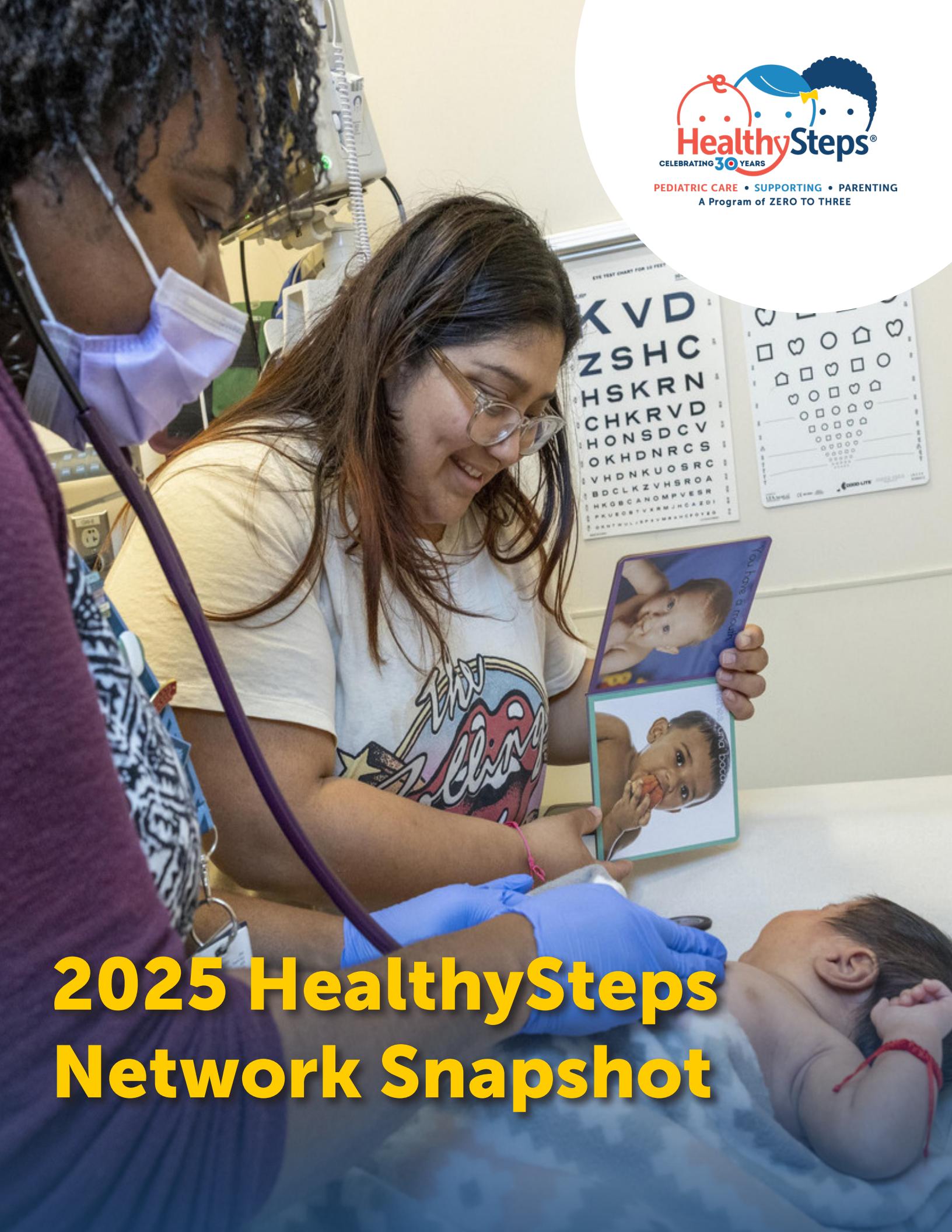




PEDIATRIC CARE • SUPPORTING • PARENTING  
A Program of ZERO TO THREE

# 2025 HealthySteps Network Snapshot



# HealthySteps Transforms the Lives of Children and Families

HealthySteps, a program of [ZERO TO THREE](#), is an evidence-based, team-based pediatric primary care program that promotes the health, well-being and school readiness of babies and toddlers, with an emphasis on families living in low-income communities.

The HealthySteps National Office conducts two large data collection efforts each year: the annual update of **Site Profile Forms**, which takes place every May, and **Annual Site Reporting (ASR)**, which occurs every July.

The Site Profile Forms provide administrative data around sites' location and setting; funding and reimbursement sources; data collection practices; and other descriptive program components. ASR follows the Site Profile Form updates, and includes key service delivery and child and family data. This requires sites to extract data from the practice's electronic health records (EHRs) and other HealthySteps-specific databases.

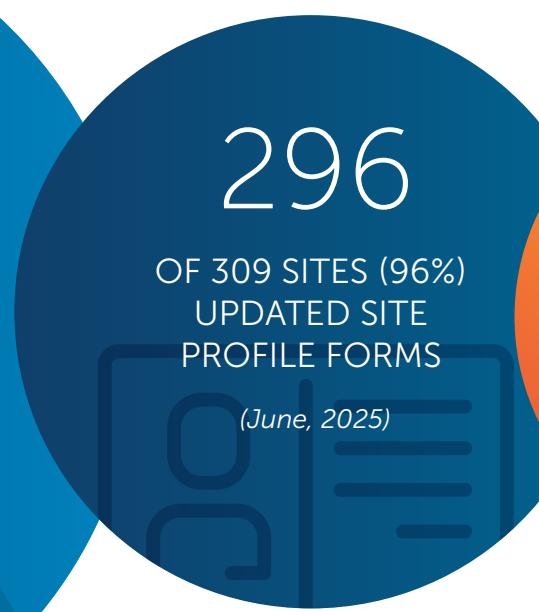
Because HealthySteps sites are onboarded on a rolling basis and these two data collection efforts request information from specific points in time, **the summary of information provided herein reflect data from a subset of current, active HealthySteps sites.**



369

ACTIVE SITES

(close of 2025 calendar year)

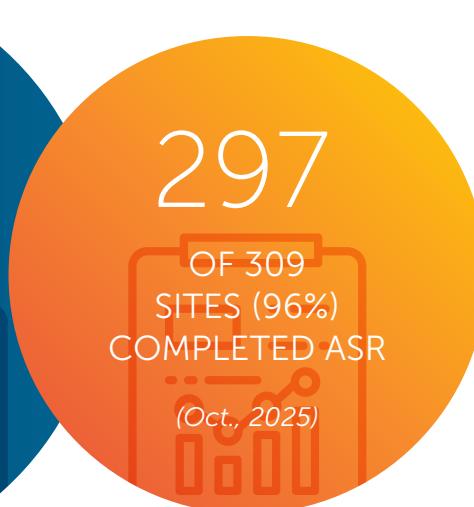


296

OF 309 SITES (96%)  
UPDATED SITE PROFILE FORMS



(June, 2025)



297

OF 309 SITES (96%)  
COMPLETED ASR



(Oct., 2025)

# HealthySteps Site Reporting

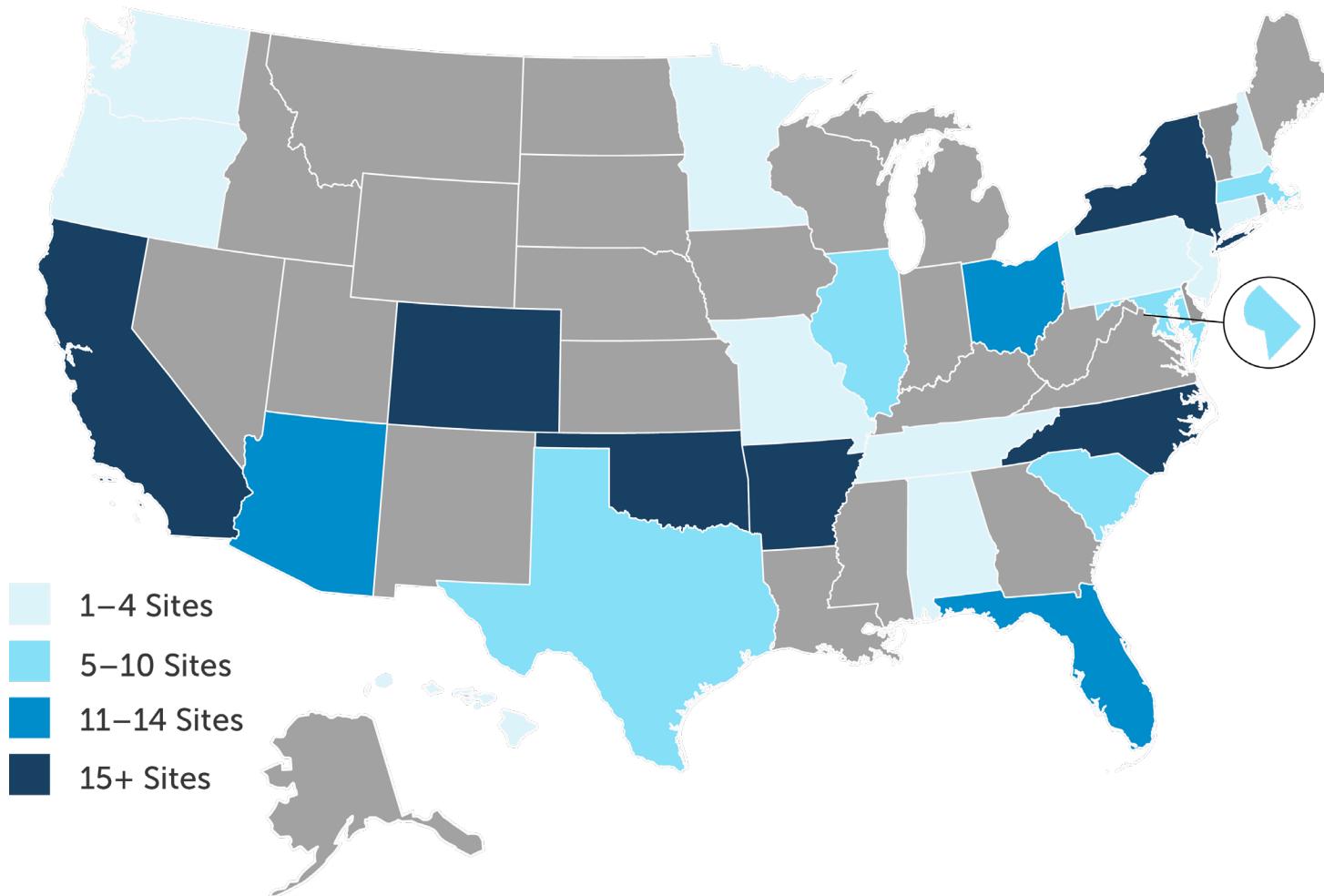


HealthySteps saw enormous growth in 2025, adding over 70 sites to the national network. This brought the total number of HealthySteps sites to 369 across 25 states, Washington, DC, and Germany at the close of the 2025 calendar year.

HealthySteps' largest presence is in New York, accounting for over a third (34%) of the network's sites, followed by California (14%) and Colorado (9%).

## HEALTHYSTEPS NETWORK 2025

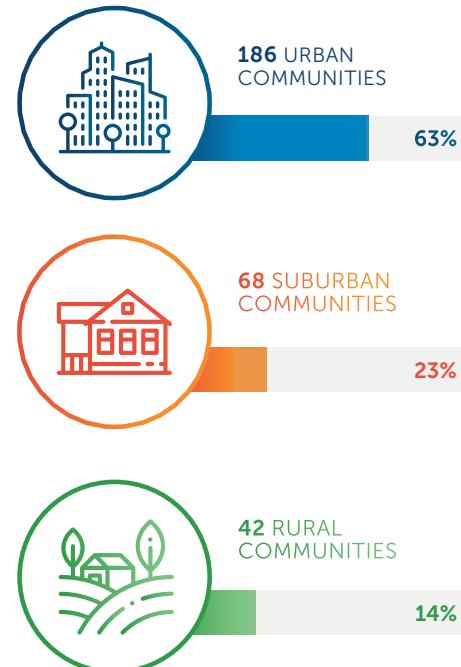
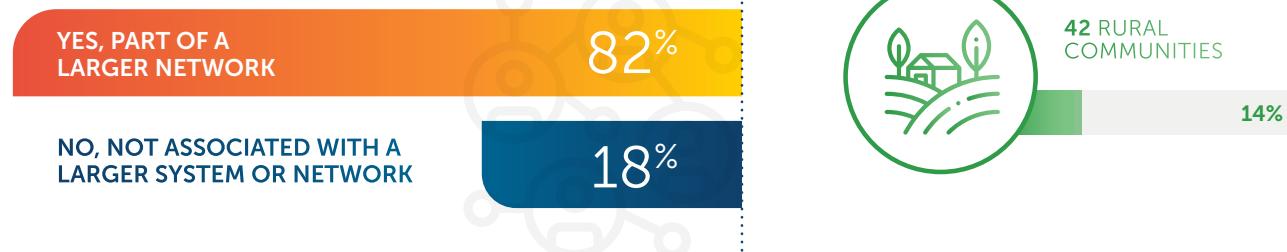
**369** Sites across **25** States  
+ DC, & Germany



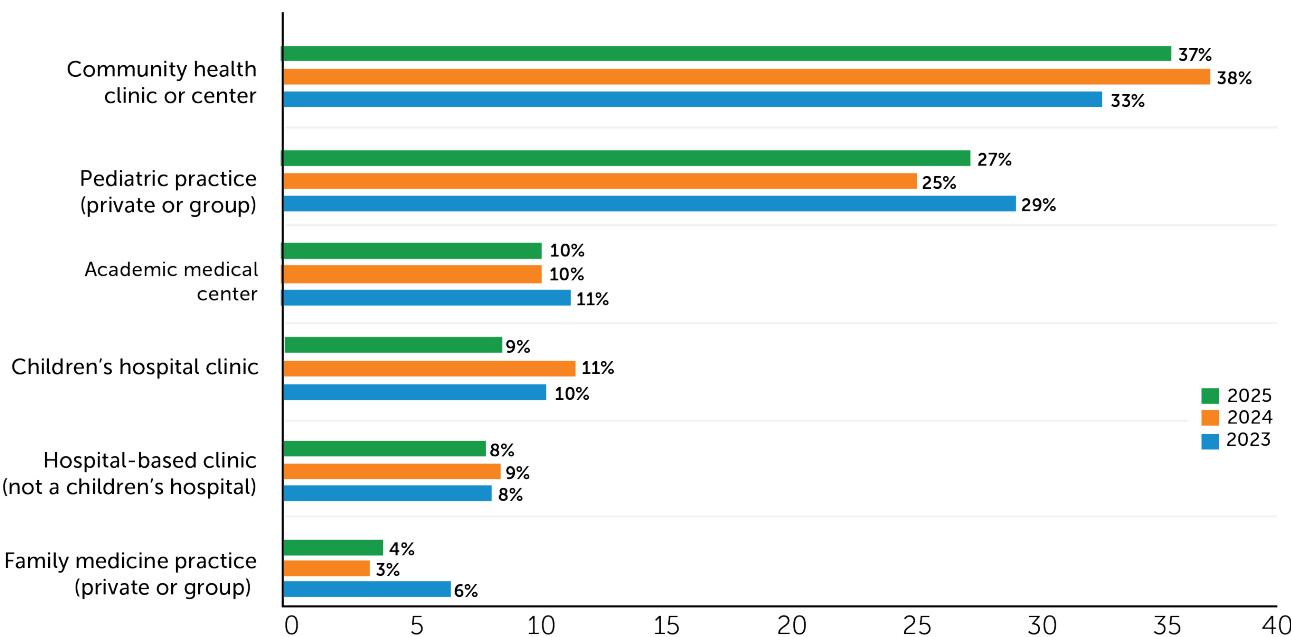
# HealthySteps Site Characteristics

Two hundred and ninety-six HealthySteps sites completed Site Profile Form updates in 2025. Almost two-thirds (63%) of HealthySteps sites are located in urban communities, while 23% are located in suburban communities. The remaining 14% of HealthySteps sites are located in rural communities.

A majority (83%) of sites report being part of a larger network (e.g., a health system or medical center).



The most common settings in which HealthySteps programs are implemented are community health clinics or centers (37%), pediatric practices (27%), and academic medical centers (10%). In addition to the settings displayed below, HealthySteps is also implemented in Indian Health Service and tribally-run healthcare facilities, as well as medical schools.



# HealthySteps Site Staffing & Partnerships

**Master's degree: 57%**

**Bachelor's degree: 19%**

**Doctoral degree: 17%**

The most common education level achieved by HS Specialists is a master's degree, followed by bachelor's and doctoral degrees. HS Specialists also hold licenses and certifications, such as licensed clinical social workers, licensed clinical psychologists, and certified lactation counselors and/or consultants.

HealthySteps also offers ongoing professional development support and opportunities, in the form of the [HealthySteps Specialist Competencies](#) and various National Office-hosted learning events.



**Spanish**

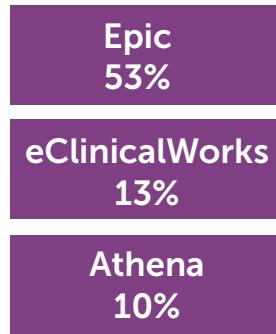
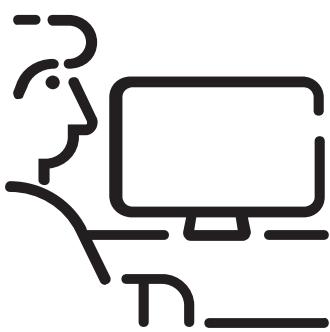
**Arabic**

**Haitian Creole**

**Top 3 languages (besides English) spoken by HealthySteps families**

On the Site Profile Form, HealthySteps collects the four most common languages spoken at each HealthySteps site. This helps inform updates to HealthySteps resources, which are [now available in seven languages](#).

## Electronic Health Record Systems



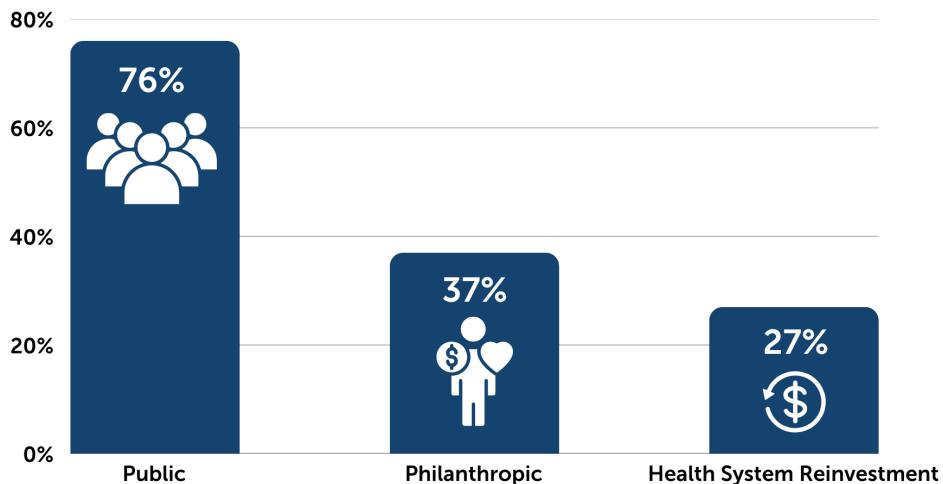
The most common EHR used by HealthySteps sites is Epic, and in 2023, the National Office released the [HealthySteps Epic Implementation Turbocharger Package](#). The Turbocharger supports sites in updating their instances of Epic to better document and report on HealthySteps services.

# HealthySteps Site Funding & Reimbursement

## FUNDING

The most common source of funding for HealthySteps sites is public funding. Public funding is a broad category that covers a diverse array of sources, such as federal grants, state and/or county investments, local property taxes, tobacco and/or cannabis tax initiatives, and child welfare prevention funds. HealthySteps sites are also supported by philanthropic funding, as well as health system and hospital reinvestment.

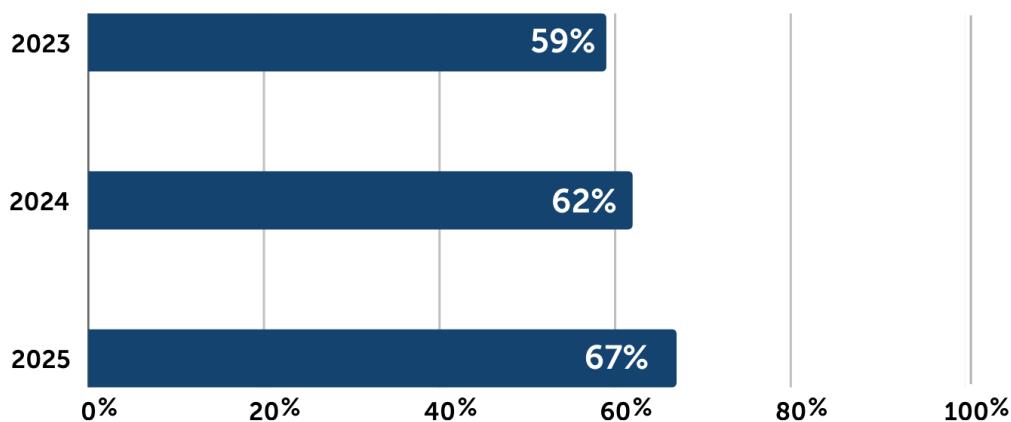
### TYPES OF FUNDING



*Total will sum to more than 100% as sites were asked to select all that apply.*

## REIMBURSEMENT

In 2025, two-thirds of HealthySteps sites (67%) reported receiving reimbursement for HealthySteps services. This has increased steadily over the last few years, with 62% of sites reporting reimbursement in 2024, and 59% of sites reporting reimbursement in 2023.



# HealthySteps Served Over 400,000 Children in 2025

Each year in July, the National Office collects data from sites on key demographic and service delivery metrics during ASR. The reporting is organized around the HealthySteps Core Components and broken out by each Tier of Service.

In 2025, HealthySteps sites continued to be impacted by the ongoing behavioral health workforce shortage, but sites are finding innovative ways to continue to deliver HealthySteps services and support families.

**TIER 1 UNIVERSAL SERVICES: 402,504**

**TIER 2 SHORT-TERM SUPPORTS: 43,826**

**TIER 3 COMPREHENSIVE SERVICES: 41,192**

## Universal Screening

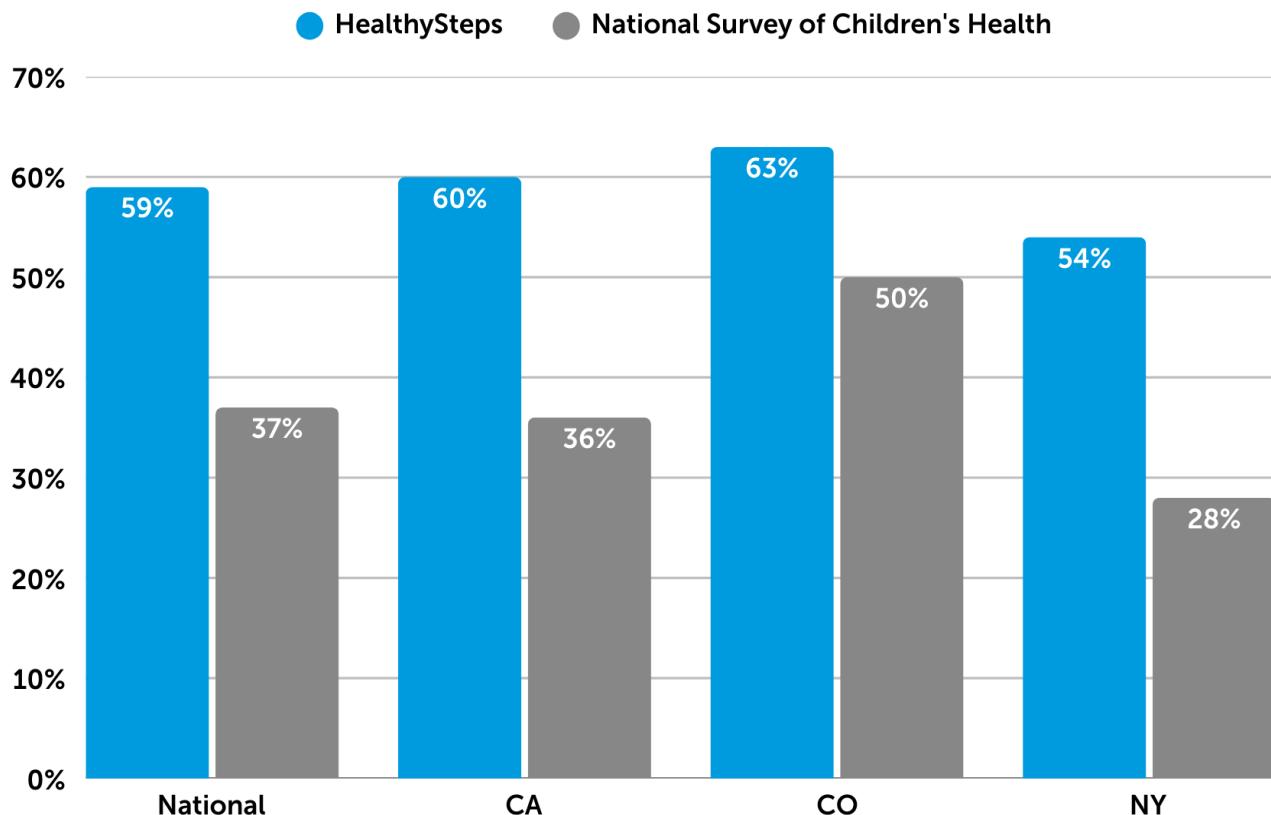
The American Academy of Pediatrics' (AAP) *Bright Futures* recommends standardized screenings across the well-child visit schedule. HealthySteps operationalizes the AAP's recommendations with Tier 1 universal screening requirements, which include screening for both children and families. Universal screening is foundational to HealthySteps, transforming it into a true population health model that has the potential to both ensure equity and close chronic gaps in the U.S. social safety net.

Of the 402,504 children who received a well-child visit at a HealthySteps site in 2025, 238,685 received a developmental screening. This accounts for over half (59%) of the Tier 1 children receiving a developmental screening this year, which is an increase from 54% in 2024 and far exceeds the 2023-2024 national average of 37%, per the National Survey of Children's Health (NSCH).

# Universal Screening

The HealthySteps impact on increased screening rates is also evident in the three states with the largest HealthySteps footprint: California, Colorado, and New York.

## HEALTHYSTEPS vs NSCH DEVELOPMENTAL SCREENING RATES



Similarly, in 2025, 144,259 HealthySteps children had a mother screened for maternal depression, which represents over a third (36%) of Tier 1 families receiving this critical service. It also reflects HealthySteps families getting screened at a higher rate than the national average; in 2022, the Healthcare Effectiveness Data and Information Set (HEDIS) released the first set of national maternal depression screening rates, which revealed that fewer than 20% of postpartum patients were screened for maternal depression. While there is still much growth to be achieved across HealthySteps sites, they are already outperforming national screening practices.

## Accreditation

---

HealthySteps practices hold a variety of designations and accreditations; the most common is the Patient Centered Medical Home (PCMH) with over half of the sites (60%) reporting that they hold this designation. This is followed by Federally Qualified Health Centers (FQHC), with over a third (40%) of HealthySteps sites identifying as such, and National Committee for Quality Assurance (NCQA) Certification rounding out the top three with 22%.



# We're well on our way to reaching more than 1 million children and families.

HealthySteps has grown tremendously, and our 2025 data show the incredible work done each day across the country and our steady progress to reach more than 1 million children and families annually by 2032. The HealthySteps National Office at ZERO TO THREE is dedicated to upholding the highest standards of excellence in implementing the program model. As the national network expands to meet the growing needs of communities, we remain steadfast in our mission to create a lasting, positive impact for children and families everywhere.





**ZERO TO THREE**  
Early connections last a lifetime



HealthySteps is an evidence-based program of **ZERO TO THREE**, the nation's leading nonprofit working to ensure all babies and toddlers have a strong start in life. HealthySteps transforms the promise of pediatric primary care through a unique team-based approach that integrates a child development and behavioral health promotion and prevention expert, the HealthySteps Specialist, into the health care team to improve outcomes in areas where there are persistent inequities for children and families of color or with low incomes. All children ages 0–3 and their families receive a tiered model of services, including universal screening, risk-stratified supports, care coordination, and onsite intervention. HealthySteps practices serve as trusted and valuable partners as families foster their children's healthy development. Together, the national network of HealthySteps sites aims to reach more than 1 million young children and families annually by 2032.

[zerotothree.org](http://zerotothree.org)  
[healthysteps.org](http://healthysteps.org)

@ZEROTOTHREE X f y in d  
@HealthyStepsZTT X b

2445 M Street NW, Suite 600, Washington, DC 20037