of poor mental health outcomes. They are strongly related to brain development and a wide range of health problems throughout the lifetime of an individual. Currently, approximately 30% of HealthySteps sites use ACEs screeners with their families, and effective January 1, 2024, with New York State Medicaid Fee-for-Service (FFS), and **effective April 1, 2024, with Medicaid Managed Care (MMC) plans, reimbursement will be made available for the ACEs screening when conducted in the primary care setting for children and adolescents up to 21 years of age with an expansion effective 1/1/2025 that includes the coverage of an ACEs screening, once in their lifetime for adult patients ages 21-65 years of age.** The table below highlights pertinent billing codes, their descriptions, reimbursable clinicians, and applicable guidelines.

<u>CPT Code</u>	<u>Description</u>	<u>ICD-10 Code</u>	<u>Reimbursable Clinicians</u>	<u>Applicable Guidelines</u>
G9919	Screening was performed and positive and provision of recommendations. Examples: <a href="#">PEARLS, ACEs Questionnaire for adults</a>	Recognized diagnoses to report with an ACEs screening was not included in the NYS Medicaid guidance but if there is an ICD-10, Z-code that represents any present social determinant(s) of health, it should be reported upon billing	Physician  Nurse Practitioner  Licensed or unlicensed providers under the supervision of a licensed provider (to be billed under that licensed provider) with training and experience using the screening tools and delivery of trauma-informed care	ACEs screening is included within the Prospective Payment System (PPS) primary care rate for Federally Qualified Health Centers (FQHCs).  Parents/caregivers should complete the ACEs screening on behalf of children under 13 years of age.  Identification of the screening tool and positive or negative results must be documented. A review of the screening must also be done with the patient and/or the parent/caregiver.
G9920	Screening performed and negative. <a href="#">PEARLS, ACEs Questionnaire for adults</a>			If the screening is positive for ACEs, the provider must consider the factors that influence the risk of the child for associated negative outcomes and develop a treatment plan in partnership with the patient or parent/caregiver. Providers can make referrals to appropriate resources such as mental health providers or community-based organizations.  Verification required on if screenings should be reported with a U1 and a U9 modifier.

## Health and Behavior Assessment/Re-assessment, and Interventions with the Family Present

Health and behavior assessment/re-assessment, and interventions, are used to identify and address the psychological, behavioral, emotional, cognitive, and interpersonal factors important to the assessment, treatment, and/or management of **physical health problems**. **The patient's primary diagnosis must be physical in nature, and the focus of the assessment and intervention is on factors complicating the medical conditions and treatments.** These codes describe assessments and interventions to improve

the patient's health and wellbeing utilizing psychological and/or psycho-social assessments designed to ameliorate specific disease-related problems.

The Health and Behavior Assessment or Re-assessment code identifies and reports the assessment of psychological, behavioral, emotional, cognitive, and relevant social factors that can prevent the treatment or management of physical health problems. The assessment or re-assessment must be associated with an acute or chronic illness. Health and Behavior Intervention codes report intervention services for the factors relevant to and affecting the patient's physical health problem(s). The table below highlights the billings codes, their descriptions, the reimbursable clinicians, and guidelines for health and behavior assessments/re-assessments, and interventions with the family present.

<u>Health and Behavior Assessment/ Re-assessment</u>		<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
<u>CPT Code</u>	<u>Description</u>		
96156	Health and behavior assessment or re-assessment (e.g., health-focused clinical interview, behavioral observations, clinical decision making)	Physician  Nurse Practitioner  Physician Assistant  Certified Nurse Midwife-verification with insurance carrier is required.	<p>Services do not focus on the mental health of a patient, but rather on the biopsychosocial factors that are, or could affect the treatment of, or severity of, the patient's <b>physical condition</b>. Patient must have an established illness or symptom(s) and cannot have been diagnosed with a mental illness. 96156 can be billed only once per day regardless of the amount of time required to complete the overall service.</p> <p>These services cannot be reported on the same day as preventive medical counseling or risk factor reduction codes, when rendered by the same provider. These services cannot be reported on the same day as psychiatric services.</p> <p>96168 is an add-on code for 96167, indicating that it can only be reported with 96167 if the additional time indicated in its description was rendered.</p>
96167 and +96168	<p><u>96167</u>-Health and behavior intervention, family with patient present. Face-to-face; initial 30 minutes</p> <p><u>96168</u>-Health and behavior intervention, family with patient present. Face-to-face; each additional 15 minutes</p>	Licensed Clinical Psychologist	<p>Services rendered by physicians, physician assistants, nurse practitioners and when verified, also certified nurse midwives, level of service Evaluation and Management codes must be reported in lieu of the health and behavior assessments/re-assessments and intervention service codes.</p> <p>Documentation for assessment or reassessment services should include, but is not limited to, the patient's physical illness (health focus interview), and identification of the factors that are either preventing successful treatment and/or management of the illness. Documentation should also include how these risk factors are impeding the successful management of the illness or are either preventing treatment.</p> <p>Documentation for intervention services with the family present should include, but is not limited to, the time spent rendering the service, the patient's physical diagnosis, identification of the factors and the reasons why they are impeding successful treatment and/or management of the patient's physical illness. Additionally, the name of the family members, their relationship to the patient, and their involvement in the patient's care must also be documented.</p>

## Care Management: General Behavioral Health Integration

Integrating mental and behavioral health in the primary care setting is an effective strategy for improving outcomes for patients with behavioral health conditions. Medicaid recognizes General Behavioral Health Integration services for the reimbursement of care management services for patients with behavioral health conditions, **when at least 20 minutes of services have been rendered to the patient, per calendar month, when billed by a supervising physician (primary care physician) for services rendered by that physician and/or other clinical staff members.** Examples of clinical staff members include, but are not limited to, social workers and psychologists. (Verification with insurance carriers on the additional clinicians recognized as eligible clinical staff is required.)

The table below highlights the billings codes, their descriptions, and pertinent service guidelines for General Behavioral Health Integration Care Management.

<u>CPT Code</u>	<u>Description</u>	<u>ICD-10 Code</u>	<u>Reimbursable Clinicians</u>	<u>Applicable Guidelines</u>
99484	Care management services for behavioral health conditions, at least 20 minutes of clinical staff time, directed by a physician or other qualified health care professional, per calendar month	Diagnosis codes for behavioral health conditions	Supervising Physician	<p>Services must be prescribed and billed by a supervising physician.</p> <p>Care planning must be provided [related to behavioral/psychiatric health problem(s)], including revision for patients who are not progressing or whose status has changed.</p>
G0511 <i>(For FQHCs and RHCs)</i>	Care management services for behavioral health conditions, at least 20 minutes of clinical staff time, directed by a physician or other qualified health care professional, per calendar month <b>(Medicaid designated this billing code for FQHCs and RHCs reporting this service)</b>			<p>Services include facilitating and coordinating treatment such as pharmacotherapy, psychotherapy, and/or psychiatric consultation (if required), and continuity of care with a designated member of the patient's care team (supervising physician and clinical staff), follow-up monitoring and use of applicable rating scales.</p> <p>Documentation of the time spent with the patient rendering the service is required in each note, where the cumulation of at least 20 minutes of service per month must be accounted for.</p> <p>Time spent strictly on administrative duties should not be counted towards the time threshold to bill for general behavioral health integration case management.</p>

## Psychiatric Diagnostic Evaluation

A psychiatric diagnostic evaluation is used to diagnose problems with behaviors, thought processes, and memory. Assessments must be provided, followed by appropriate recommendations for treatment.

The table below highlights the billing code, its description, reimbursable clinicians, and guidelines for reporting psychiatric diagnostic evaluations.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinicians</u>	<u>Applicable Guidelines</u>
90791	Psychiatric diagnostic evaluation	Licensed Clinical Psychologist (LCP)  Psychiatrist	<p>Services for an evaluation assessment include assessment of the patient's psychosocial history, current mental status, reviewing and ordering diagnostic studies followed by appropriate treatment recommendations, a description of behaviors and when they occur and how long they last, which behaviors most often happen and under what conditions, how the behaviors impact performance in school, daycare, and other activities and relationships with others (E.g., parent(s)/ caregiver(s), sibling(s)).</p> <p>Interviews and communication with family members or other sources are included with the reporting of 90791.</p> <p>Communication factors that complicate the diagnostic evaluation may result in the need for interactive complexity and can be reported in conjunction with evaluation (See Interactive Complexity).</p> <p>Since diagnostic evaluations include continuing psychiatric evaluation, psychotherapy codes are not to be reported with psychiatric diagnostic evaluations on the same date of service.</p> <p>All services that are required and rendered must be included in the documentation.</p>

## Psychological, Neurological, and Developmental Test Administrations and Evaluations

Not to be confused with screenings, psychological, neurological, and developmental testing and evaluation involves more extensive services to be rendered. Information on each of these services is highlighted below.

### Psychological Test Administration and Evaluation

Psychological testing and evaluation are measures of mental functioning including personality, emotions, and intellectual functioning. Rendering this service is at the clinician's judgement, where the reason(s) for his/her decision to render the service should be documented in the medical record. Some signs that psychological testing and evaluation may be necessary include significant social withdrawal, difficulties with speech and concentration, and significant difficulties with social activities including school and daycare. Approved testing tools must be verified with insurance carriers.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for the reporting of psychological testing and evaluation.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
96130	Psychological testing and evaluation; first hour	Licensed Clinical Psychologist (LCP)	<p>Testing is reimbursable when a current medical or mental health evaluation has been conducted, and a specific diagnostic or treatment question still exists which cannot be answered by a psychiatric diagnostic evaluation and history-taking.</p> <p>Integration of patient data, interpretation of standardized test results, clinical data, decision making and interactive feedback to patient(s)/caregiver(s), including treatment plan and reporting must be rendered and documented for in the patient's medical record.</p> <p>Because these are time-based codes, the total time rendering and interpreting the service must be documented, E.g., a start and stop time.</p>
96131	Psychological testing, evaluation, each additional hour after the first hour of service		96131 is an add-on code for 96130, signifying it can only be billed with 96130, when an additional hour of service is rendered, after the first hour of service was rendered.

## Neuropsychological Test Administration and Evaluation

Neuropsychological testing and evaluation measure a child's intellectual abilities, attention, learning, memory, visual-spatial skills, visual-motor integration, language, motor coordination, neurocognitive abilities, and executive functioning skills such as organization and planning. It may also address emotional, social, and behavioral functioning.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting neuropsychological testing evaluation services.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
96132	Neuropsychological test(s) administration(s) and evaluation(s); first hour, Face-to-Face services	Licensed Clinical Neuropsychologist  <b>Licensed Clinical Psychologist (LCP)-verification with insurance carriers is required</b>	Service and documentation requirements include its medical necessity, test with results and interpretation, clinical data and decision making, treatment planning, and interactive feedback to the patient and/or parent(s)/caregiver(s).  Because these are time-based codes, the total time rendering and interpreting the service must be documented for. E.g., a start and stop time.  Neuropsychological testing may be rendered by a licensed clinical psychologist when consistent with the scope of license and competency of the provider.
96133	Neuropsychological test administration and evaluation, each additional hour after the first hour of service		96133 is an add-on code for 96132, signifying it can only be billed with 96132, when an additional hour of service is rendered, after the first hour of service was rendered.

## Developmental Testing with Interpretation

Developmental testing is not to be confused with developmental screenings. Screenings identify who may be at risk, while testing develops more of a concrete picture. Testing involves the assessment of fine and/or gross motor/language, cognitive level, social, and memory or executive functions where the interpretation of the standardized test results and clinical data is included. Testing is reimbursable when a child has signs concerning developmental delay or loss of previously acquired developmental skills or when a developmental screening test presents red flags. Approved testing tools must be verified with insurance carriers.

The table below highlights the billing codes, their descriptions, reimbursable clinician, and guidelines for reporting a developmental test administration.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
96112	Developmental test administration includes assessment of fine and /or gross motor, language, cognitive level, social, and memory or executive functions by standardized developmental instruments with interpretation and report, initial hour.	Licensed Clinical Psychologist (LCP)  Psychiatrist	<p>The billing code applies to testing for developmental disorders. Reporting should include objective and subjective assessment.</p> <p>Why testing was provided, which standardized test instrument was used, test results, interactive feedback with patient and/or parent(s)/caregiver(s), and any appropriate actions taken are required and must be included in your documentation.</p> <p>Because these are time-based codes, the total time rendering and interpreting the service must be documented for. E.g., a start and stop time.</p>
96113	Developmental test administration; each additional 30 minutes after the first hour of service.		96113 is an add-on code for 96112, signifying it can only be billed with 96112, when an additional 30 minutes of service is rendered, after a full hour of service was rendered.

## Interactive Complexity

Interactive complexity is an add-on code specific for reporting with certain psychiatric services. It is billed to report communication difficulties during the visit. Interactive complexity can involve the use of:

- Physical aids and non-verbal communication to overcome barriers to therapeutic interaction between the clinician and a patient who has not yet developed, or
- Has lost either expressive language, communication skills to explain his/her symptoms and response to treatment, or the receptive communication skills to understand the clinician if she/he were to use ordinary adult language for communication.

Interactive complexity can be reported when at least one of the following communication factors is present during the visit (these communication factors are considered to additionally increase the intensity of services):

- The need to manage maladaptive communication related to high anxiety, high reactivity, repeated questions, or disagreement among participants that complicates delivery of care.
- Caregiver emotions or behaviors that interfere with implementation of the treatment plan.
- If reporting to a third party is required due to an incident in the patient's life that may have caused psychological damage. The incident must be newly discovered-e.g., abuse, neglect.
- Use of play equipment or other physical devices to communicate with the patient to overcome barriers to therapeutic or diagnostic interaction between the physician or other qualified health care professional; and a patient who has not developed, or has lost, either the expressive language communication skills to explain his or her symptoms and respond to treatment, or a patient who lacks receptive communication skills to understand the physician or other qualified health care professional if he/she were to use typical language for communication.

**Note:** To align with federal and the Center of Medicaid/Medicare Services (CMS) required language, effective 1/2022, Current Procedural Terminology (CPT) guidelines removed the use of interpreters and translator services from the list of communication factors that support medical necessity when coding for interactive complexity but when Licensed Mental Health Counselors and Licensed Marriage and Family Therapists render sign language or oral interpreter services, CMS recognizes the reporting of HCPCS code T1013 for 15 minutes of these services when rendered to patients by these mental health professionals.

The table on the following page highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting interactive complexity.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
90785	Interactive complexity	Licensed Clinical Psychologist (LCP) Psychiatrist Licensed Mental Health Counselor (LMHC) Licensed Marriage and Family Therapist (LMFT) Licensed Clinical Social Worker (LCSW) Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW, or LCP or a Psychiatrist	<p>90785 is an add-on code, meaning it cannot be reported on its own and can be billed in conjunction with other services. The approved services that interactive complexity can be billed with are,</p> <ul style="list-style-type: none"> <li>• Psychiatric evaluations (90791, 90792)</li> <li>• Psychotherapy services (90832, 90833, 90834, 90836, 90837, 90838, 90853) Psychotherapy with crisis and family psychotherapy are not approved as reportable services with interactive complexity.</li> </ul> <p>When reported with psychotherapy services, the additional time spent with a patient due to interactive complexity should not be calculated towards the time reported for the psychotherapy service.</p> <p>Documentation must include communication factors and how they increased the intensity of the services being rendered by the additional difficulty in either delivering the service or providing treatment to the patient.</p> <p>Modifier 59 is not applicable. Coding for the interactive complexity component represents the increased work intensity of the services rendered.</p>

## **Psychotherapy**

Psychotherapy, known as talk therapy, counseling, psychosocial therapy, or simply, therapy, is reimbursed by Medicaid and Medicaid Managed Care Organizations. Psychotherapy services can be provided and billed for patients with a behavioral/mental health diagnosis and for the prevention of a childhood behavioral health issue or illness.

For when a diagnosis is present, services can be rendered to all ages and populations.

For when providing psychotherapy for the prevention of a childhood behavioral health issue and/or illness, the absence of a mental health diagnosis is required where two-generational and preventative approaches are recognized via psychotherapy services for patients under the age of 21 and/or the parent/caregiver of the patient through individual, family and group sessions.

The table below highlights the billing codes, their descriptions, and reimbursable clinicians for psychotherapy.

<b>CPT Code</b>	<b>Description</b>	<b>Reimbursable Clinician(s)</b>
90832	Psychotherapy with patient-30 minutes	Licensed Clinical Psychologist (LCP)
90834	Psychotherapy with patient-45 minutes	Psychiatrist
90837	Psychotherapy with patient-60 minutes	Licensed Clinical Social Worker (LCSW)
90847	Family psychotherapy with patient present-50 minutes	Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW, or an LCP, or a Psychiatrist
90839	Psychotherapy for crisis; first 60 minutes	Licensed Mental Health Counselor (LMHC)
90840	Psychotherapy for Crisis; each additional 30 minutes.	Licensed Marriage and Family Therapist (LMFT)
90849	Multiple family group psychotherapy (A group consisting of 2 or more different families.)	
90853	Group Psychotherapy (Other than multiple family group) (A group of at least 2 or more patients without the family present	

The table below highlights the guidelines for reporting psychotherapy.

Applicable Guidelines	
<u><b>Psychotherapy when a Diagnosis is Present</b></u>	<u><b>Psychotherapy for Prevention of a Childhood Behavioral Health Issues/Illness</b></u>
<b>For All Psychotherapy Session Types:</b>	
Psychotherapy is not to be reported on the same date of service with psychiatric diagnostic evaluations.	
A notation of the duration (time) of the psychotherapy session is required for all time-based psychotherapy sessions.	
Reviewing records, communicating with other providers, observing, and interpreting patterns of behavior, communication between the patient and family and family with other family members, and decision making are included in psychotherapy services and are not separately billable. Additional time spent on these services should not be calculated and incorporated into the time-based psychotherapy code being billed.	
Medicaid and Medicaid Managed Care Plans have adopted The CPT (Current Procedural Terminology) <a href="#">midpoint rule</a> regarding billing for time-based psychotherapy services. The midpoint rule allows for a time-based code to be billed when the time the provider has spent rendering the psychotherapy session has exceeded (not reached) the time in the psychotherapy code's description. E.g. a 30-minute session can be billed for a 16-minute psychotherapy session, a 45-minute session can be billed for a 23-minute psychotherapy session, a 50-minute session can be billed for a 26-minute psychotherapy session, and a 60-minute session can be billed for a 31-minute psychotherapy session.	
The overall goal of therapy is to improve the mental health and well-being of the patient and family by addressing the emotional, cognitive, mental, and behavioral diagnosis by reducing symptoms, improving with coping mechanisms, enhancing self-awareness, promoting personal growth, resolving any conflicts, and changing maladaptive patterns. -A Behavioral/mental health diagnosis will support medical necessity for the services.	Overall goal of preventive measures is to improve the well-being of the patient and family by addressing their psycho-social circumstance(s) that if not attended to, can lead to a behavioral health issue or illness in the child. - Diagnosis code Z65.9 (Unspecified Psycho-Social Circumstance) will support medical necessity for the services.
A Treatment plan is required.	
Informed consent by patient (if of age) or parent/caregiver is required.	
All psychotherapy session types apart from psychotherapy for crisis, are not included in psychotherapy when provided for the prevention of a behavioral health issue and/or illness	
<b>For Family Psychotherapy (In addition to guidelines for all psychotherapy session types):</b>	
The patient must be present for the entire or majority of the service with family/caregiver(s).	
Attention should be given to the impact the patient's condition has on the family, with therapy aimed at improving interactions between the patient and family member(s)/caregiver(s).	Attention should be given to the impact or potential impact the patient and/or family's psycho-social circumstance will have on the patient and family with therapy aimed at ameliorating the circumstance(s).
Family therapy can only be billed under the child, the patient, when rendered due to his/her diagnosis. Family dynamics as they relate to the patient's mental status and/or behavioral should be a focus of the sessions.	Family therapy can only be billed under a child under Medicaid and Medicaid Managed Care Plans that is less than 21 years of age for either their or their caregiver's psycho-social circumstance that can affect the child. Family dynamics as they relate to the patient's and/or caregiver(s) psycho-social circumstance should be a focus of the session.

**Psychotherapy for Crisis (In addition to guidelines for all psychotherapy session types):**

The patient (parent/caregiver regarding HealthySteps) must present a high level of distress with a complex or life-threatening problem that requires immediate attention.

Psychotherapy for crisis cannot be reported with any other mental health service, on the same day.

**NOT APPLICABLE.** Psychotherapy for crisis is not a psychotherapy session type approved for psychotherapy for prevention.

**Multiple Family Group Psychotherapy (In addition to guidelines for all psychotherapy session types):**

Multiple family group psychotherapy consists of two or more different families where the patient

The group of families must share the same or similar diagnoses and/or symptoms

The groups of families must share the same or similar psycho-social circumstance(s) and/or symptoms where a mental/behavioral health diagnosis is absent in the patient.

FQHC's, RHC's, Article 28 clinics may not be eligible for reimbursement for group services. Verification with insurance carriers is required.

Group psychotherapy is not time-based, therefore documentation of the time spent providing the session is not required.

**Group Psychotherapy-Other than a Multiple Family Group (In addition to guidelines for all psychotherapy session types):**

Group psychotherapy-other than a multiple family group, consists of two or more patients without their families.  
(Applicable to parent/caregiver regarding HealthySteps)

The patients in the group must share the same or similar diagnoses and/or symptoms.

The patients in the group must share the same or similar psycho-social circumstance(s) and/or symptoms where a mental/behavioral health diagnosis is absent in the patient.

FQHC's, RHC's, Article 28 clinics may not be eligible for reimbursement for group services. Verification with insurance carriers is required.

Group psychotherapy is not time-based, therefore documentation of the time spent providing the session is not required.

**Note:** The reporting of individual versus family psychotherapy is at the clinical discretion of the provider, but insurance carrier guidelines must be verified, as some carriers may have an age minimum guideline in place for reporting individual psychotherapy. Please review the guidelines indicated in the family psychotherapy section to assist with your decision in reporting.

**Sources for Additional Information for Psychotherapy for Prevention of a Childhood Behavioral Health Issue/Illness:**

Medicaid FFS billing and claims questions should be directed to the eMedNY Call Center at (800) 343-9000.

Medicaid FFS coverage & policy questions should be directed to the Office of Health Insurance Programs Division of Program Development and Management by telephone at (518) 473-2160, or by email [FFSMedicaidPolicy@health.ny.gov](mailto:FFSMedicaidPolicy@health.ny.gov).

Medicaid Managed Care (MMC) Plans enrollment, reimbursement, billing and/or documentation requirement questions should be directed to the specific MMC plan of the patient/enrollee. Providers can refer to the eMedNY New York State Medicaid Program Information for All Providers-Managed Care Information Document at

[https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information\\_for\\_All\\_Providers\\_Managed\\_Care\\_Information.pdf](https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information_for_All_Providers_Managed_Care_Information.pdf) for contact information per MMC plan.

Medicaid Managed Care (MMC) Plans enrollment, reimbursement, billing and/or documentation requirement questions should be directed to the specific MMC plan of the patient/enrollee. Providers can refer to the eMedNY New York State Medicaid Program Information for All Providers-Managed Care Information Document at

[https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information\\_for\\_All\\_Providers\\_Managed\\_Care\\_Information.pdf](https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information_for_All_Providers_Managed_Care_Information.pdf) for contact information per MMC plan.

## Service Requirements for Psychotherapy-A Table of Comparison for Psychotherapy when a Diagnosis is Present Versus for Prevention:

<b><u>Psychotherapy when a Mental or Behavioral Health Diagnosis is Present</u></b>	<b><u>Psychotherapy for the Prevention of Behavioral Health Issues and/or Illness</u></b>
Individual, family, group, and crisis sessions are approved for patients of all ages and populations that have a mental and/or behavioral health diagnosis.	Individual, family, and group sessions are approved for all Medicaid and Medicaid Managed Care patients under the age of 21 without a mental and/or behavioral health diagnosis, utilizing diagnosis Z65.9 (Unspecified Psychosocial Circumstance) to support medical necessity for the services
Summary of the patient's history and the issues that led them to therapy.	Summary of the patient's history and the issues that with attention can prevent behavioral health issues and/or illness.
Functional status/mental status examination <a href="https://mentalhealthathome.org/2018/04/17/mental-status-exam/">https://mentalhealthathome.org/2018/04/17/mental-status-exam/</a> .	
Notation of the duration (time) of the psychotherapy session is required for all time-based psychotherapy sessions.	
Consent from patient and/or caregiver for the psychotherapy - If your health system does not have an informed consent policy in place, see our National Office Informed Consent Resource <a href="https://www.healthysteps.org/?post_type=resource&amp;p=3449?timestamp=1754575412">https://www.healthysteps.org/?post_type=resource&amp;p=3449?timestamp=1754575412</a> .	Consent from patient and/or caregiver for the preventive psychotherapy (explaining to the patient and/or caregiver that measures taken to ameliorate their psychosocial circumstance is considered preventive psychotherapy) – If your health system does not have an informed consent policy in place, see our National Office Informed Consent Resource <a href="https://www.healthysteps.org/?post_type=resource&amp;p=3449?timestamp=1754575412">https://www.healthysteps.org/?post_type=resource&amp;p=3449?timestamp=1754575412</a> .
The number of sessions ordered by the referring provider.	
<b><u>Treatment Plan:</u></b> (A structured, personalized documentation that outlines the patient's goals, methods used by practitioners to help obtain goals, and timeline for a patient's treatment)	
Patient's diagnosis.	There will not be a diagnosis in place but there will be psychosocial circumstance(s). (DX Code: Z65.9) This must be included.
Treatment goals surrounding the amelioration of the mental or behavioral health diagnosis with objectives that are the specific and measurable steps the patient and/or family and the provider will take to help the patient and/or family achieve the goals. (Goals to ameliorate the diagnosis and/or symptoms of the diagnosis).	Treatment goals surrounding amelioration of the psychosocial circumstances with objectives that are specific and measurable steps the patient and/or family as well as the provider will take, to help the patient and/or family achieve the goal(s). (Goals to ameliorate the issues/psychosocial circumstances the patient and/or family have that could lead to behavioral health issues and/or illness).
Prognosis - likely course of disease or ailment.	Prognosis - likely course of the psychosocial circumstance(s) with the prevention methods taken.
Progress and how the patient is benefiting from therapy in reaching goals, regularly tracking their improvement, evaluating the effectiveness of the treatment, and determining if adjustments may be needed to the treatment plan.	Progress and how the patient is benefiting from the therapy in reaching goals, regularly tracking the improvement of their psychosocial circumstance(s), evaluating the effectiveness of the assistance the provider is giving and adjusting, if needed, to the treatment plan).
Techniques used to treat the patient.	
<b><u>Overall Goal:</u></b>	
To improve the mental health and well-being of the patient and family by addressing the emotional, cognitive, mental, and behavioral diagnosis by reducing symptoms, improving with coping mechanisms, enhance self-awareness, promote personal growth, resolve any conflicts, and change maladaptive patterns.	To improve the well-being of the patient and family by addressing their psychosocial circumstances with the goal in preventing behavioral health issues and/or illness, understanding that the prevention is the intervention.

## **Health and Behavior Assessment, Re-Assessment, and Individual Intervention**

Health and behavior assessments/re-assessments and interventions are used to identify and address the psychological, behavioral, emotional, cognitive, and interpersonal factors important to the assessment, treatment, or management of **physical health problems**. The patient's primary diagnosis must be physical in nature, and the focus of the assessment and intervention is on factors complicating the physical health's medical condition(s) and treatment(s). These codes describe assessments and interventions to improve the patient's health and well-being, utilizing psychological and/or psycho-social assessments designated to ameliorate specific disease-related problems.

Services can be rendered to both the patient and the parent(s)/caregiver(s) but those services whose description includes "Individual" are services that can be rendered to the parent(s)/caregiver(s) when they too are patient(s) at the practice, where the billing occurs under their insurance carrier ID number and services are documented in their medical record.

The **Health and Behavior Assessment or Re-assessment** code is used to report the identification and assessment or re-assessment of psychological, behavioral, emotional, cognitive, and interpersonal (social) factors that can prevent, treat, or manage a patient's **physical health problem(s)**. The assessment or re-assessment must be associated with an existing acute or chronic illness, the prevention of a physical illness or disability, and the maintenance of health.

**Health and Behavior Intervention** services are to modify the psychological, behavioral, emotional, cognitive, and social factors relevant to and affecting the patient's physical health problems, not with the focus not on mental health issues, but rather on how such factors may be contributing to the treatment of their established illness(s). If the patient has a mental health diagnosis, this code would not be appropriate to report. **The patient's primary diagnosis must be physical in nature**, and the goals of the interventions should be to improve the patient's health and wellbeing utilizing psychological and/or psychosocial procedures designed to ameliorate specific disease-related problems.

The table on the following pages highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting health and behavior assessments/reassessments, and intervention services.

<u>Health and Behavior Assessment/ Re-assessment</u>		<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
<u>CPT Code</u>	<u>Description</u>		
96156	Health and behavior assessment or re-assessment (e.g., health-focused clinical interview, behavioral observations, clinical decision making).	Physician  Nurse Practitioner  Physician Assistant  Certified Nurse Midwife <b>(Verification with insurance carriers is required)</b>  Licensed Clinical Psychologist	<p>Services do not focus on the mental health of a patient, but rather on the biopsychosocial factors that are, or could affect the treatment of, or severity of, the patient's <b>physical condition</b>. Patient must have an established illness or symptom(s) and cannot have been diagnosed with a mental illness. Assessments identify the factors that are directly affecting the patient's physiological function, disease status, health, and general well-being. Patients must have an established illness and cannot be diagnosed with a mental health illness.</p> <p>Documentation for assessment or re-assessment services should include, but is not limited to, the patient's physical illness(s) (health focused interview), identification of the factors that are either preventing successful treatment and/or management of the illness and how these risk factors are impeding on the successful management of the illness(s).</p>
96158 and 96159	<u>96158</u> -Health and behavior intervention, individual. Face-to Face; initial 30 minutes.  <u>96159</u> -Health and behavior intervention, individual. Face-to Face; each additional 15 minutes		<p>96156 can be billed only once per day regardless of the amount of time required to complete the overall service. These services cannot be reported on the same day as preventive medical counseling or risk factor reduction codes, when rendered by the same provider. These services cannot be reported on the same day as psychiatric services.</p> <p>Intervention services are for the modification of the psychological, behavioral, emotional, cognitive, and social factors that have been identified as directly affecting the patient's physiological function, disease status, health, and general well-being. Patients must have an established illness and cannot be diagnosed with a mental health illness.</p> <p>96159 is an add-on code for 96158, indicating that it can only be reported with 96158 if the additional time indicated in its description was rendered. Because 96158 and 96159 are time-based codes, therefore, the total time rendering the service must be documented for. E.g., a start and stop time.</p> <p>Services rendered by physicians, physician assistants, nurse practitioners and when verified, also certified nurse midwives, level of service Evaluation and Management codes must be reported in lieu of the health and behavior assessments/re-assessments and intervention service codes.</p>

## Screening, Brief Intervention, and Referral to Treatment (SBIRT) Services

SBIRT services is an evidence-based approach to identifying patients who use alcohol and other drugs. Medicaid reimbursement will be available for screening for alcohol and substance abuse when the parent/caregiver is also a patient at the practice/site. The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting SBIRT services.

HCPCS Code	Description	Reimbursable Clinician(s)	Applicable Guidelines
H0049	Alcohol and substance abuse screening (Screening ONLY)-completed screening tool with scoring	Physician  Nurse Practitioner  Licensed Clinical Psychologist (LCP)	OASAS approved training/certification required.  <u>For the screening only (H0049):</u> If patient does not have an established diagnosis related to alcohol or substance abuse, append ICD-10 code Z02.83 (Screening for blood-alcohol and blood-drug test) <u>For intervention services (H0050):</u> All diagnoses related to alcohol/substance abuse will support medical necessity for the service.
H0050	Alcohol and substance abuse brief intervention, per 15 minutes (Group services may not be provided)		Because an intervention (H0050) is a time-based code, the total time rendering the service must be documented for. E.g., a start and stop time.  Commonly used pre-screening tools are AUDIT-C, NIDA Quick Screen, Four Ps, DAST1. Commonly used full screening tools are AUDIT, ASSIST, DAST10, and T-ACE, TWEAK for pregnant patients.
G0442	Substance use and abuse screening  (Verification with insurance carriers should be made on which screening code is preferred-G0442 or H0049)		Each unit reported for H0050 is equivalent to 15 minutes of time spent rendering the service to the patient. Depending on time spent rendering the service, billing for more than 1 unit may be required. H0049 and H0050 are the billing codes recognized by Medicaid and Medicaid Managed Care carriers, billing codes 99408 (Alcohol and/or substance abuse structured screening and brief intervention services; 15-30 minutes) and 99409 (Alcohol and/or substance abuse structured screening and brief intervention services; greater than 30 minutes, should be reported when billing commercial insurance carriers.

### OASAS Training Requirements:

- 4 hours of OASAS approved training/certification  
<https://webapps.oasas.ny.gov/training/searchresults.cfm?sbirt=4>
- 12 hours of OASAS approved training/certification  
<https://webapps.oasas.ny.gov/training/searchresults.cfm?sbirt=12>

For information on the OASAS Certification process: <https://webapps.oasas.ny.gov/training/index.cfm> For billing questions: [SBIRTNY@oasas.ny.gov](mailto:SBIRTNY@oasas.ny.gov)

## Smoking Cessation

Effective April 1, 2021, Medicaid expanded the list of practitioners who can be reimbursed for providing smoking cessation counseling services, including those practices that bill under the APG Medicaid billing methodology.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting smoking cessation services.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
99406	Smoking and tobacco use cessation counseling visit; intermediate, <b>Greater than 3 minutes, up to 10 minutes.</b>	Physician Physician Assistant Nurse Practitioner Licensed Midwives during medical visits	<p>Group sessions (2-8 patients) are available for reimbursement for sessions greater than 10 minutes. Billing requires a modifier HQ appended to CPT code 99407. <b>(FQHCs, RHCs, and article 28 clinics may not be eligible to bill for group services-verification with insurance carrier(s) is required.</b></p> <p>Documentation of the time taken to provide services is required, as well as the content of the counseling.</p> <p>When 3 minutes or less is spent counseling the patient, the service is not separately reimbursable.</p>
99407	Smoking and tobacco use cessation counseling Visit; intensive. <b>Greater than 10 minutes.</b>	Licensed Clinical Psychologist (LCP) Licensed Clinical Social Workers (LCSW) Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW or LCP Registered Nurse (RN) Licensed Practical Nurse (LPN)	<p>Medicaid coverage includes all medications to treat smoking cessation listed on the eMedNY Medicaid Pharmacy List of Reimbursable Drugs.</p> <p>Billing for services provided by Registered Nurses and Licensed Practical Nurses at FQHCs and RHCs must be verified with insurance carriers-services may need to be billed under the ordering physician.</p> <p>Medicaid covers unlimited cessation counseling but verification with Medicaid Managed Care carriers must be made on if they will also reimburse for unlimited smoking cessation counseling visits.</p> <p>All smoking related diagnoses will support medical necessity for the services.</p> <p>Services and documentation requirements for smoking cessation services are:</p> <ul style="list-style-type: none"> <li>• The patient's tobacco use</li> <li>• Interventions of assessing readiness for change and barriers to change.</li> <li>• Advising of a change in behavior</li> <li>• Assisting by providing specific suggested actions</li> <li>• Motivational counseling</li> <li>• Arranging for services and follow-up</li> <li>• Time spent rendering smoking cessation services.</li> </ul> <p><u>Medicaid expanded</u> coverage for smoking cessation counseling to include LCSW's and LMSW's that bill using APG's when affiliated with a smoking cessation counseling program at their clinic.</p>

## Lactation Services

New York State Medicaid provides reimbursement for evidence-based breastfeeding education and lactation counseling consistent with the United States Preventive Task Force (USPSTF) recommendation with specific guidelines for reimbursement eligibility.

The table on the following page highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for reporting lactation services.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
S9445	Patient education, not otherwise classified, non-physician provider, <b>individual</b> , per session.	Physician  Physician Assistant  Nurse Practitioner  Nurse Midwife  Registered Nurse  International Board-Certified Lactation Consultant" credentialled by the International Board of Lactation Consultant Examiners (IBCLE)  Certified Lactation Specialist (CLS)  Certified Breastfeeding Specialist (CBS)  Certified Lactation Educator (CLE)  Certified Clinical Lactationist (CCL)  Certified Breastfeeding Educator (CBE)	Registered nurses (RNs) and physician assistants (PAs) cannot independently report lactation services. The ordering physician can submit a claim to NYS Medicaid for lactation counseling when an RN and PA that has obtained any recognized lactation certifications, renders the service.  Although a properly certified PA, NP, NM, and RN can render lactation services in addition to a properly certified physician, only those services rendered by a physician are eligible to receive separate NYS Medicaid reimbursement for the services. The reimbursement for PAs, NPs, NWs, and RNs is included in the All Patients Refined Diagnosis Related Group (APR DRG) or the APG payment to the facility.  FQHCs and RHCs, who have opted into the APG Medicaid billing methodology, can also bill for lactation counseling services.  The description for HCPCS codes S9445 and S9446 is the national description for the billing codes, but Medicaid recognizes <b>S9445</b> for an initial lactation counseling session where the <b>minimum</b> duration of the session is 45 minutes. The follow-up session(s) should be a minimum of 30 minutes each and occur within the 12-month period immediately following delivery. Medicaid recognizes <b>S9446</b> for group sessions that consist of 2 patients and a maximum of 8, where the minimum duration of the group session is 60 minutes. One prenatal and one postpartum class (total of 2), per patient, per pregnancy is covered. ( <b>FQHCs and RHCs must verify is group services are reimbursable</b> )  Because minimum time frames have been placed on both S9445 and S9446, documentation of the time spent rendering the services to the patient is required.  Diagnosis code Z39.1 (Encounter for care and examination of lactating mother) should be included when reporting for any other diagnosis pertinent to the patient's visit, where the mother must be the patient. (Services cannot be billed under the infant.)
S9446	Patient education, not otherwise classified, non-physician provider, <b>group</b> , per session.		

## Virtual Communication Services

Most Federally Qualified Health Centers (FQHCs) and Rural Health Centers (RHCs) bill under the Ambulatory Patient Group (APG) Medicaid billing reimbursement methodology, but there are a number of these clinic types that have opted to remain under the Prospective Payment System (PPS). Whether you bill under the APG or PPS Medicaid reimbursement methodology, the Center for Medicare, and Medicaid Services (CMS) will reimburse virtual communication services **when rendered at FQHCs, FQHC look-a-likes, and RHCs**. Although both telehealth and virtual communication services use technology to communicate, these are two separate and distinct services. Virtual communication services are technology-based and remote evaluation services for a brief discussion with a practitioner to determine if a visit is necessary. Virtual communication can be billed if the following requirements are met: (1) The medical discussion or remote evaluation is for a condition not related to a clinical visit/service provided within the previous 7 days **and (2)** the medical discussion or remote evaluation does not lead to a clinical visit within the next 24 hours or at the soonest available appointment. The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for the reporting of virtual communication at FQHCs, FQHC look-a-likes, and RHCs.

<u>HCPCS Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
G0071	Communication technology-based services for five (5) minutes or more of virtual communication between a Federally Qualified Health Center (FQHC) or a Rural Health Center (RHC) practitioner and patient, or five (5) minutes or more of evaluation of recorded video and/or images by an FQHC or RHC practitioner, occurring in lieu of an office visit	Physician  Physician Assistant (PA)  Nurse Practitioner (NP)  Certified Nurse Midwife (CNM)  Licensed Clinical Psychologist (LCP)  Psychiatrists  Licensed Clinical Social Workers (LCSW's)*	<p>Virtual communication is not a substitute for a visit, but instead a brief discussion with an FQHC/RHC practitioner to determine if a visit for an established patient is necessary. It cannot be billed for a new patient. The patient must have had a billable visit within the previous year. Patient consent should be obtained before services are furnished and billed.</p> <p>Virtual communication must be initiated by the patient, not the practitioner, where the clinician may respond to the patient's concern(s) by either telephone, audio/video, secure text messaging, e-mail, and use of a patient portal. Services must be rendered and billed under the patient, only. Verification must be made with insurance carriers on if the service is billable if the parent(s) or guardian(s) of the patient initiate the communication. Documentation requirements consist of the following:</p> <ul style="list-style-type: none"><li>• Primary reason(s)/condition(s) for the communication</li><li>• Information about stored images (if applicable)</li><li>• Any details of the interaction (discussion such as medications, recommendations, and/or referrals)</li><li>• Total time of interaction (5 minutes or longer)</li><li>• Any updates made to existing treatment plans</li><li>• Action plan because of communication</li></ul> <p>This service code is <u>ONLY</u> billable at FQHCs, FQHC look-a-likes, and RHCs. Verification with insurance carriers is required if licensed mental health counselors and licensed marriage and family therapists can render the service.</p>

**\*Note:** LCSWs are listed as providers that can render and bill for these services but due to the restrictions placed on LCSW reimbursement when billing under the APG reimbursement methodology, verification must be made with insurance carrier(s).

## e-Visits

e-Visits are a type of virtual check-in involving patient-initiated communications with a provider through a text-based and Health Insurance Portability and Accountability ACT (HIPAA) compliant digital platform, such as a patient portal. **E-Visits are intended to remotely assess non-urgent conditions and prevent unnecessary in-person visits.** E-Visits reimburse providers for the problem-focused communication and medical decision-making they do outside of normal visits.

Like virtual communication, e-Visits encompass patient or patient caregiver-initiated communication with a provider, for an established patient, but unlike virtual communication, e-Visits are recognized for reimbursement at other clinic types, and not just FQHCs, FQHC look-a-likes, and RHCs.

The table below highlights the billing codes, their descriptions, reimbursable clinicians, and guidelines for the reporting of e-Visits.

<u>CPT Code</u>	<u>Description</u>	<u>Reimbursable Clinician(s)</u>	<u>Applicable Guidelines</u>
98970	Qualified non-physician healthcare professional online assessment and management, for an established patient, for up to seven days, cumulative time during the seven days; 5-10 minutes.	Licensed Clinical Psychologist  Licensed Clinical Social Worker's (LCSWs), Licensed Marriage and Family Therapists (LMFTs),  Licensed Mental Clinical Counselor (LMCCs) are recognized as providers eligible to render and bill for these services under NYS Medicaid, but because the APG reimbursement methodology has restrictions placed on the LCSW, LMFT, and LPCC services	e-Visits <b>MUST BE</b> patient-initiated communication with the provider and must be via a text-based and HIPAA compliant digital platform, such as a patient portal.  e-Visits can only be provided to established patients though the presenting problem may be new.  Communication of test results, scheduling appointments, medication refills, and any other communications outside the scope of evaluation and management, are not considered e-Visits.  Verbal or written consent must be obtained from the patient/patient caregiver, where documentation of the consent must be in the patient's medical record.  Billing for e-Visits is based on cumulative time spent with a single patient within a seven-day period. For example, if five to ten minutes are spent with a single patient for an e-Visit over a seven-day period, CPT code 98970 may be billed. For an encounter to qualify as an e-Visit, the patient must not have been seen for the same clinical issue within the previous seven days.  e-Visit codes may be billed <b>once</b> per 7-day period (When billing, the date of service must be the last date of communication between the patient and provider within that 7-day period.)  Because e-Visit codes are time-based where the service time is cumulative up to a seven-day period, documentation of the time spent rendering the service is required, in each note. The seven-day

98971	Qualified non-physician health care professional online assessment and management, for an established patient, for up to seven days, cumulative time during the seven days; 11-20 minutes.	recognized for reimbursement, verification is required with insurance carriers. Verification required with insurance carriers on if a Licensed Master Social Worker (LMSW) under the clinical supervision of an LCSW can also render the service.	period starts with the review of the initial patient communication by the provider.  The provider must begin their review within 3 business days of the patient inquiry.  The service time must include the review of pertinent medical records, interaction with clinical staff about the presenting problem and subsequent communication which are not included in a separately reported service.  In addition to the total time spent rendering the service to the patient, documentation requirements for e-Visits include the patient-initiated inquiry and the presenting problem of the patient, as well as the clinical assessment and recommendations of the provider.  According to the e-medNY list of procedure codes and fee schedule for licensed clinical social workers, e-Visit codes should only be used to report e-consults. Verification with insurance carriers of what this means to the services rendered must be made at the site level.
98972	Qualified non-physician health care professional online assessment and management, for an established patient, for up to seven days, cumulative time during the seven days; 21 minutes or more.		

## Community Health Worker Services

The Community Health Worker (CHW) functions as a liaison between healthcare systems, social services, and community-based organizations to improve overall access to services and resources and to facilitate improved health outcomes, overall health literacy, and preventing the development of adverse health conditions, injury, illness, or the progression of either.

New York State Medicaid reimburses CHW services for the following populations:

- Pregnant patients during their pregnancy and up to 12 months postpartum
- Children under the age of 21
- Adults with chronic conditions
- Justice-involved individuals
- Those with unmet health-related social care needs
- Individuals experiencing community violence

CHW services are reimbursable by Medicaid fee-for-service (FFS), NYS Managed Care Organizations (MCOs), Human Immunodeficiency Virus-Special Needs Plans (HIV SNPs), and Health and Recovery Plans (HARPs). **Note:** NYS Medicaid members who receive care coordination services through the health home program, a health home care organization, a certified community behavioral health clinic, and assertive community treatment, are not eligible for CHW service coverage.

Under NYS Medicaid guidelines, CHW services are as follows:

- **Health Advocacy**
  - Advocating on a patient's individual and healthcare service needs.
  - Connect patients with community-based resources and programming.
  - Advocacy efforts of the CHW are to promote empowerment and self-confidence of patients to ensure respectful and equitable care and support to prevent health conditions, illness, problem or injury or the progression of illness. CHWs bridge cultural, communication, and language gaps between the health care system and the patients accessing care and services.
- **Health Education**
  - Provide education to:
    - optimize health and address barriers to accessing health care, health education and/or community resources that incorporate the needs, goals, and life experience of the patient.
    - prevent health condition, illness, problem or injury, or the progression of an illness with evidence-based standards.
    - support informed decision-making, agency, problem-solving, active collaboration, and self-efficacy related to health and social care needs.
    - Optimize the patient's experience in the healthcare system.
- **Health Navigation**
  - CHW services may include assistance to the patient for health navigation in the following areas:
    - Community-based and healthcare-related referrals and follow-up referral services.
    - Completion of screening tools that do not require a licensed provider to complete.
    - Identifying health and social care needs and follow-up to connect to services including, but not limited to transportation, employment, job training, food insecurity, childcare, and housing (the CHW may not provide these services directly).
    - Resource coordination is directed to the individual (not case management).
    - Help with enrollment or maintain enrollment in government programs or other assistance programs (can assist and educate but cannot directly select services/benefits).
    - Accompaniment to in-person and virtual healthcare visits and to get established with community resources that will improve or maintain the patient's health.

CHW services do not include the following:

- Clinical case management/care management services that require a license, including comprehensive Medicaid case management services.

- The provision of companion services/socialization, respite care, transportation, direct patient care, personal care services/homemaker services (e.g., chore services including shopping, cleaning, and cooking, assistance with activities of daily living, errands), or delivery of medication, medical equipment, or medical supplies.
- Services that duplicate another covered Medicaid service or that are otherwise billed to Medicaid/Medicaid managed care.
- Services outside the level of training the CHW has attained.
- Advocacy for issues not directly related to the patient's health or social care needs.
- Bill for language interpretation services
- Time and activities that do not include direct engagement with the patient.

The tables below highlight the billing codes, their descriptions, and reimbursable supervising clinicians for reporting CHW services.

<b>CPT Code</b>	<b>Description</b>	<b>Reimbursable Supervising Clinician(s)</b>
98960	Self-management education and training face-to-face using standardized curriculum for an individual NYS Medicaid member-each 30 minutes	Physician, Nurse Practitioner, Midwife
98961	Self-management education and training face-to-face using standardized curriculum for two-four (2-4) NYS Medicaid members-each 30 minutes	Licensed Clinical Psychologist
98962	Self-management education and training face-to-face using standardized curriculum for five-eight (5-8) NYS Medicaid members-each 30 minutes	Licensed Clinical Social Worker Licensed Mental Health Counselor Licensed Marriage and Family Therapist

The table below highlights the applicable guidelines for the billing and reporting of CHW services.

<b>Applicable Guidelines</b>
CHW services are reimbursable for the following populations: <ul style="list-style-type: none"> <li>• Pregnant patients during their pregnancy, and up to 12 months postpartum, regardless of the results of the pregnancy</li> <li>• All children under the age of 21</li> <li>• Adults with chronic conditions</li> <li>• Individuals with justice system involvement within the past 12 months</li> <li>• Those with unmet health-related social care needs in the domains of housing, nutrition, transportation, or interpersonal safety, which have been identified through screening using the <a href="#">Centers of Medicare &amp; Medicaid Services (CMS) Accountable Health Communities Health-Related Social Needs Screening Tool</a></li> <li>• Individuals exposed to community violence or have a personal history of injury sustained because of an act of community violence, or who are at an elevated risk of violent injury or retaliation resulting from another act of community violence.</li> </ul>

CHWs are not eligible to enroll with NYS Medicaid. Their services are to be billed by an approved Medicaid-enrolled, licensed billable supervising clinician acting within their scope of practice under state law. Those recognized are listed under the "Reimbursable Supervising Clinicians" column above.

All clinic types are eligible to bill for CHW services, including Federally Qualified Health Centers (FQHCs) if the FQHC has elected to be reimbursed under the APG Medicaid reimbursement methodology. Additionally, FQHCs that have opted into the APG reimbursement methodology can only bill if the CHW service is provided in conjunction with a threshold visit (sick, follow-up, well-child) with a licensed health care provider.

A CHW is a public health worker that reflects the community served through lived experience that may include but is not limited to:

- Pregnancy and birth
- Housing
- Mental health conditions
- Substance use or other chronic conditions
- Share race, ethnicity, language, and/or sexual orientation or community of residence.

CHW's providing the direct service must have obtained the following:

- A 20-hour minimum training that includes the CDC-endorsed CHW Core Consensus Competencies (C#) which can be seen at, <https://www.c3project.org/roles-competencies> or 1400 hours of experience working as a CHW in formal paid or volunteer roles within the past three years.
- Basic HIPAA training.

CHW services must involve direct face-to-face interaction with the patient. NYS Medicaid will reimburse for up to 12 units total (30 minutes=1 unit) per patient, per year of CHW services for adult populations. They will reimburse up to 24 units (30 minutes =1 unit) for the pediatric population (under 21 years of age).

Although each unit of service indicates to be for 30 minutes of service, NYS Medicaid will reimburse for each 30-minute self-management code (98960, 98961, 98962), for CHW services, when at least 16 minutes of service is rendered, with a maximum of 37 minutes.

When billing for all CHW services, **except** for community violence prevention services, both billing modifiers U1 and U3 must appear consecutively, and in this order, on the CHW service CPT code (98960, 98961, 98962) claim line. When billing for community violence prevention services the order of the billing modifiers changes, whereas U3 and U1 must appear consecutively, and in that order.

For Managed Care Organization members, providers must contact the managed care plan of the patient, for billing instructions. The managed care plan contact information can be found at:

[NYhttps://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information\\_for\\_All-Providers\\_Managed\\_Care-Information.pdf](https://www.emedny.org/ProviderManuals/AllProviders/PDFS/Information_for_All-Providers_Managed_Care-Information.pdf).

FFS Coverage and policy questions should be directed to, [MaternalandChild.HealthPolicy@health.ny.gov](mailto:MaternalandChild.HealthPolicy@health.ny.gov).

Documentation requirements include the services listed and provided under either of the approved CHW services (health advocacy, education, navigation) rendered, and the clinicians' recommendation for CHW services, and the duration of the time the CHW service was provided.

Clinicians' recommendations for CHW services can be made by physicians or other licensed practitioners of the healing arts acting within his or her scope of practice under state law. Licensed practitioners of the healing arts are licensed psychiatrists, licensed clinical social workers, nurse practitioners, physicians, physician assistants or licensed psychologists practicing within the scope of their state license.

Medicaid guidelines advise of the following diagnosis types that support medical necessity for CHW services:

- For patients 21 years of age and older, providers must include a diagnosis on the claim that identified either the chronic condition, social care need, or qualifying risk criteria of the NYS Medicaid member using the appropriate diagnosis code and/or the ICD-10 Z code.
- For pregnant or postpartum patients, the appropriate pregnancy diagnosis or postpartum diagnosis should be reported.
- For patients under the age of 21, a diagnosis is not required to support medical necessity for CHW services, but the Z-code relevant to the patient, should be reported.

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